






BY:-C 301

PRO'S

VIRTUAL LEARNING


CON'S

- COMFORTABLE & FLEXIBLE LEARNING 
- NO TRAVELING PROBLEMS & COST SAVING 
- HELPING TEACHERS AND STUDENTS TO COMMUNICATE DURING THE PANDEMIC 
- SAFE AND ACTIVE LEARNING IN THE TIMES OF COVID-19 
- HELPS TO IMPROVE TECHNICAL SKILLS & CONTINUE LEARNING DURING THE VIRUS SPREAD 

- NETWORKING CHALLENGES 

- LACKS OF INTERACTION & NO PROPER SUPERVISOR 

- CREATES SENSE OF ISOLATION 

- DIFFICULT TO LEARN COMPLEX CONCEPTS WITHOUT PRACTICAL KNOWLEDGE 

- STUDENTS GET DISTRACTED BY SOCIAL MEDIA WHILE LEARNING ONLINE 

Name: Aakansha Kanojiya
C-302


HEALTH IS FIRST PRIORITY

When our health is wealth then we feel like a freshness and awesome smoothness in our body .

*What is your priority?

"A **priority** is the concern, interest or desire that comes before all others."

Our **priorities** are the areas of our lives that are meaningful and important to us. They're usually activities, practices, or relationships that we want to put genuine effort and time into



**Being happy is good health.
Always consider your happiness
as your first priority in life.**



**Health first,
then
everything
else.**

*What should be your first priority?

Realizing you're making progress allows you to feel more grateful since you can appreciate what you've done and the direction you've chosen.

While **priorities** differ from person to person, I believe that the **top priorities in life should be your well-being, relationships, security, development, and (of course) fun.**

COVID-19 SAFETY MEASURES

Karan Kanojiya c-303

[set of 10 important do's and don'ts]



Wash Hands Thoroughly



Use Soap or Hand Sanitizer



Keep Safe Distance from Other People



Stay at Home if Possible



Use Face Mask or Respirator



Avoid Large Crowds



Do Not Meet Infected or Sick People



Do Not Touch Your Face esp. Mouth, Eyes, Nose



Do Not Travel Unless Necessary



Do Not Touch The Front Part of a Mask

VIRTUAL EDUCATION PRO'S & CON'S

POOJA C KANOJIYA.

PRO'S OF VIRTUAL EDUCATION

Convenience: This convenience is in relation to study location, time, course duration, etc.

Ease of access: Acquiring a degree online can be a lot faster and easier than taking the traditional route for a few simple reasons



CON'S OF VIRTUAL EDUCATION

Limited Social Interaction: One of the most common disadvantages that people cite when completing a TAFE/vocational course online is the lack of social interaction

misuse of technology: The successful application of change is grounded on policies and laws. The integration of technology in learning systems requires a legal framework to sustain the advantage









Safety measures taken during lockdown

pooja c- 305

If covid 19 is spreading in your community stay safe by taking some simple precautions such as physical distancing wearing a mask, keeping room well maintained, avoiding crowds, cleaning your hands , and coughing into a bent elbow or tissue.

For caregivers

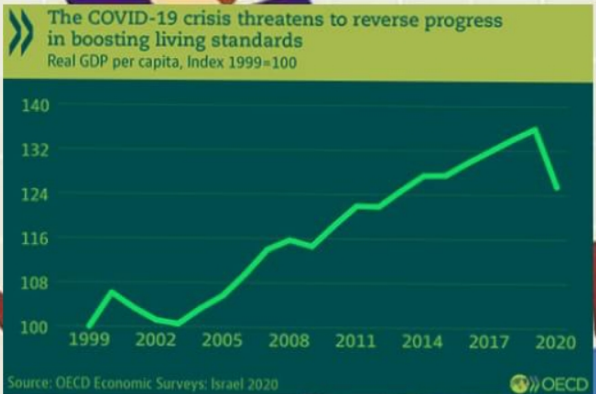
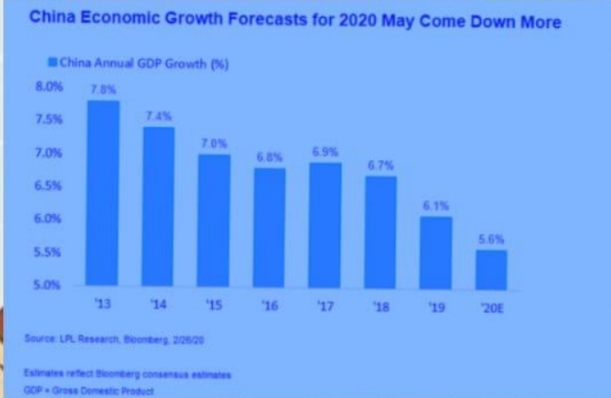
 <p>Ensure the ill person is hydrated, drinks plenty of fluids and eats nutritious food.</p>	 <p>Wear a medical mask when in the same room with an ill person. Do not touch the mask or face during use and discard it afterward.</p>
 <p>Frequently clean hands with soap and water or alcohol-based rub, especially: after any type of contact with the ill person or their surroundings before, during and after preparing food before eating after using the toilet</p>	 <p>Use dedicated dishes, cups, eating utensils, towels and bedlinens for the ill person. Wash dishes, cups, eating utensils, towels, or bedlinens used by the ill person with soap and water.</p>
 <p>Disinfect frequently touched surfaces by the ill person and caregiver daily.</p>	 <p>Call your health care provider immediately if the ill person worsens or experiences difficulty breathing.</p>

 <p>Thoroughly wash your hands with soap when you enter, continue to do so throughout the day.</p>	 <p>When you cough or sneeze cover your mouth with a tissue or your sleeve (not your hands), put used tissues in the bin and wash your hands immediately.</p>
 <p>Do not touch your eyes nose or mouth if your hands are not clean.</p>	 <p>Avoid social events/meetings or any activity involving large groups of people.</p>
 <p>Call in sick and stay at home if you have a high temperature or a new contagious cough.</p>	 <p>Only travel in public transport if you need to.</p>

For more information visit www.nhs.uk/conditions/coronavirus-covid-19/

EFFECT ON ECONOMY (COVID-19)

Yash kansara
C-308



The ministry of statistics released India's GDP estimate for Q4 FY20 at 3.1% while the overall GDP for FY20 is 4.2%. State Bank of India research predicts a contraction of over 40% in GDP in Q1 FY 21.

COVID 19 HEROES



the world.

- The 2019–2020 coronavirus pandemic is upending life on a global level as we know it.
- The highly infectious coronavirus disease 2019 (COVID-19) is caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2).
- It was first seen in Wuhan, Hubei, China where its outbreak was first identified in December 2019.
- After almost 3 months, on March 11, 2020, the World Health Organization recognized it as a pandemic considering its significant ongoing spread in multiple countries across

- Every crisis has its heroes, every disaster its displays of selflessness and sacrifice. Firefighters race into burning buildings. Police officers place themselves in the line of fire. Soldiers march into war.
- And now, amid the coronavirus pandemic, our health-care workers, doctors, nurses, EMTs and support staff who risk becoming infected themselves — who risk infecting their own families — are making extraordinary sacrifices to care for the rest of us. They do so, most infuriatingly, even as they have been put at greater risk than necessary by the avoidable shortages of masks, face shields and other personal protective equipment.

COVID-19 essential services heroes



- The sacrifice of doctors and healthcare workers across the globe will not go to waste. Humanity will always be grateful to them for what they are doing during these unprecedented times.
- The respect for healthcare professionals has grown manifold in the hearts of people. It is good to see that the Government of India along with the governments worldwide have decided to allocate more budget for healthcare in their respective countries.



Covid-19_Effect On Mental Health.



CHILDREN MAY RESPOND TO STRESS IN DIFFERENT WAYS SUCH AS BEING MORE CLINGY, ANXIOUS, WITHDRAWING, ANGRY OR AGITATED, BEDWETTING ETC.

Children needs adults love and attention during difficult times. Give them extra time and attention.



Don't use smoking, alcohol or other drugs to deal with your emotions.



If you feel overwhelming, talk to a health worker or counsellor.



If you must stay at home, maintain a healthy lifestyle including proper diet, sleep, exercise and social contacts with loved ones at home and by email and phone with other family and friends.



Keep to regular routines and schedules as much as possible, or help create new ones a new environment.

Draw on skills you have used in the past that have helped you to manage previous life's adversities.



MANAGE YOUR EMOTIONS DURING THE CHALLENGING TIME OF THIS OUTBREAK.



Try to do something creative in this period of pandemic.



SAFETY MEASURES DURING COVID-19

Wear mask stay safe

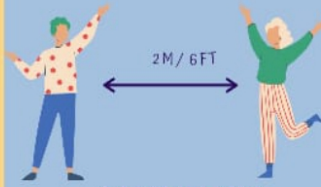
SAYALI KAPDULE
C-311

Distance make us stronger



WASH YOUR HANDS FREQUENTLY

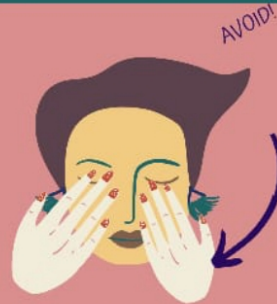
Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.



MAINTAIN PHYSICAL DISTANCING

Maintain at least 2 meters (6 feet) distance between yourself and anyone who is coughing or sneezing.

Source: World Health Organization



AVOID TOUCHING EYES, NOSE AND MOUTH

Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth.



IF YOU HAVE A FEVER, COUGH AND DIFFICULTY BREATHING, SEEK MEDICAL CARE EARLY

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance.

How to protect myself against covid-19?

Prathamesh kapile
C-312



Wear a Mask and Avoid Crowds



Save PPE for Those on the Front Lines

The general public *should* wear cloth face coverings



Donate Blood and Plasma



Report Fraudulent COVID-19 Tests, Vaccines and Treatments



AWARENESS ABOUT COVID-19

C-313 Shruti d kargutkar



WASH HANDS

- Wash your hands with soap or use a hand sanitizer.



SOCIAL DISTANCING

- Keep a distance of around 1 meter away from other in public.



COVER A COUGH OR SNEEZE

- Cover your cough or sneeze with your sleeves or tissue. dispose the tissue and wash hands afterwards.



CLEAN AND DISINFECT

- Wipe down doorknobs, tables, light switch, keyboards, and remote controls.



STAY HOME

- If you experience respiratory system like cough or fever, stay home.



GRATITUDE TO ALL COVID-19 WARRIORS

C-314 vaishnavi d kargutkar



OUR DOCTORS, NURSE, PARAMEDICAL STAFF, AMBULANCE STAFF, SANITATION WORKERS, POLICE FORCE, AND SEVERAL OTHERS HAVE CONTINUOUSLY WORKED TO FIGHT THE CORONAVIRUS

They play a major role in disinfecting public places, hospitals and containment zones.



police has played major role in this lockdown by protecting the country and have saved many lives by requesting the people to stay at home

The daily cleaners were also equally important because they kept the country clean which would decrease the flow of pandemic

AWARENESS ABOUT CO-VID 19

Chinmay Karle C-315

"Germs from unwashed hands can be transferred to other objects, like handrails, table tops, or toys, and then transferred to another person's hands. Removing germs through handwashing therefore helps prevent diarrhea and respiratory infections and may even help prevent skin and eye infections"



**NO ENTRY
WITHOUT
A FACE
MASK**



1. Messaging on the importance of wearing a mask during the pandemic has at times been confusing.
2. Mask use can significantly reduce virus transmission in communities.
3. Masks are not perfect barriers to transmission, and should be combined with other preventative measures such as social distancing and contact tracing.

"Social distancing helps limit opportunities to come in contact with contaminated surfaces and infected people outside the home. Although the risk of severe illness may be different for everyone, anyone can get and spread COVID-19"



C_316
Asmita
Karmakar

VIRTUAL EDUCATION (PROS & CONS) COVID 19

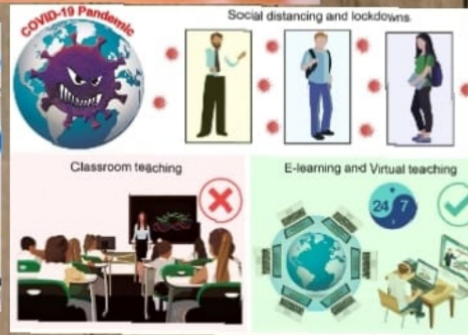
PROS

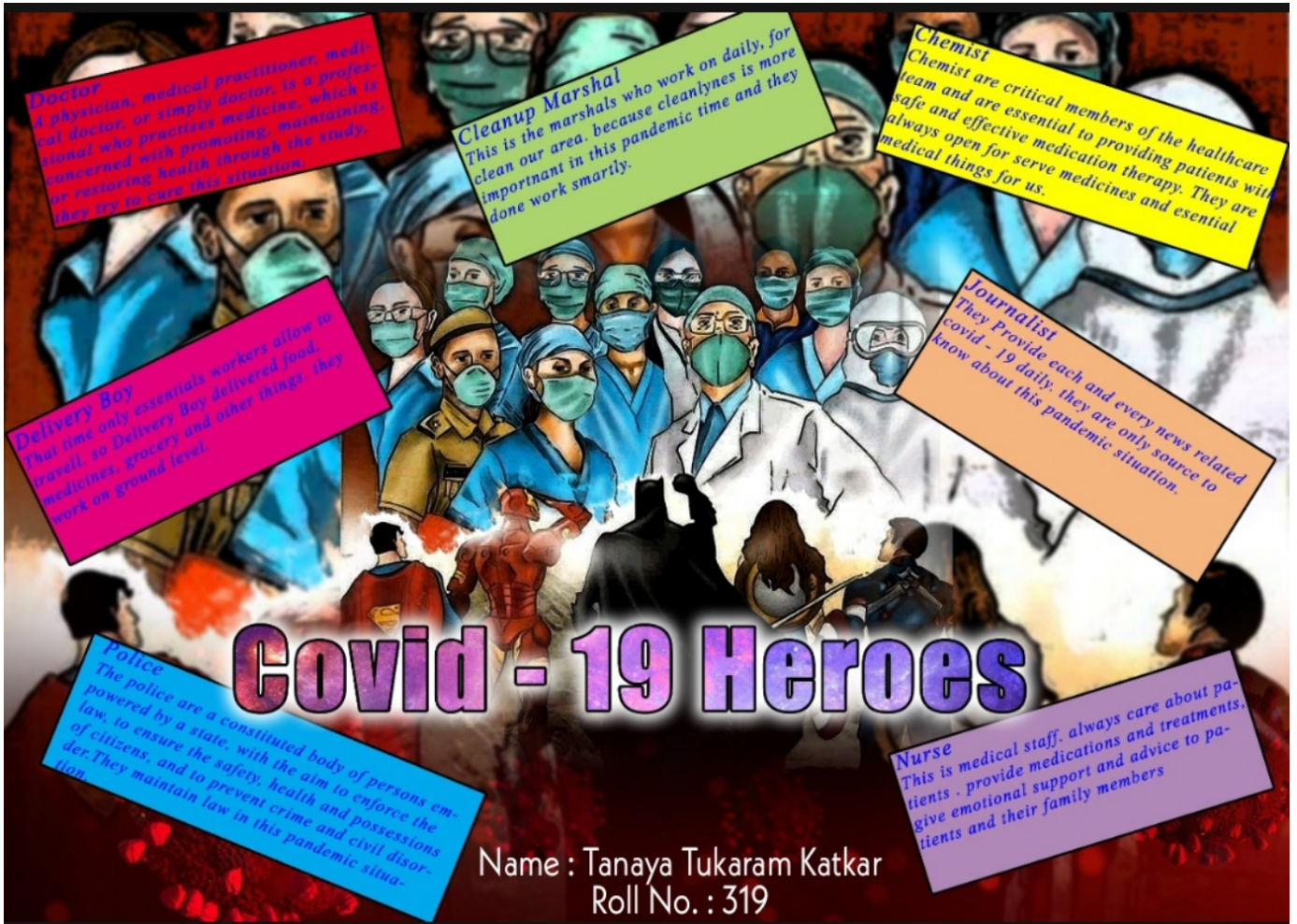
- ◆ **CONVENIENCE**
&
Comfortable
- ◆ **Availability**
&
Affordability



CONS

- ◆ **Technology**
&
Time Interaction
- ◆ **Social**
&
Stigma





Doctor
A physician, medical practitioner, medical doctor, or simply doctor, is a professional who practises medicine, which is concerned with promoting, maintaining, or restoring health through the study, they try to cure this situation.

Cleanup Marshal
This is the marshals who work on daily, for clean our area. because cleanlynes is more important in this pandemic time and they done work smartly.

Chemist
Chemist are critical members of the healthcare team and are essential to providing patients with safe and effective medication therapy. They are always open for serve medicines and essential medical things for us.

Delivery Boy
That time only essentials workers allow to travel, so Delivery Boy delivered food, medicines, grocery and other things they work on ground level.

Journalist
They Provide each and every news related covid - 19 daily, they are only source to know about this pandemic situation.

Police
The police are a constituted body of persons empowered by a state, with the aim to enforce the law, to ensure the safety, health and possessions of citizens, and to prevent crime and civil disorder. They maintain law in this pandemic situation.

Nurse
This is medical staff, always care about patients . provide medications and treatments, give emotional support and advice to patients and their family members

Covid - 19 Heroes

Name : Tanaya Tukaram Katkar
Roll No. : 319

C 320

Enhanced Safety Measures



Check your health status occasionally.



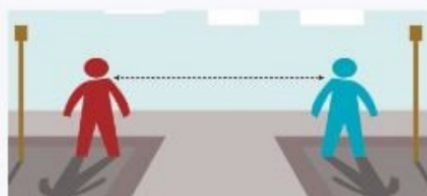
wear hand gloves while going outside.



Sanitize yourself and everything.



Wash hands neatly and frequently.



Keep distance while going outside.

323 amir khan

Effects Of Economy Due to Covid-19



The outbreak of COVID-19 brought social and economic life to a standstill. In this study the focus is on assessing the impact on affected sectors, such as aviation, tourism, retail, capital markets, MSMEs, and oil. International and internal mobility is restricted, and the revenues generated by travel and tourism, which contributes 9.2% of the GDP, will take a major toll on the GDP growth rate.



American
Red Cross

Coronavirus Outbreak (COVID-19)

THREE-MONTH UPDATE | AUGUST 2020

Delivering the Red Cross Mission Nationwide During the COVID-19 Pandemic

When help can't wait, people in need know they can turn to the American Red Cross—even during a public health emergency like the coronavirus outbreak. Some rely on the Red Cross for relief and comfort after disasters. For example, Carol and her family experienced a three-alarm fire that forced them to flee their Bronx apartment building. Outside, she met a Red Cross disaster worker who, at a safe distance, offered her guidance, reassurance and financial assistance. “[The Red Cross] gave me a sense of security that everybody needs in this very moment, and not everybody has it,” Carol said.

blood transfusions every three weeks. “The Red Cross is a big reason why I am here today,” he told us.

Emergencies like home fires, accidents and illnesses don't stop during a pandemic, and neither do the urgent needs of people like Carol and her family, Robert, and thousands more across the U.S. That's why the Red Cross began working in early March to ensure the continued delivery of our lifesaving mission amid the many challenges presented by this coronavirus outbreak. As part of our planning, we examined the potential impact of the coronavirus outbreak on our entire operations.

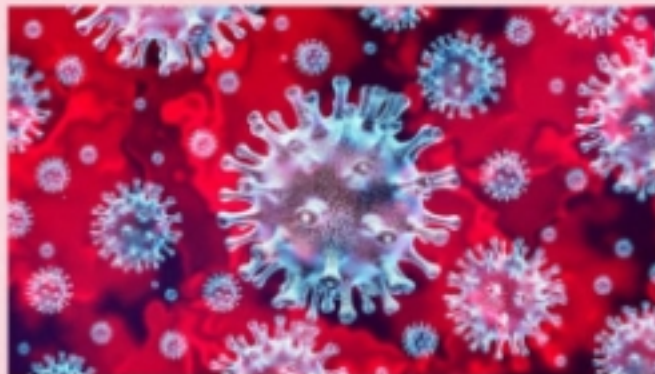
Sabreen khan
C-327

Effect on people covid_19



- Take to your family members and Friends via call or video conferencing.
- Clean frequently touched surfaces with disinfectant.
- Immediately contact nearest health care facility if u develop fever and / or have respiratory symptoms.

COVID-19 symptoms can sometimes persists for months . The virus can damage the lungs health and brain which increases the risk of long term health problem.



The effect of the corona virus can be worse for people who use tobacco.



Healthy food habits

khan sakina C_329

BEST TIMES TO EAT

BREAKFAST
 Ideal time: 7-8 am
 Don't have it later than: 10 am
 Must remember: Eat within 30 mins of waking up

LUNCH
 Ideal time: 12:30-2 pm
 Don't have it later than: 4 pm
 Must remember: An ideal time gap between breakfast and lunch is 4 hrs

DINNER
 Ideal time: 6-9 pm
 Don't have it later than: 10 pm
 Must remember: The meal should be at least 3 hrs before you sleep

Healthy Habits

9 Thousand Steps
 8 Hours Sleep
 7 Glasses Water
 6 Weights Exercises
 5 Servings Fruits & Veggies
 4 Breaks (minimum 15 mins)
 3 Meals (Healthy meals)
 2 Hours (no phone or screen time)
 1 Goodies (at least 10 mins)

HEALTHY HABITS LIVING
 101.413.828.415

WHY YOUR SALADS ARE BORING AF

SAME LETTUCE MIX
 BUTTER LETTUCE, SPINACH MIX, ROMAINE, ARBUZOLA, SPINACH, KALE

YOUR RELIEF
 YOU GIVE SALADS A BAD REP. "SALADS AREN'T FILLING"

MISSING THAT EXTRA KICK
 FRUITS: NUTS, GINGER, GARLIC, LEMON, OIL, SPICES, HERBS

NO PROTEIN
 CHICKEN, SALMON, QUINOA, BOB, HEMP SEEDS, CHICKPEAS



HEALTHIEST FOOD ON EARTH

SPINACH	WALNUT	AVOCADO
BLACK BEANS	BEETROOT	LEMON
DARK CHOCOLATE	GARLIC	APPLE

For a healthy diet:

- Get more fiber & vegetables
- Protein (chicken, turkey, fish, tofu, eggs)
- Get healthy fats
- Healthy carbohydrates (whole grains, beans)
- Get more water



COVID-19

Protect yourself and loved ones

Help prevent the spread of respiratory diseases like COVID-19

WASH YOUR HANDS

Wash your hands with soap and warm water regularly.



COVER A COUGH OR SNEEZE

Cover your cough or sneeze with your sleeve, or tissue. Dispose of tissue and wash your hand afterwards.



DON'T TOUCH

Avoid touching eyes, nose or mouth, especially with unwashed hands.



KEEP YOUR DISTANCE

Avoid close contact with people who are sick



STAY HOME

If you experience respiratory symptoms like a cough or fever, stay home.



GET HELP

If you experience symptoms of COVID-19 (cough, fever, shortness of breath), call your health care provider.



FEVER

HEADACHE

COUGH

MUSCLE PAIN



HEALTH IS A FIRST PRIORITY

C-332 Rishab Kharwar



STRESS



IMMUNITY

1. Eat a variety of foods
2. Base your diet on plenty of foods rich in carbohydrates
3. Replace saturated with unsaturated fat
4. Enjoy plenty of fruits and vegetables
5. Reduce salt and sugar intake
6. Eat regularly, control the portion size
7. Drink plenty of fluids
8. Maintain a healthy body weight

You can't enjoy wealth.
If you, re in noi have good
health



COVID-19

IMPACT ON MENTAL HEALTH



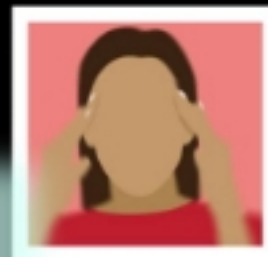
STAY HOME ▶ PROTECT THE NHS ▶ SAVE LIVES

every mind matters

Now, more than ever

As the coronavirus pandemic rapidly sweeps across the world, it's including a considerable degree of fear, worry and concern in the population at large and among certain groups in particular such as older adults, care providers and people with underlying health condition.

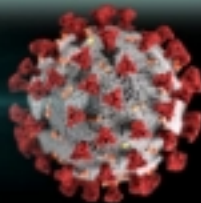
Frontline and other essential workers may experience extreme stress and fatigue due to their work. If you are feeling exhausted, detached and unable to focus at work, talk to your supervisor about your concerns and find time to rest.



IDEAS FOR STAYING CONNECTED

- Call an old friend 📞
- Write letters to a pen pal ✉️
- Play scrabble online 📱
- FaceTime a friend & teach each other a new skill 🧠
- Create poster messages for your neighbors 🗺️
- Share your most creative recipe ideas 🍴

Constantly listening to media coverage about #CORONAVIRUS can make you more anxious and upset.



Choose a limited time each day when you will check #COVID19 updates.

*Khan Sanobar
C-333*

Name – Glorya Ikin

C- 337

SAFETY MEASURES TAKEN DURING COVID-19



If COVID-19 is spreading in your community, stay **safe** by **taking** some simple **precautions**, such as physical distancing, wearing a mask, keeping rooms well-ventilated, avoiding crowds, cleaning your hands, and coughing into a bent elbow or tissue.

To prevent the spread of COVID-19:

Clean your hands often, use soap and water, or an alcohol-based hand rub.

Maintain a safe distance from anyone who is coughing or sneezing.

Wear a mask when physical distancing is not possible.

Don't touch your eyes, nose or mouth.



1) Practice Social Distancing

- Avoid gatherings such as parties, bars, gatherings in religious places, social functions etc.
- Maintain a safe distance of at least one meter between you and other people when in public places, especially if they are having symptoms such as cough, fever etc. to avoid direct droplet contact.
- Stay at home as much as possible.

2) The new coronavirus is officially called SARS-CoV-2, which stands for severe acute respiratory syndrome coronavirus 2. An infection with this virus can lead to coronavirus disease 2019, or **COVID-19**.

SARS-CoV-2 is related to the coronavirus SARS-CoV, which caused another kind of coronavirus disease in 2002 to 2003.



HEALTHY FOOD HABITS (COVID 19)



Coronavirus is something that is having a major impact on the eating and drinking habits of consumers, especially as concerns about COVID-19 are wide ranging and cover both health and financial worries. This means that consumers are looking to be more health conscious but, at the same time, are wanting to do so on a budget, turning to everyday foods such as fruit as a result.

COVID-19: IMMUNE SYSTEM BOOSTERS



Zinc

Lean meats, seafood, milk, whole grains, beans, seeds, and nuts • **Important for wound healing**



Vitamin C

Broccoli, cauliflower, kale, oranges, strawberries, tomatoes, guava, and lychee • **Protect cells from oxidative stress, a product of infection or chronic inflammation**



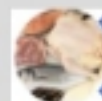
Iron

Lentils, spinach, tofu, and white beans • **Aids in non-specific immunity, the body's first line of defense**



Vitamin E

Nuts, seeds, wheat germ, green leafy vegetables, avocados, and shrimp • **Helps protect cells from oxidative stress**



Body-building foods

• Protein rich foods that are involved in growth and repair of body tissues e.g. meat, eggs, fish, milk, beans, groundnuts etc.



Energy-giving foods

• Foods rich in carbohydrates and fats that provides us energy for our daily activities e.g. maize, wheat, rice, milk, sorghum, potato, yams, cassava, arrow roots, lent, etc.



Protective foods

• Vitamins and mineral rich foods that build up body's immune system e.g. fruits, vegetables etc.

HEALTH IS FIRST PRIORITY C-339



ORGANIC LIFESTYLE CENTER THE ART OF HEALTHY LIVING

A seminar about how to live a healthier lifestyle

11000 801 2820
12M - 3 PM
BEECHTOWN AUDITORIUM

From eating the right food to the perfect workout routine, this seminar will help you live a healthier life.



SELF-CARE
REMINDER

Drink H2O

Grab a glass and
stay hydrated

MAKE THE WORLD A BETTER PLACE

Charities for a Happier Planet



SAY NO TO POVERTY

www.saynotopoverty.org

Infographics are visual representations of data, making complex info easier to share and digest. When making your own, simply organize your images, charts, and text. Finally, cite your sources.



THE EYE FOUNDATION

www.eyefoundation.org

Infographics are visual representations of data, making complex info easier to share and digest. When making your own, simply organize your images, charts, and text. Finally, cite your sources.



HERO GOODS ORGANIZATION

www.herogoods.org

Infographics are visual representations of data, making complex info easier to share and digest. When making your own, simply organize your images, charts, and text. Finally, cite your sources.



STOP MALARIA FOUNDATION

www.stopmalaria.com

Infographics are visual representations of data, making complex info easier to share and digest. When making your own, simply organize your images, charts, and text. Finally, cite your sources.



PASSAGE FOUNDATION

www.passagefoundation.org

Infographics are visual representations of data, making complex info easier to share and digest. When making your own, simply organize your images, charts, and text. Finally, cite your sources.

BY DONATING YOUR TIME, YOU CAN HELP.

MORE AT REALINVENTIVE.COM

HEALTH IS FIRST PRIORITY IN COVID19

Tanvi Koli
C-340

01

Wet your hands before applying soap.

02

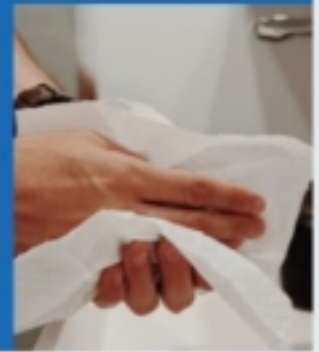
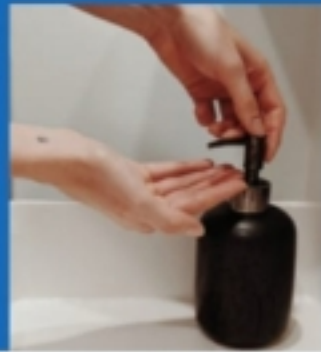
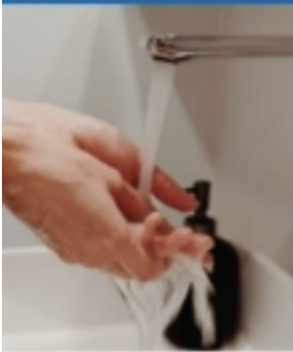
Bring your palms together and rub soap all over the palms and backs of your hands, including between the fingers.

03

Wash your hands for at least 20 seconds.

04

Wipe your hands with a clean towel or paper towel and avoid rubbing too vigorously.



Healthy Food habits (Covid 19)

Watermelon
Watermelon with ample amounts of lycopene, vitamins A, C and water, averts respiratory infections

Apple
Apples loaded with flavonoids, quercetin and vitamin A bolster the immune system and improve lung health

Berries
Berries imbued with vitamins A, C reduce cell damage and strengthen the immune system

Kiwi
Notable amounts of vitamins C and A kiwi triggers the immunity and lowers the risk of getting cold

Orange
High on vitamin C, A and fibre, oranges support healthy immune response and help faster recovery from infections

Immune System Boosters



Chilli
Chilies are rich in beta-carotene, which converts to vitamin A in your blood system. Consuming foods that are high in vitamin A protect cells from damage and create antioxidants.

Artichokes
Rich in vitamins C, potassium, fibre and magnesium which defend against cancer, aging, heart disease, and illness.

Pomegranate
Fresh or dried, pomegranate seeds are a superstar as to a multitude of health benefits. Seeds from a pomegranate account for nearly 40 percent of your daily vitamin C intake.

Yogurt
Probiotics found in yogurt are healthy bacteria that keep your intestinal tract free of disease-causing germs. Traditional fermented foods like yogurt have been used for centuries to help maintain balanced gut flora and support immune cells located there.

Garlic
This list wouldn't be complete without garlic, which has been used for centuries as a natural antiseptic to fight infections. Cook it lightly to retain the active ingredient allicin.

Oysters
Beta-glucans found in oysters are more widely believed to support health by immunity.

Safety measures during covid-19

Self-quarantine is recommended for individuals who have been directly exposed to the new Coronavirus or have history of travel in infected or heavily populated areas.

Source: Centers for Disease Control and Prevention (cdc.gov)

Vrushalii Gajanan kotkar
C-343

Stay at home.

Limit all your non-essential travels.
Avoid public places such as bus, mall, school, office, etc.



Wash your hands.

Practice good hand hygiene by washing your hands with soap and water or using alcohol or hand sanitizer.



Check your temperature.

Check your temperature at least two times a day.



Watch for other symptoms.

Alert for new Covid-19 symptoms (such as cough, difficulty breathing, and fatigue).



Stay in a specific room.

If you're sick or suspect yourself to be sick, it's best to stay in a designated room or area away from others.

Especially, don't share your room with others.



Call your doctor or hospital before visiting.

If you need to seek medical attention either for you or someone in your household, contact your doctor or hospital ahead of time so they can prepare and take precautions for your arrival.



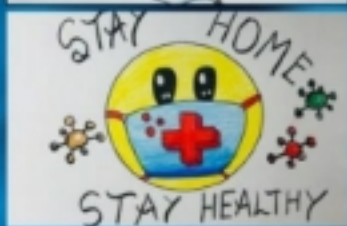
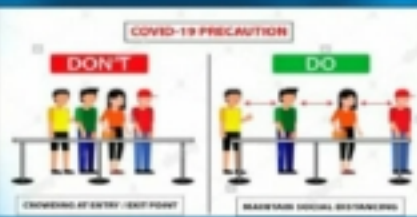
HEALTH IS A FIRST PRIORITY



- TO KEEP THE BODY IN GOOD HELTH IS A DUTY... OTHERWISE WE SHALL NOT BE ABLE TO KEEP THE MIND STRONG AND CLEAR.
- IT IS HEALTH THAT IS THE REAL WEALTH, AND NOT PIECES OF GOLD AND SILVE
- "HEALTHY CITIZENS ARE THE GREATEST ASSET ANY COUNTRY CAN HAVE."
- "PHYSICAL FITNESS IS THE FIRST REQUISITE OF HAPPINESS."
- GOOD HEALTH AND GOOD SENSE ARE TWO OF LIFE'S GREATEST BLESSINGS.



HEALTH IS WEALTH



Be **SUPPORTIVE**
Be **CAREFUL**
Be **ALERT**
Be **KIND**
Be **READY** to fight
#COVID19



LEARN THE FACTS

**C-346 Mahesh
kumavat**

WASH HAND / USE MASK / USE SANITIZERS

Awarness About Covid-19



GRATITUDE TO ALL COVID-19 WARRIORS



"Thank YOU for all that you do! **You are the real heroes of this country**, and we value every single effort to save every life. Love you all!"



ORGANIC FOOD GOLDEN LIFE EAT GREEN.

Healthy food habits



Mix it up with **plant protein foods**. Variety is great! Choose **beans and peas** (kidney, pinto, black, or white beans; split peas; chickpeas; hummus), **soy products** (tofu, tempeh, veggie burgers), and **unsalted nuts and seeds**.

, LIVE LONG, LIVE STRONG!

Know how much to eat
Calculate your MyPlate Plan to get personalized nutrition information based on your age, gender, height, weight, current physical activity level, and other factors.

HEALTH IS FIRST PRIORITY

"The first wealth is health." – Ralph Waldo Emerson So, right now, remind yourself of this: your health is your number one asset and without it, you're going to find it very difficult to do everything you want and live life to the fullest.



Stay Home
If you're
feeling sick.



BETTER SAFE
THAN SORRY



• Facts about health:

- 1) Laughing is good for the heart and can increase blood flow by 20%.
- 2) Always look on the side begin an optimist can help you live longer.
- 3) Exercise will give you more energy, even when you are tired.

1) Why health is important?
"We can live longer.
"We can enjoy our life to fullest.
"We will have reduced medical bill expenses.

"Health is Like Money.
We never have a true idea of its value until we LOSE it."

- John 5:14



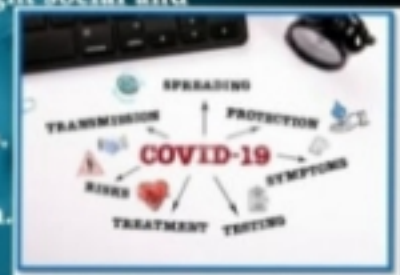
EFFECT ON ECONOMY

INTRODUCTION:

The outbreak of COVID-19 has impacted nations in an enormous way, especially the nationwide lockdown which have brought social and economic life to a standstill.

A world which forever buzzed with activities has fallen silent and all the resources have been diverted to meeting the never experienced before crisis.

There is a multi-sectrol impact of the virus as the economic activities of nations have slowed down.



EFFECTS ON FARMERS



Price of sugar rose in cities where supplies were limited and fell in other Place due to oversupply....

.However, the COVID-19 include disruptions have reduce production Capacity for farm inputs and have led to an increase in price, making this resources inaccessibleMto smallholder and marginal farmers in country.

MAINTAIN HYGIENE AT HOME

C-351 ANIKET LAD



Wash Your Hands



Wear a Mask and Avoid Crowds



Maintain distance

Save PPE for Those on the Front Lines

The general public *should* wear cloth face coverings



Follow Food Safety Guidelines



Donate Blood and Plasma



Report Fraudulent COVID-19 Tests, Vaccines and Treatments



AWARENESS ABOUT COVID-19

THESE ARE FOLLOWING MEASURES TO PREVENT THE SPREAD OF COVID -19

- Clean your hands often. Use soap and water or alcohol based hand rub.
- Maintain a safe distance from any one who is coughing & sneezing.
- Wear a mask when physical distancing is not possible.
- Don't touch your eyes, nose or mouth.
- Cover your nose, mouth with your bent elbow or a tissue when you cough or sneeze.
- Stay home if you feel unwell.
- If you have fever, cough & difficulty breathing, seek medical attention.



COVID-19, which was initiated regionally at wuhan of china,

has become a global pandemic by infecting people of almost all the world, human civilization facing a threat for their survival and livelihood.

No country are getting any substantial relief & solution from this pandemic rather to convince their citizens to make aware and taking precautions by changing their living style.

In view of this, this study attempted to assess the awareness, Threat, symptoms and prevention among people of India about the

COVID -19

F.Y B.COM

C - 352 SIDDHARTH R LALDEV



COVID-19 IMPACT ON MENTAL HEALTH

Roll no. 353
Jermaine Lemos



Approximately 70% of youngsters reported feeling anxious or very anxious or very anxious about COVID-19.



Isolation, loss of a close friend or relative, loss of income and fear are triggering mental health conditions or exacerbating existing ones. Many people may be facing increased levels of alcohol and drug use, insomnia, and anxiety.

It is important for people to find new coping skills while identifying, mobilizing, and enhancing those that they already possess.

One should not resort to fruitless ways of coping like using addictive substances like tobacco, alcohol or cannabis etc. One should seek professional help when in distress and thus improve their support system during these difficult times.





7 June 2020 World Food Safety Day

Safe food is essential to everyone's business.

Wash your hands frequently!
This is good for food safety and good for your health.

Before

- Handling food
- Eating and drinking
- Cooking and preparing food

After

- Toilet
- Touring any shops
- Touching animals

COVID-19 SAFETY MEASURES

www.dhulecity.com | 268306307

COVID-19

Disease caused by the SARS-CoV-2 virus

Novel coronavirus

Coronaviruses are viruses that circulate among animals but some of them are also known to affect humans.

The 2019 novel coronavirus was identified in China at the end of 2019 and is a new strain that has not previously been seen in humans.

Clean hands, utensils and surfaces when preparing meals

Wash your hands

Wash your hands with soap and running water when hands are visibly dirty

If your hands are not visibly dirty, frequently clean them by using alcohol-based hand rub or soap and water

World Health Organization

Your Safety Is Our Top Priority

We are taking extra precautions against COVID-19 to help protect our patients and staff.

Tejaswi Rajesh Lokhande
C-355



✓

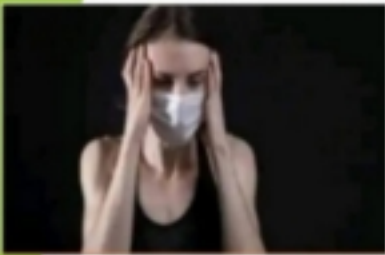
Face coverings are required.

✓

"Well" and "sick" patients are separated, whenever possible.

EFFECT ON PEOPLE (COVID-19) C-356

THE COVID-19 PANDAMIC HAS RESULTED IN SEVERE ECONOMIC AND SOCIAL IMPACT AROUND THE WORLD. PEOPLE ARE PARTICULARLY VULNARABLE TO THE DISTROUTIONS THE PANDAMIC HAS RISK IN EDUCATION,ECONOMICS



Bereavement, isolation, loss of income & fear are triggering mental health condition or exacerbating existing one

multiple indian migrant workers during covid 19 pandemic have faced hardship. with factories & workplace shut down due to the lockdown imposed on country



NAME : Chandradeep mahto Div : (C)
Class : F. Y. B. COM ROLL NO.357

Big Salute to the heroes of our society
who serve us during the fight against
COVID-19 on the need of the hour

**COVID
-19**



#COVID19Heroes

Pharmacists
Bank Employees
Suppliers of essential items
Drivers
Reporters/Photojournalists

Police officers
Doctors
Paramedics
Nurses
ASHA Workers

Sanitation Workers
Telecom workers
Water Supply Workers
IT Workers
Electricity Workers

TAKING CARE OF MENTAL HEALTH DURING COVID-19

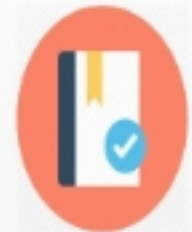


SPEND TIME WITH FAMILY

Spending quality time with family and getting involved in family discussions. Try to connect with your family through phone call or video call if they stay far from you, it will help reduce anxiety and distress.

GETTING INVOLVED IN DAILY ACTIVITIES

Keep doing small activities at home to reduce boredom. Keeping yourself busy in daily activities like gardening, cleaning, and cooking will help reduce anxiety.



TAKE SOME TIME FOR INDOOR ACTIVITIES

It is important to be physically active. Simple stretching exercises, simple yoga, walking indoor or dancing will be beneficial not only for your physical health but also mental health.



CUT DOWN ON LISTENING TO NEWS

With the news of the pandemic everywhere, it is difficult to filter out reliable news. Do not watch news reports all time as it may be upsetting and misleading. Seek information from credible sources like the website of Ministry of Health and Family Welfare.

Take special care of elderly and children. Remind them to practice hand washing as often as possible. Make sure to tell them to cover their face with mask. Watch out for any symptoms of COVID-19 and reach out for medical help, if necessary. Make sure they eat healthy food and get good sleep.

Donating the Needy

A DONATION IS A GIFT FOR CHARITY, HUMANITARIAN AID, OR TO BENEFIT A CAUSE.
PROJECT MADE BY:- SAKSHI MAKWANA [C-359].



Small Actions x Lots of People = Big achange



C- 360

HEALTHY FOOD HABITS

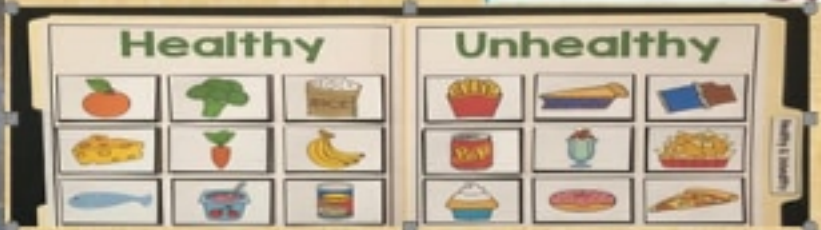
by Krishna Malay



- Health is Wealth.
- Just because you're not sick doesn't mean you're healthy.
- Eating healthy food is important for health.
- A healthy soul cannot live in a dry body.

10 TIPS FOR HEALTHY EATING

- 1 Consume home cooked food more often
- 2 Eat only as per your requirements
- 3 Eat at regular intervals
- 4 Munch on healthy snacks
- 5 Eat when hungry
- 6 Consume whole grain more often
- 7 Eat more protein
- 8 Eat fish for Omega source
- 9 Include healthy fats in your diet
- 10 Eat variety of veggies



Virtual Education

VIRTUAL EDUCATION REFERS TO INSTRUCTIONS IN A LEARNING ENVIRONMENT WHERE TEACHER AND STUDENTS ARE SEPARATE BY TIME AND THE TEACHER PROVIDES COURSES CONTENT THROUGH COURSE MANAGEMENT APPLICATIONS, MULTIMEDIA RESOURCES, THE INTERNET, VIDEO CONFERENCING ETC.

- Pros :-
1. Long distance learning
 2. Cheaper due to transportation
 3. Encourage new technology
 4. Financial saving
 5. Helps to maintain social distancing



361 Shubham

- Cons :-
1. Low IQ students may lack behind
 2. Mind get diverted towards other
 3. Many learners at same time
 4. No Face to Face interaction
 5. Internet Issues

SAFETY MEASURES TAKEN DURING COVID-19

Aarti Ganesh mali C-362

Stay at home.

Limit all your non-essential travels.

Unless you're going out for food, medicines or other essentials.



Wash your hands.

Practice good hand hygiene by washing your hands with soap and water or using alcohol or hand sanitizer.



Check your temperature.

Check your temperature at least two times a day.



Stay in a specific room.

If you're sick or suspect yourself to be sick, it's best to stay in a designated room or area away from others.

If possible, have a designated toilet and bathroom as well.



Watch for other symptoms.

Aside from fever, Covid-19 symptoms include cough, difficulty breathing, and fatigue.



Call your doctor or hospital before visiting.

If you need to seek medical attention whether for viral symptoms or other medical care reasons, contact your doctor or hospital ahead of time so they can prepare and take precautions for your arrival.



Practice social distancing.

If you need to go out, maintain at least 2 meters (6 feet) distance from others.



Name: Akaash malviya
fybcom-c384

health is first priority

Primary health care is the most efficient and effective way to achieve health for all.

But too often, it is the most under-resourced part of the health system, with the biggest gaps in poor and marginalized communities.

Health is a human right.

It's time for universal health coverage.



Nitesh
Mangain
C-366

Gratitude To All Covid-19 Warriors

wear
mask

OURS REAL HEROES

STAY HOME
STAY SAFE

Give Respect To Them

Help Them To Solve Your Problem



Safety Measures taken during Covid-19

Help us to help you

NOVEL CORONAVIRUS (COVID-19)

Protective measures against Coronavirus



A distance of at least 1 meter is necessary to ensure safety for all



Wash your hands with soap and water regularly



If soap and water is not available, use hand sanitizer with at least 60% alcohol



Wash hands before touching eyes, nose and mouth



Throw used tissues into closed bins immediately after use



Cover your nose and mouth with handkerchief/tissue while sneezing and coughing



Avoid mass gathering and crowded places

-Lokesh manat

COVID – 19 WARRIORS

C 368

Saikumar Manda



- Police has played a major role in this lockdown and have saved many lives by requesting the people to stay at home



- Doctors were the only hope to this disease because only they knew the solution to this problem and they have saved billions of lives in the world



- The daily cleaners were also equally important because they kept the country clean which would decrease the flow of pandemic

AWARENESS ABOUT COVID-19

- Wash your hand frequently with soap warm water
- Cover your cough or sneeze using your elbow
- Don't touching eye, nose or mouth, especially with unwashed hand



C-369 PRADEEP MANDAL



The coronavirus can affect different organs! Key symptoms are fever, cough and Shortness of breath.

COVID-19 affects people differently. While some people never develop symptoms, the majority of people suffer from mild symptoms around 15% develop a severe infection



WEAR A MASK. SAVE LIVES.

Health is first priority from coronavirus

Be safe,
wear mask



symptoms:

difficulty breathing or shortness of
breath
chest pain or pressure
loss of speech or movement

C/370 -shrushti mane

preventions

Clean your hands often. Use soap
and water, or an alcohol-based hand
rub.

Maintain a safe distance from anyo
ne who is coughing or sneezing.

Wear a mask when physical distan
cing is not possible.

FYBCOM, DIV-C
ROLL NO-371
Kaifuddin
Mansoori

NOVEL CORONAVIRUS DISEASE (COVID-19)

Help us to
help you



They stay out for you, you stay home for them



Heartfelt thanks
to all the healthcare workers standing on the
front lines of the coronavirus pandemic

Together we will fight COVID-19

Effect on people (Covid 19)

When large or small areas are locked down or people are placed in quarantine, normal social and economic life is affected.



Small proprietor-partnership business, travel/ tourism and other service sector begin to wind down.



People cannot carry on with their usual jobs or occupation. Workers are laid off or paid reduced wages. Income fall or cease. There is less or no money-in-hand.



For daily wage labourers, roadside vendors with no cash in hand, it is a situation day-to-day survival for themselves and families.

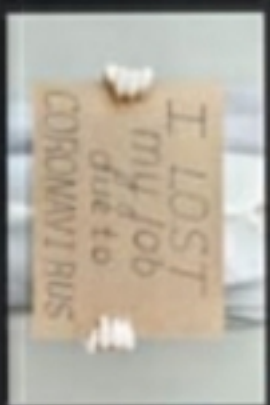


IMPACT OF PEOPLE ON COVID

RISHITA
MAROLIYA
FYBCOM C-373



➤ A large share of the new poor will be concentrated in countries that are already struggling with high poverty rates, but middle-income countries will also be significantly affected.



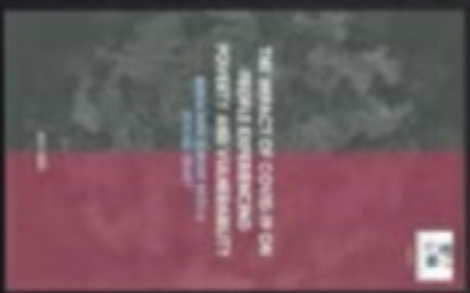
➤ 174 million travel and tourism jobs could be lost in 2020 due to Covid-19 and travel restrictions



➤ COVID-19 has effected every sphere of life by affecting the strength, bonds, body's immunity system, family system, social system, educational system, professional systems etc.



➤ COVID-19 pandemic, 57% of purchasing managers are spending more on marketplace ecommerce sites, with 22% spending significantly more.





ways to keep yourself updated on Money matters ... very dynamic subject and the financial rules and regulations change from time to time. ... Apps can help you stay abreast of your personal **finance news on the go**

Keeping yourself up to date with latest industry trends is not a choice but a necessity if you want to succeed in life. It is essential for students and working professionals alike to keep themselves informed about latest developments in the field of business and economy. Companies today are changing fast with exponential innovations in technology redefining the way they operate their businesses.



HELPING/DONATING TO NEEDY DURING COVID-19. F.Y.B.COM C-376



HELP POOR BUT KEEP
YOUR CAMERA AT HOME.



BE THE REASON FOR
SOMEONES SMILE TODAY



HELPING ONE PERSON MIGHT NOT CHANGE THE WORLD,
BUT IT COULD THE WORLD FOR THAT PERSON.



NO ONE HAS EVER BECOME POOR
BY GIVING.

Something I learned during Lockdown

C-377 Khushi Maurya

How to live life with only essential things



- Without wastage of money on fashionable things.
- Eating healthy & Tasty food on home.

✓ Developed new Habits & Skills



Importance of health (Immunity)



- For the first time we experienced online study And the number of online shopping & meal Delivery has increased.
- Now Every person knows that what is immunity and How much it is important.

Online Study



How can we minimise Pollution

- Only because of Lockdown, we seen some positive changes in the environment.



✓ Everything is in the world has two sides.
Now, Let's see the Positive side of it. 😊





YOU HAVE TWO HAND ONE TO HELP YOURSELF
SECOND HELP TO OTHER

YOU DON'T NEED A REASON TO HELP
PEOPLE.



dreamstime.com



WE DONATE A LOT OF FOOD TO RESCUE ORGANASATION.

SOME PEOPLE DON'T HAVE A MASKS THAN PEOPLE ARE ALSO
DONATING A MASKS

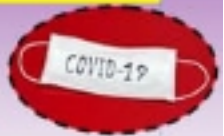


SAFETY MEASURES TAKEN DURING COVID-19

C-379 VANDANA MAURYA



WEAR MASK



WASH YOUR HANDS



KEEP SOCIAL DISTANCING



STAY HOME, STAY SAFE



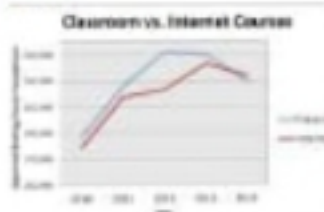
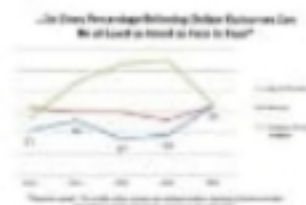
😊 **"PREVENTION IS BETTER THAN CURE"** 😊

Pros and Cons of Virtual Learning By C-380



Pros of Virtual Learning

- Ecofriendly
- Max learning material
- Lower cost
- Improve technical skills
- Learning with safety



Cons of Virtual Learning

- Students may lack in communication skills
- Dishonesty towards work given by teachers
- Lack of motivation
- Many interruptions due to technical issues
- Not suitable for complex learning



Covid -19 Hero's

Covid-19 Heroes

Do you know any hardworking community servants, unsung heroes, model citizens or good Samaritans helping Marylanders get through the corona virus crisis?

someone you know is helping our community through the pandemic by serving our community as a health care workers, getting food to the hungry, volunteering to help people in need, or doing other remarkable good deeds.

Prerana Dnyaneshwar Medge C-381



COVID-19 HERO'S

care for you think about it
covid-19. it's can affect anyone
of us an if, it dose it's our
health care hero's who heal
us they risk their life to protect us.



Can people
recover
from
COVID-19?



Most people who get COVID-19 recover from it. Most people who get COVID-19 have mild or moderate symptoms and can recover thanks to supportive care. If you have a cough, fever and difficulty breathing seek medical care early - call your health facility by telephone

Dhruvi mehta-382

WAYS YOU CAN HELP PREVENT THE SPREAD OF COVID-19

C 383 melicia grecious



Wash your hands frequently for 20 seconds each time.



Practice social distancing and avoid crowded places.



Wear a face mask and gloves if possible.



Cough or sneeze into your elbow, away from others.

Avoid touching your eyes, nose, and mouth.



Avoid personal contact with others.



Use hand sanitizer frequently, preferably with at least 60% alcohol content.



Clean and disinfect your surroundings often.

DEEPAK ASHOK MISHAL
FY B.COM C-385

GRATITUDE TO ALL COVID-19 WARRIORS



Thankyou Everyone For Medicines And Sacrifices You Make, Everyday And Especially During This Pandemic. Your Dedication, Commitment And Courage Deserves Our Deepest Gratitude And Admiration



FEELING GRATITUDE AND NOT EXPRESSING IT IS LIKE WRAPPING A PRESENT AND NOT GIVING IT



UNITY .



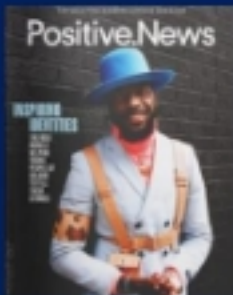
Get the neighborhood involved.



Pull together the group
Donation to local food bank



check on other people
and be volunteer to
help needy people.



Spread good news
and kindness.



***THANKFULLY, THERE ARE
MANY THINGS TO DO TO MAKE A HELP
FROM THE SAFETY OF YOUR HOME.***



Stay connected

AWARENESS ABOUT COVID-19

WHAT IS COVID-19?

COVID-19 is the infectious disease caused by the most recently discovered coronavirus. This new virus and disease were unknown before the outbreak began in Wuhan, China, in December 2019.

SYMPTOMS

COMMON SYMPTOMS OF COVID-19



FEVER



TIREDFNESS



DRY COUGH

SOME MAY HAVE :

ACHES AND PAINS

NASAL CONGESTION

RUNNY NOSE

SORE THROAT

DIARRHEA

PREVENTION

PROTECTION MEASURES FOR EVERYONE



WASH YOUR HANDS
FREQUENTLY



USE FACE MASK



KEEP DISTANCE
FROM OTHERS



STAY AT HOME
WHEN YOU ARE SICK



AVOID TOUCHING
EYES, NOSE OR MOUTH



STAY INFORMED
AND FOLLOW ADVICE

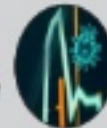
C-387 Aditya Mishra

COVID-19 STOCK MARKET SITUATION

Arpita vijay mishra
389

What stock market means?

The stock market refers to the collection of markets and exchanges where regular activities of buying, selling, and issuance of shares of publicly-held companies take place.



Stock Market Recovery

Indian stock market's recovery from the lows hit in March 2020 has surprised many. The S&P BSE Sensex, recovered around 34% shrugging off surging covid-19 cases

Stock Market is Down Today

Indian shares ended sharply lower today amid a choppy session. Despite strong earnings performance by some domestic companies, weak global markets amid spiking COVID-19



Current Market Situation

The Market Situation section of your plan includes research analysis of your target market, competitors, business challenges, and your company's competitive differentiations.

GRATITUDE TO ALL COVID 19 WARRIORS

Thanksgiving is the greatest form of gratitude. We want to thank you today!



I want to thank you for saving me and my family by working tirelessly. **Heartfelt** Thank you!

Though the times have been difficult, your dedication towards your work did not shake a bit. I highly appreciate your work. Thank you.....

If I am able to write this to you today, I give you credits to save my life when I was battling against the virus. Thank you for your presence!

C-390
Laxmi Mishra



Awareness about COVID-19

Source:
World Health
Organization

01

Wash Hands
Regularly



02

Wear Masks In
Public Space

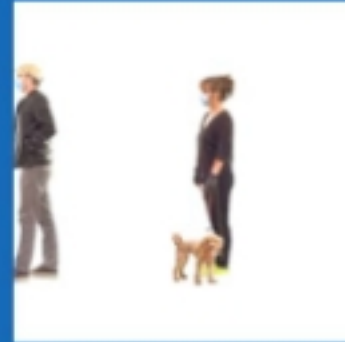


C-391
Priyam Mishra

#StopTheSpread

03

Follow Social
Distancing in Public



04

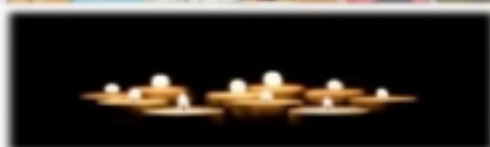
Follow a Healthy
Routine



COVID-19 HERO'S



A BIG SALUTE TO CORONA WARRIORS



ONE WORLD
TOGETHER
AT HOME

"Thank you so much for all your hard work and support during this difficult time. Your humility, kindness, and strength are greatly appreciated. Thank you for being **our nation's guiding light** in the face of this adversity."



Sunny Mishra C-395

STAY SAFE CORONAVIRUS PREVENTION

Reduce your risk of COVID-19

- Wash your hands often
- Avoid touching your eyes, nose and mouth
- Limit social gatherings and time spent in crowded places
- Clean and disinfect frequently touched objects and surfaces
- Avoid close contact with someone who is sick
- Cough or sneeze in your bent elbow - not your hands!

COVID-19 spreads primarily from person to person

- Respirate released when someone with symptoms or disease gets close to the respiratory tract of another person nearby
- Close contact with someone who has coughing or sneezing nearby

COVID-19 mainly spreads from person to person. But it can also be left on objects and surfaces...

As if you touch something contaminated and then touch your face or another's face, you might get sick.

You can do your part by wearing a mask and practicing social distancing.



AVOID **KEEP CLEAN** **DISINFECTANT** **SYMPTOMS AHEAD**

HEALTHY FOOD HABITS



- ★ Base your meals on higher fibre starchy carbohydrates.
- ★ Eat lot of fruit and vegetables.
- ★ Eat more fish, including a portion of oil fish.



C- 398. Pooja Mistry

- ★ Cut down on saturated fat and sugar
- ★ Eat less salt: no more than 6g a day for adults



- ★ Get active and be a healthy weight.
- ★ Do not get thirsty.
- ★ Do not skip breakfast.



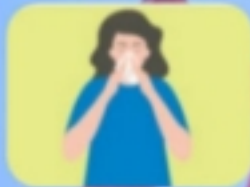
MAINTAIN HYGIENE AT HOME DURING COVID-19

c-402 dhanesh more

COVID-19
Coronavirus



Wash Your Hands with Soap Or Alcohol Based Sanitizer .



Cover Your Mouth While Coughing Or Sneezing .



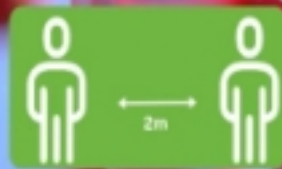
Use Virus Killing Disinfectant To Clean Frequently Used Surfaces Such As Doorknobs .



Wash Vegetables With Water Frequently After Purchasing .



Cook Food At A Very High Temperature Especially Non-Veg Food .



Maintain At Least 2 Feet Distance If Possible .



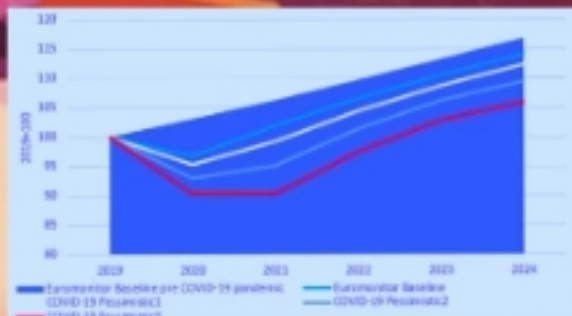
Wash Hands

Disinfect Surfaces

Sanitize Hands Properly

Use Mask

EFFECT ON ECONOMY (COVID-19)



The Indian economy was expected to lose over Rs32000crore (US \$4.5 billion) every day during the first 21 days of complete lockdown.

Unemployment Rose from 6.7% on 15 March to 26% on 19 April and then back down to pre-locked level by mid-June



Getvi more
C-403

COVID - 19

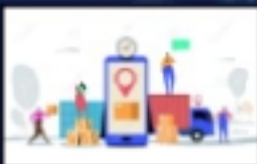
Precautions & Safety Measures



Maintain at least 1 meter distance between you and another people.



Wash your hand regularly with soap and water or , clean them with alcohol-based hand rub.



Use online service as much as possible.



Avoid touching your face.



Stay home if you feel sick or unwell.

HEALTHY FOOD HABITS TO AVOID COVID-19



HEALTHY FOOD HABITS

*Keep away from fast food and soft drinks

*Include enough proteins in your diet

*Cut down on saturated fat and sugar

*Base your meals on higher fibre starchy carbohydrates

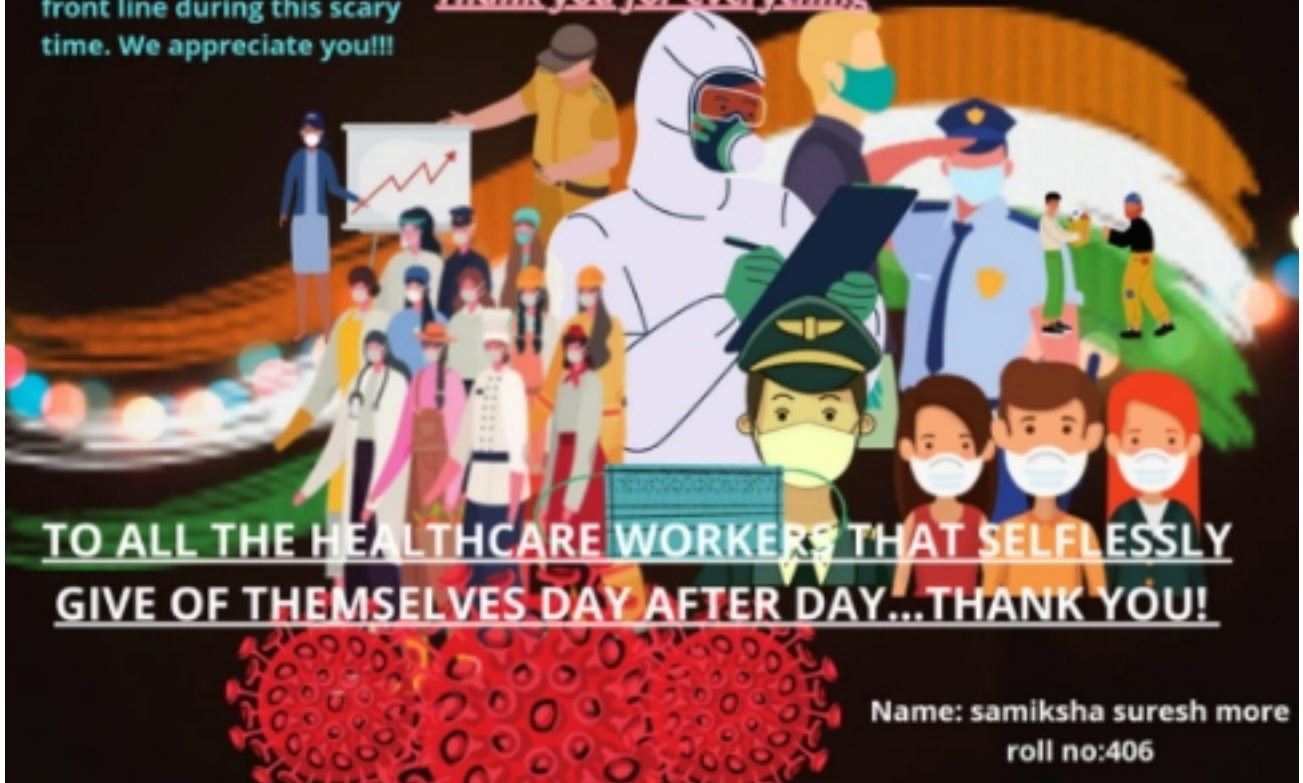
*Eat more fish, including a portion of oily fish

*Eat lots of fruit and veg

Gratitude to all covid 19 warriors

Thank you for being on the front line during this scary time. We appreciate you!!!

Thank you for everything



TO ALL THE HEALTHCARE WORKERS THAT SELFLESSLY
GIVE OF THEMSELVES DAY AFTER DAY...THANK YOU!

Name: samiksha suresh more
roll no:406

MARKET CONDITION (COVID -19)

(408-VIJAY MOURYA)

THE MARKET ACT AS AN ECONOMIC BAROMETER OF THE COUNTRY



Markets to Close During Lockdown

Holidays	Dates
Easter	25-Mar
Good Friday	29-Mar
Eid-ul-Fitr	02-Apr
Eid-ul-Adha	04-Apr
Good Friday	07-Apr
Good Friday	08-Apr
Good Friday	10-Apr
Good Friday	11-Apr
Good Friday	12-Apr
Good Friday	13-Apr
Good Friday	14-Apr
Good Friday	15-Apr
Good Friday	16-Apr
Good Friday	17-Apr
Good Friday	18-Apr
Good Friday	19-Apr
Good Friday	20-Apr
Good Friday	21-Apr
Good Friday	22-Apr
Good Friday	23-Apr
Good Friday	24-Apr
Good Friday	25-Apr
Good Friday	26-Apr
Good Friday	27-Apr
Good Friday	28-Apr
Good Friday	29-Apr
Good Friday	30-Apr
Good Friday	01-May
Good Friday	02-May
Good Friday	03-May
Good Friday	04-May
Good Friday	05-May
Good Friday	06-May
Good Friday	07-May
Good Friday	08-May
Good Friday	09-May
Good Friday	10-May
Good Friday	11-May
Good Friday	12-May
Good Friday	13-May
Good Friday	14-May
Good Friday	15-May
Good Friday	16-May
Good Friday	17-May
Good Friday	18-May
Good Friday	19-May
Good Friday	20-May
Good Friday	21-May
Good Friday	22-May
Good Friday	23-May
Good Friday	24-May
Good Friday	25-May
Good Friday	26-May
Good Friday	27-May
Good Friday	28-May
Good Friday	29-May
Good Friday	30-May
Good Friday	31-May
Good Friday	01-Jun
Good Friday	02-Jun
Good Friday	03-Jun
Good Friday	04-Jun
Good Friday	05-Jun
Good Friday	06-Jun
Good Friday	07-Jun
Good Friday	08-Jun
Good Friday	09-Jun
Good Friday	10-Jun
Good Friday	11-Jun
Good Friday	12-Jun
Good Friday	13-Jun
Good Friday	14-Jun
Good Friday	15-Jun
Good Friday	16-Jun
Good Friday	17-Jun
Good Friday	18-Jun
Good Friday	19-Jun
Good Friday	20-Jun
Good Friday	21-Jun
Good Friday	22-Jun
Good Friday	23-Jun
Good Friday	24-Jun
Good Friday	25-Jun
Good Friday	26-Jun
Good Friday	27-Jun
Good Friday	28-Jun
Good Friday	29-Jun
Good Friday	30-Jun
Good Friday	01-Jul
Good Friday	02-Jul
Good Friday	03-Jul
Good Friday	04-Jul
Good Friday	05-Jul
Good Friday	06-Jul
Good Friday	07-Jul
Good Friday	08-Jul
Good Friday	09-Jul
Good Friday	10-Jul
Good Friday	11-Jul
Good Friday	12-Jul
Good Friday	13-Jul
Good Friday	14-Jul
Good Friday	15-Jul
Good Friday	16-Jul
Good Friday	17-Jul
Good Friday	18-Jul
Good Friday	19-Jul
Good Friday	20-Jul
Good Friday	21-Jul
Good Friday	22-Jul
Good Friday	23-Jul
Good Friday	24-Jul
Good Friday	25-Jul
Good Friday	26-Jul
Good Friday	27-Jul
Good Friday	28-Jul
Good Friday	29-Jul
Good Friday	30-Jul
Good Friday	31-Jul
Good Friday	01-Aug
Good Friday	02-Aug
Good Friday	03-Aug
Good Friday	04-Aug
Good Friday	05-Aug
Good Friday	06-Aug
Good Friday	07-Aug
Good Friday	08-Aug
Good Friday	09-Aug
Good Friday	10-Aug
Good Friday	11-Aug
Good Friday	12-Aug
Good Friday	13-Aug
Good Friday	14-Aug
Good Friday	15-Aug
Good Friday	16-Aug
Good Friday	17-Aug
Good Friday	18-Aug
Good Friday	19-Aug
Good Friday	20-Aug
Good Friday	21-Aug
Good Friday	22-Aug
Good Friday	23-Aug
Good Friday	24-Aug
Good Friday	25-Aug
Good Friday	26-Aug
Good Friday	27-Aug
Good Friday	28-Aug
Good Friday	29-Aug
Good Friday	30-Aug
Good Friday	31-Aug
Good Friday	01-Sep
Good Friday	02-Sep
Good Friday	03-Sep
Good Friday	04-Sep
Good Friday	05-Sep
Good Friday	06-Sep
Good Friday	07-Sep
Good Friday	08-Sep
Good Friday	09-Sep
Good Friday	10-Sep
Good Friday	11-Sep
Good Friday	12-Sep
Good Friday	13-Sep
Good Friday	14-Sep
Good Friday	15-Sep
Good Friday	16-Sep
Good Friday	17-Sep
Good Friday	18-Sep
Good Friday	19-Sep
Good Friday	20-Sep
Good Friday	21-Sep
Good Friday	22-Sep
Good Friday	23-Sep
Good Friday	24-Sep
Good Friday	25-Sep
Good Friday	26-Sep
Good Friday	27-Sep
Good Friday	28-Sep
Good Friday	29-Sep
Good Friday	30-Sep
Good Friday	01-Oct
Good Friday	02-Oct
Good Friday	03-Oct
Good Friday	04-Oct
Good Friday	05-Oct
Good Friday	06-Oct
Good Friday	07-Oct
Good Friday	08-Oct
Good Friday	09-Oct
Good Friday	10-Oct
Good Friday	11-Oct
Good Friday	12-Oct
Good Friday	13-Oct
Good Friday	14-Oct
Good Friday	15-Oct
Good Friday	16-Oct
Good Friday	17-Oct
Good Friday	18-Oct
Good Friday	19-Oct
Good Friday	20-Oct
Good Friday	21-Oct
Good Friday	22-Oct
Good Friday	23-Oct
Good Friday	24-Oct
Good Friday	25-Oct
Good Friday	26-Oct
Good Friday	27-Oct
Good Friday	28-Oct
Good Friday	29-Oct
Good Friday	30-Oct
Good Friday	31-Oct
Good Friday	01-Nov
Good Friday	02-Nov
Good Friday	03-Nov
Good Friday	04-Nov
Good Friday	05-Nov
Good Friday	06-Nov
Good Friday	07-Nov
Good Friday	08-Nov
Good Friday	09-Nov
Good Friday	10-Nov
Good Friday	11-Nov
Good Friday	12-Nov
Good Friday	13-Nov
Good Friday	14-Nov
Good Friday	15-Nov
Good Friday	16-Nov
Good Friday	17-Nov
Good Friday	18-Nov
Good Friday	19-Nov
Good Friday	20-Nov
Good Friday	21-Nov
Good Friday	22-Nov
Good Friday	23-Nov
Good Friday	24-Nov
Good Friday	25-Nov
Good Friday	26-Nov
Good Friday	27-Nov
Good Friday	28-Nov
Good Friday	29-Nov
Good Friday	30-Nov
Good Friday	01-Dec
Good Friday	02-Dec
Good Friday	03-Dec
Good Friday	04-Dec
Good Friday	05-Dec
Good Friday	06-Dec
Good Friday	07-Dec
Good Friday	08-Dec
Good Friday	09-Dec
Good Friday	10-Dec
Good Friday	11-Dec
Good Friday	12-Dec
Good Friday	13-Dec
Good Friday	14-Dec
Good Friday	15-Dec
Good Friday	16-Dec
Good Friday	17-Dec
Good Friday	18-Dec
Good Friday	19-Dec
Good Friday	20-Dec
Good Friday	21-Dec
Good Friday	22-Dec
Good Friday	23-Dec
Good Friday	24-Dec
Good Friday	25-Dec
Good Friday	26-Dec
Good Friday	27-Dec
Good Friday	28-Dec
Good Friday	29-Dec
Good Friday	30-Dec
Good Friday	31-Dec

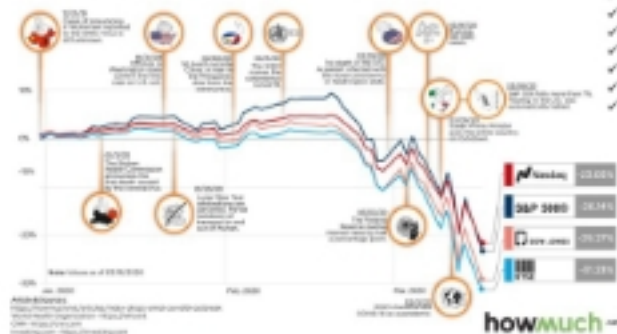


EFFECTS ON ECONOMY BY C-409 DEV MUDALIAR

21 NOVEMBER 2021 08:25

Index Drops Amid the COVID-19 Outbreak

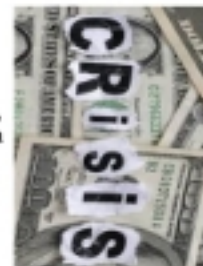
U.S. Stock Indexes Drops since 12/31/2019 (as %)



- ✓ Largest GDP contraction ever in [April-June]
- ✓ FY2020-2021 at -24%
- ✓ Sharp rise in unemployment.
- ✓ Stress on supply chains.
- ✓ Decrease in government income.
- ✓ Collapse of the tourism industry.
- ✓ Collapse of the hospitality industry.
- ✓ Reduced consumer activity.
- ✓ Plunge in fuel consumption. Rise in LPG sales



- For three months after Modi declared a nationwide shutdown, hundreds of small businesses in this city-within-a-city pulled their shutters down.
- But economic hardship has forced people back to work, as in the rest of India. While the Indian government, in a bid to restart the economy, has begun to lift lockdown restrictions, the country now has the largest number of daily confirmed cases in the world and over [5.6 million cases](#) in total.



For the first time crisis is created by artificial means !!

HEALTH IS FIRST PRIORITY

Health is most important for our life for our goal which we want achieve in our life .

*Is health a priority?

Make your own **health a priority** — you cannot begin to take care of others if you are not **healthy** yourself.

Take time to exercise, eat right, get enough sleep, schedule preventative **health** care visits, and seek medical attention for **health** issues as they arise.



“TAKE CARE OF YOUR BODY. IT’S THE ONLY PLACE YOU HAVE TO LIVE.”

- JIM ROHN

Make health as your first priority.

— Gopichand Deshmukh

*Why should we prioritize health?

Below are nine reasons to **prioritize** your mental and/or **physical health**. Improved self-worth. We feel good about ourselves when we take care of ourselves. When we treat our body well we feel positive, while treating ourselves in a way that we know isn't ideal can lead to negative self-talk.

Safety Measures Taken During Covid -19 C-416

Protect Yourself and Others from Covid -19.

If covid -19 is spreading in your community, Stay safe by taking some simple Precautions, Such as physical distancing, wearing a mask, keeping room well-ventilated, avoiding crowds, cleaning your hands, coughing into a bent elbow or tissue.

Vaishnavi Sanjay Nachnekar



EFFECTS ON PEOPLE BY C-417 MARSHAL DAVID

29 November 2020 15:22

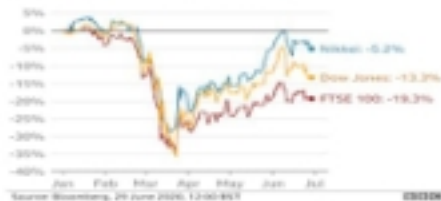


The number of undernourished people, currently estimated at nearly 690 million, could increase by up to 132 million by the end of the year

- According to [UNICEF](#) monitoring, 53 countries are currently nationwide impacting, about 61.6 percent of the world's student population.



The impact of coronavirus on stock markets since the start of the outbreak



Source: Bloomberg, 29 June 2020, 12:00:45

- Following the strong correlation with the trends .
- Indices of the global market as BSE Sensex and Nifty 50 fell by 38 per cent

VIRTUAL EDUCATION



1 CONVENIENCE

Students taking online classes can plan their study time around their own schedule. They can learn and study at their own pace and convenience.

2 PRICE

Online programs are less expensive and do not require commuting or course materials, such as textbooks which are accessible online for free.

3 VARIETY

There is variety as more colleges are offering students an option to get degrees online. There are many possibilities from nursing to neuroscience.

1 ISOLATION

There are no opportunities to interact face-to-face with professors and other students. In addition, it is hard to develop relationships with classmates.

2 TECH & TIME

It may take time for students to learn new tech skills, and may have to upgrade to high-speed internet. Instructors may live in different time zones as students.

3 EFFECTIVENESS

Online programs can give students more freedom, but some students may not be able to handle all of this freedom and fall behind due to online distractions.

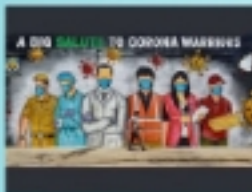


C-418 MADHUSUDAN K

F.Y B.com

C- 419 Sahil Nagvekar

GRATITUDE TO ALL COVID-19 WARRIORS



mid the Covid-19 pandemic, not only doctors, nurses, and ward boys but our delivery persons, ration shop owners, and vegetable fruits vendors, etc., have played a crucial role by providing us timely access to all the necessary items important for survival during all the months of the pandemic. Since the outbreak of the Covid-19 pandemic, timely delivery of essential services by taking all precautionary measures to curb the spread of the virus. Therefore, let us thank these coronavirus helpers who have been making our lives smooth during the ongoing pandemic. As thanking somebody is the biggest form of appreciation and motivation, send these quotes and messages to doctors, nurses, delivery staff, farmers, teachers, researchers, sanitation workers, grocery workers, and emergency services workers, and others who have been constantly assisting in the fight against the Coronavirus.

AWARENESS ABOUT

COVID - 19



Find the top side, where the metal piece or stiff edge is



Ensure the colored-side faces outwards



Place the metal piece or stiff edge over your nose



Wash your hands before touching the mask



Inspect the mask for tears or holes



Cover your mouth, nose, and chin



Adjust the mask to your face without leaving gaps on the sides



Avoid touching the mask



Remove the mask from behind the ears or head



Keep the mask away from you and surfaces while removing it



Discard the mask immediately after use preferably into a closed bin



Wash your hands after discarding the mask

Remember that masks alone cannot protect you from COVID-19. Maintain at least 1 metre distance from others and wash your hands frequently and thoroughly, even while wearing a mask.

C - 421 SAHIL MARCHANDE

CORONAVIRUS

BILOU'S ADVICES

Stay
at home



Wash
your hands



DO YOU KNOW HOW
TO PROTECT YOURSELF?

Maintain
social distancing



Do not put
your fingers
in your mouth



Avoid handshake
to say hello



Sneeze
in your elbow



Use a disposable
tissue once



and throw it
after use

SERGE DUTFOY - 2020



International Federation
of Red Cross and Red Crescent Societies
Global First Aid Reference Centre

illustration offered by Serge DUTFOY

COVID-19 HEROES



The 2019-2020 coronavirus pandemic is upending life on a global level as we know it.

The highly infectious coronavirus disease 2019 (COVID-19) is caused by severe acute respiratory syndrome coronavirus 2.

It was first seen in Wuhan, Hubei, China where its outbreak was first identified in December 2019.

After almost 3 months, on March 11, 2020, the World Health Organization recognized it as a pandemic considering its significant on going spread in multiple countries across the world.

Every crisis has its heroes, every disaster its displays of selflessness and sacrifice. Firefighters race into burning building. Police officers place themselves in the line of fire. Soldiers march into war.

The sacrifice of doctors and healthcare workers across the globe will not to waste. Humanity will always be grateful to them for what they are doing during these unprecedented times.



VIRTUAL EDUCATION

PROS



1. IMPROVE MANAGEMENT
2. FLEXIBILITY
3. STUDY ANYTIME
AND ANYWHERE
4. REDUCING COVID-19
VIRUSES TENSION
5. ENCOURAGE DIGITAL AND SMART
CLASSROOM

1. DATA CONSUMING
2. LACKS IN FACE TO FACE INTERACTION
3. MINIMAL SUPERVISION
4. LOWER QUALITY OF COMMUNICATION
5. MIND GETS DIVERTED TOWARDS OTHER
ACTIVITIES

CONS



C-427. Pratham Madhani

EFFECT ON ECONOMY

C-429 SONAL MALI

India:- How Will woman In the informal Economy get by?



THE INDIAN ECONOMY WAS EXPECTED TO LOSE OVER ₹32,000 CRORE (US\$4.5 BILLION) EVERY DAY DURING THE FIRST 21-DAYS OF COMPLETE LOCKDOWN, WHICH WAS DECLARED FOLLOWING THE CORONAVIRUS OUTBREAK.

ECONOMIC IMPACT OF THE COVID-19 PANDEMIC IN INDIA

AWARENESS ABOUT CO-VID 19

Yashika khedekar C - 431

1. Avoid crowded areas when going out, for people over 60 years old and people with any underlying health problems.
2. Try to avoid close contact with people who display flu-like symptoms, including coughing and sneezing.



1. Stop touching your face to reduce your chances of catching coronavirus, experts say.
2. Tactics include wearing woolly gloves and an app that sounds a warning if your hand moves to your face.
3. But face-touching is an instinctive response to stress and a hard habit to break.

Covering coughs and sneezes and washing hands are especially important for infection control measures in healthcare settings, such as emergency departments, doctor's offices, and clinics. To help stop the spread of germs: Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in the trash"

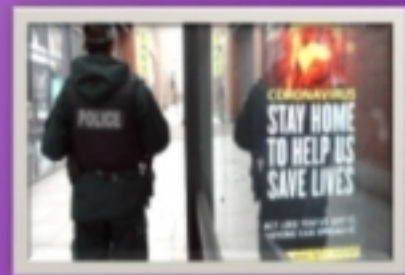


EFFECT ON PEOPLE (COVID19)

C- 432 soni
kushwaha



**SOCIAL DISTANCING
MEANS KEEPING A
SAFE SPACE
BETWEEN YOUR
SELF AND OTHER
PEOPLE'S**



**TAKE YOUR
TEMPERATURE WITH
THERMOMETER TWO
TIME'S A DAY**



*Police department
believe in strong
partnership with public
as well as government*

Covid-19_Effect On Mental Health.



CHILDREN MAY RESPOND TO STRESS IN DIFFERENT WAYS SUCH AS BEING MORE CLINGY, ANXIOUS, WITHDRAWING, ANGRY OR AGITATED, BEDWETTING ETC.

Children needs adults love and attention during difficult times. Give them extra time and attention.



Don't use smoking, alcohol or other drugs to deal with your emotions.



If you feel overwhelming, talk to a health worker or counsellor.



IF YOU STAY AT HOME, MAINTAIN A HEALTH LIFESTYLE INCLUDING PROPER DIET, SLEEP, EXERCISE AND SOCIAL CONTACT WITH LOVED ONCE AT HOME.



Keep to regular routines and schedules as much as possible, or help create new ones a new environment.

Draw on skills you have used in the past that have helped you to manage previous life's adversities.



MANAGE YOUR EMOTIONS DURING TGE CHALLENGING TIME OF THIS OUTBREAK



Try to do something creative in this period of pandemic.

