



LIONS CLUB OF MALAD BORIVLI COLLEGE CHARITY TRUST
**Prahladrai Dalmia Lions College
of Commerce & Economics**

(Affiliated to University of Mumbai)

ISO 9001 : 2015 Certified

Date : 17/07/23

Ref. No. : _____

NOTICE

NATIONAL SERVICE SCHEME (NSS)

NSS UNIT B-26 of our college is organizing a Workshop on **Prevention of Substance Abuse** by Mr. Hrishikesh Pandey (Film & TV Actor), Inspirations by Ms. Ritu Phogat (International Wrestler Mixed Martial Artist) & Ms. Madhurika Patkar (International Table Tennis Player Arjuna Awardee).


Topic: Prevention of Substance Abuse


- . Addiction -free Lifestyle
- . Understanding Real Happiness
- . Building Self-Esteem

Date: 19th July, 2023

Venue: Auditorium

Time: 10:30 am to 12:00 noon.


Dr. Sunita Tidke
(NSS Programme Officer)


Prof. Dr. Digambar N. Ganjewar
(Principal)

DI/N -ACT/GEN/00



Prahladraj Dalmia Lions College of Commerce & Economics
Sunder Nagar, Malad (W), Mumbai-400 064.

Activity Attendance Report

Name of Subject / Association: NSS U NET B-26

Class: _____ Date: 19 July Academic Year 2023-24

Name of Teacher in charge: Varsha Tandel Sign. of Teacher: Varsha

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Activity Attendance Report

Name of Activity: Workshop on PREVENTION OF SUBSTANCES ABUSE

Name of Subject / Association: NSS U'NIT B-26

Class: _____ Date: 19th JULY Academic Year 2023-2024

Name of Teacher in charge: Varsha Tandel Sign. of Teacher: Varsha

Sr. No.	Roll No.	Name of student	Signature	Feedback	Gender
1	154	KUSHAWAHA PRIYANKA	<u>Priyanka</u>	A ⁺⁺	F
2	220	Prajapati Chandani - D.	<u>Chandani</u>	A ⁺	F
3	223	Prajapati Laxmi R.	<u>Laxmi</u>	A ⁺	F
4	229	Manishavindh Prajapati	<u>Manisha</u>	A ⁺⁺	F
5	SYBCOM-7	Aisha Das	<u>Aisha</u>	A	F
6	SYBMS-21K	Varshnavi Ghodge	<u>Varshnavi</u>	Z	F
7	SYBMS-Fin	Hetal A. Pandya	<u>Hetal</u>	O ⁺	F
8	SYBMS-Fin	Surekha Prajapati	<u>Surekha</u>	O ⁺	F
9	SYBFM	Harshad Dhuri	<u>Harshad</u>	A	M
10	SYBFM	Bhoroth Kodavola	<u>Bhoroth</u>	A	M
11	SYBFM	GranPat Parmar	<u>GranPat</u>	A	M
12	SYBFM	Dhruv Jigesh Raste	<u>Dhruv Raste</u>	A ⁺	M
13	SYBAF	Abhishek Jagindra chandhary	<u>Abhishek</u>	B	M
14	SYBAFA	Harikumar Gundagani	<u>Harik</u>	B ⁺	M
15	SYBAF	Abhishek Anashti	<u>Abhishek</u>	B	M
16	SYBAF	Ashish Kumar at	<u>Ashish</u>	B	M
17	SYBIM	Siddhant Mohite	<u>Siddhant</u>	O ⁺	M
18	SYBMS-C	Sajal Paswan	<u>Sajal</u>	B-	M
19	SYBFM	Amit. Jha	<u>Amit</u>	A	M
20	SYBFM	Saloni Kadam	<u>Saloni</u>	A	F
21	SYBIM	Vinay. G. Ghode	<u>Vinay</u>	A ⁺	M
22	SYBIM	Vedan Bendke	<u>Vedan</u>	A ⁺	M

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Name of Teacher in charge: Varsha Tandel Sign. of Teacher: Varsha

Sr. No.	Roll No.	Name of student	Signature	Feedback	Gender
1	235	Shivam 'P' Sahan	Shivam	11 11	male
2	230	Ravi Prajapati	Ravi	Good	Male
3	215	Utkarsh. H. Jamsutkar	Utkarsh	A	Male
4	249	Shubham Valavase	Shubham	A	Male
5	205	Ravideep Chauhan	Ravideep	A	male
6	213	Sachin Gupta	Sachin	B	Male
7	241	Sandeep Suthar	Sandeep	Nice	Male
8	231	Vikas Prajapati	Vikas	B	Male
9	234	Yash R. Raut	Yash	Excellent	Male
10	216	Jaishwal Kishish. K.	Kishu	A	Female
11	174	Gupta Aryan Manoj	Aryan	Aryan	male
12	336	Rahul B. Yadav	Rahul	A	Male
13	343	Vijay R. Jadhav	Vijay	A	Male
14	206	Shalini Chetty	Shalini	B	Female
15	336	Archana Saroj	Archana	B	Female
16	219	Krish. Malwana	Krish	A	Male
17	229	Chaitanya Pawar	C.P. Pawar	A	Male
18	3028	Shail Gupta	Shail	Nice	Male
19	344	Charu Kumawat	Charu	A	Female
20	44	Naresh Bishnoi	Naresh	B	m
21	3048	Mohammed Omar Lachia	Omair	Good	Male

Activity Attendance Report

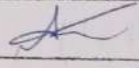
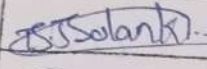
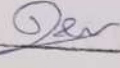
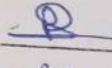
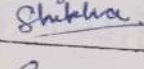
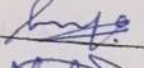
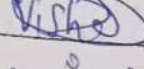
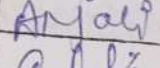
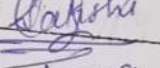
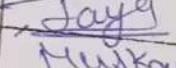
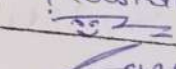

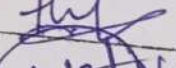
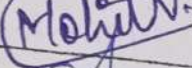
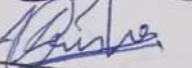
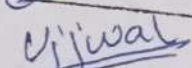
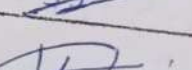
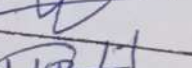
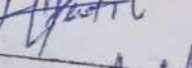
Workshop on

Name of Activity: PREVENTION OF SUBSTANCES ABUSE

Name of Subject / Association: NSS UNIT B-26

Class: _____ Date: 19th July Academic Year 2023-2024

Name of Teacher in charge: Vaishali Tandel Sign. of Teacher: Vaishali

Sr. No.	Roll No.	Name of student	Signature	Feedback	Gender
23	121	Akash Londhe		A	Male
24	132	Tushar Solanki		A	male.
25	2122	Dev Kargiya		A+	Male
26	2119	Parashal Jain		A	M.
27	2112	Shikha Dubey		A	Female
28	42205	Shreyas Ghorav		A+	F.
29	762	Vishal C. Tak		A	M.
30	TYBCOM 414	Anjali Gupta		A	F.
31	SVBCOM-B 190	Sakshi Gupta		A+	F.
32	SVBCOM-E 689	Jaya Singh		A+	F.
33	SVBMS 2204	Muskan Jaiswal		A+	F.
34	SVBMS-2127(B)	SAGE KHATU		A+	F.
35	SVBCOM E-666	Harshika Shigvan		A+	F.
36	TYBSCIT A-343	Mohit Vishwakarma		A+	M
37	TYBSCOM E-674	Krishna R. Surti		A+	F.
38	TYBAF	Ujjwal Mishra		A+	M.
39	TYBAF	Yash Pandey		A+	M.
40	TYBAF	Harsh Patil		A+	M.
41	TYBMS	Yash Shukla		A+	M

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NSS UNIT B26

Report on Workshop on Prevention of Substance Abuse

EVENT: Workshop on prevention of substance abuse

DATE OF EVENT: - 19th July, 2023

TIME OF EVENT: - 10:30 - 12:30

NO. OF PARTICIPANTS: 92

EVENT DESCRIPTION:-

The event began with taking the blessing of Maa Saraswati by lighting up the lamp with all the honourable dignitaries followed by a motivational speech by **Mr Hrishikesh Pandey**. After that **B.K Neeraja** gave a speech on how the younger generation can nourish and enhance their self-esteem in a world where people find beauty in themselves in others' eyes, not within themselves.

The great wrestler **Miss Ritu Phogat** and the extraordinary tennis player **Miss Madhurika Patkar** have made every Indian proud by representing India and winning various titles and trophies for the nation becoming our pride. Taking out the time of the exhausting schedule they connected with us through the virtual meeting. They talked about their experiences and how they kept their belief in themselves, never letting the negative criticism lower their self-esteem. They also discussed how the use of substance abuse can affect their future and break their determination and self-esteem in the process.

The workshop ended with a meditation session with B.K. **Meena** taught us simple meditation tactics which can help in our life. At last, the workshop was a total success with 49 boys and 43 girls in total 92 volunteers attending the workshop taking back the precious treasure of lessons on how to put up their self-esteem.







PRAHLADRAI DALMIA LIONS COLLEGE OF COMMERCE & ECONOMICS

ISO 9001:2015 CERTIFIED

NSS UNIT B-26

"NOT ME BUT YOU"

Organizes

Workshop on Prevention of Substance Abuse



Hrishikesh Pandey
Film & TV Actor



Ritu Phogat
International Wrestler
Mixed Martial Arts



Madhumika Patkar
International Table
Tennis Player
Arjuna Awardee



19th July, 2023



Auditorium



10:30 AM to 12:00 NOON