

# **National Service Scheme (NSS)**



**NSS Orientation week:** On 25th September NSS week with various competitions on different days. Participants were in large numbers. The NSS week consisted of events such as fine arts, dancing, singing, sports, poetry etc.

## Highlights of the NSS Unit

**Ek Muthi Anaj Project:** Ek muthi anaj collection drive started from 4th to 14th October, inauguration to the event was done by our respected principal- Dr. N.N. Pandey and Vice Principal Madhavi Nighoskar, Dr. Rajesh Bombe and Dr. SunitaTidke. Rice collected was donated to a needy area. The success of this event left everyone amazed as the amount or rice collected was unexpected. This event was published in the newspapers too.

Around 1385 kg was collected from our college students. This rice was distributed to the villagers of Mangaon on 28th October. Around 15 volunteers joined in the distribution. Volunteers also conducted some lectures, played games and arranged a cultural programme for the villagers.

**Blood Donation Camp:** On 12th, 13th and 14th September awareness was spread among the college students for donating blood. On 15th September, Blood Donation Drive was organized. Total no. of registrations: 203. Total no. of blood bottles collected: 170 and Total no. of students whose blood groups were identified: 115 (students who were not eligible to donate blood) The blood donation camp was indeed a great success.

**Thalassemia Awareness:** On 20th , 22nd& 26th July NSS unit B-26 conducted a Thalassemia Awareness Screening Camp was organised by the students of NSS and Lions Club for college students and staff. During the course of period each and every student took an initiative to perform the needful work and also every individual was hosted by each NSS volunteer. It was indeed a huge success for the NSS Team and also the Blood Samples collected were 548 samples. The doctors and the NSS volunteers played a great role in making the camp a huge success.

**Green Sole Project:** On 26th, 28th and 29th September, old shoes were collected by the NSS volunteers on account of Green Sole. And on 1st October, the NSS unit B-26 conducted an event named as Green Sole. The collection started 5 days prior to the main event. Old shoes were collected by Green Sole, a company that recycled the old into new footwear which were donated to the poor children.



Yoga Camp - College and University Level: 17th June to 21st June the NSS unit of our college conducted sessions on yoga. The chief guest was Mrs. Silky Agarwal who spread among the students the importance of Yoga and also taught them various Asanas.



Anti Narcotics Day: On 28th June NSS Unit organised a Seminar on Anti Narcotics. The Mumbai Police and the team taught the students about the anti narcotics. A skit was first performed by a group of volunteers on the topic. The NSS unit visited the Narcotics Control Bureau accompanied by the campaign 'SAY NO TO DRUGS'.

**Voter Id Registration:** On 1st July NSS unit B-26 of our college conducted a voter ID drive for the students as well as people in the nearby area from 1st to 31st July. On 25th January, the voter-id forms of 25 students were filled by the NSS unit B26

**Tree Plantation:** On 1st July NSS unit conducted a Tree Plantation event at manor. Volunteers planted around 964 saplings. 53 volunteers joined this event.

**Mother Foundation NGO Visit:** On 4th July NSS unit visited Mother Foundation NGO. A survey was conducted along with various activities.

Mumbai University Foundation Day: On 17th July the NSS unit visited Mumbai University on the account of Foundation Day. **Paper Bag Making:** On 18th July our unit organised a paper bag making event, in which 65 volunteers participated and made 500 paper bags.

World Population Day: On 20th July NSS unit B-26 celebrated World Population Day. Prof. Shardha Gaitonde gave an informational speech on world population. Prof Rajesh Bombe discussed about the population. 33 volunteers attended.

Environment Protection Seminar: On 21st July Public Concern Trust organized at University Level a seminar in the college auditorium on Environment Protection'.

Swachta Abhiyan Street Play: On 28th July about 20 students from the NSS unit organised performed a street play at Malad Railway Station.

Talk on Anti Narcotics: On 29th July an lecture on Anti Narcotics was conducted . Ms. B. K. Shobha who guided the students regarding the harmful effects followed by insisting on quitting tobaccos, smoking, and various drugs and also spread the vibes to live a healthy life.

On 10th August, a talk on 'Substance Abuse' was conducted in the auditorium of 'Lala Lajpat Rai College' which as attended by our NSS volunteers.

Rakhi Selling: From 31st July to 4th August, the NSS volunteers sold rakhis made by the specially - abled children.

Session on First Aid: On 1st August, a seminar on First Aid was conducted by Dr. Prasad Pandkar who is MD, Ph. DSCH who is an associate professor in BVDU college of Ayurveda in Pune. On 27th September, few NSS students performed a street play in the college foyer area. On 8th December, the NSS volunteers spread awareness regarding HIV among the people in the society.





### Cleanliness drives:

Swachta Sapthaha: On IstAugust, an oath for Swachata was taken by the NSS unit B-26 Team. Campus Cleaning: On 2ndAugust, The NSS unit B-26 team cleaned the college campus being a part of the swachta shappath. Class Room Cleaning Project: On 3rdAugust, the class rooms of Prahladrai Dalmia Lions college were cleaned by the NSS team. Playground Cleaning: On 4thAugust, the NSS volunteers participated in the cleaning of the college playground. Library Cleaning: On 5thAugust, the cleaning of library was conducted successfully.

On 26th January, the day was started with flag hoisting then the NSS volunteers headed the SWACHH DALMIA where the whole college was cleaned by the volunteers.

**Cleaning Drive in Tandulwadi:** On 6thAugust, the NSS volunteers visited Tandulwadi for a cleanliness drive. They cleaned the place with enthusiasm and dedication. Cleaning Slum

Area Near College: On 7th August, the slum area near our college was cleaned by the NSS volunteers. It was indeed a success and also a feeling of satisfaction was built among the volunteers for doing something for the society. Swachta Awareness: On 8th August, firstly students were educated on the importance of swachhta, its effects on the society and future generations. Awareness was spread among each n every child about swachhta. Road Cleaning: On 10th August, cleaning of roads of Sunder Nagar had taken place. On 17th September, a poster making competition was held on Swachhta Abhiyan wherein the NSS volunteers took an active part.

**Swachta Awareness at NGO:** On 11th August, Swachta awareness and cleaning up session was conducted at the Mother Foundation NGO. Awareness near Bus Stop: On 12th August, awareness was spread near the bus stops as littering takes place around it.

**Rakshabandhan Celebration:** On August 5th, Raksha Bandhan was celebrated with our respected Principal, Teaching Staff, and Non-Teaching Staff. On 6th August, RakshaBandhan was celebrated with Police Officers.

Waste Management: On 5th August a programme on 'Waste management' was conducted. The distinguished guests were Susheel Jaju, Pranav Panchal, Deepak Thakur, Anand Upadhyay and Pallavi Upadhyay. Mr. Susheel Jaju taught the students about waste segregation. On 18th October, Waste management project awareness was spread among the people outside the college. Another programme was organized on 10th December. On

5th January, The waste management techniques were taught to the volunteers. On 13th and 23rd January, Waste management techniques were taught to NSS volunteers. On 7th and 8th February, there was seminar on the waste management where the NSS volunteers had participated and had gone to Mittal College. Our 2 NSS Volunteers Had Participated In 2 Days Non Residential Camp.

On 11thOctober, the Nss Unit B-26 of PrahladraiDalmia Lions College started a new project i.e. Waste Management Segregation in our college. This project was inaugurated by the Principal and Vice-Principals. The waste management team gave training to the volunteers how to segregate the waste and do proper waste management.

International Peace Day: On 6th August, a seminar was held in the college auditorium on peace.

Dengue And Malaria Project: On 8th August, Malaria and Dengue workshop was conducted in the auditorium of Valia C.L. College, Andheri. It spread awareness regarding the symptoms and cures.

**Ganpati Bandobast:** On 5th September, the 10th day of GanpatiVisarjan, the NSS volunteers took up the duty at Marve Junction, Vile Parle, Juhu and Mithchowky signal. Each volunteer took an initiative to help the traffic police and follow the traffic signals.

**Beach Cleaning:** On 6th September, after the GanpatiVisarjan, all volunteers helped in cleaning the Marve beach. On 17th January, Beach cleaning was done at Aksa beach by the NSS volunteers.



**LTC Camp:** The following volunteers completed the 5 day Leadership Training Camp from 17th to 21st August: Vivek Yadav, Krisha Henia, Komal Sharma and Gokul Gupta.

 $\textbf{Akshara Women Empowerment:} \ On \ 22nd \ August, personnel from the \ Akshara \ Women empowerment conducted a workshop for the \ NSS \ volunteers.$ 

 $\label{eq:Mother Foundation NGO Visit: On 10th, 24th August, 13th September , 20th November, 4th 9th, 16th , 23rd and 28th January the NSS volunteers visited the mother foundation NGO and educated the students also singing and dancing was taught to the students conducting various other activities.$ 

**Teaching Dance:** On 1st September, NSS unit B-26 adopted an NGO for the academic year 2017-18 'Vallabhas Darga Indian Society for Mentally Retarded'. On 2nd, 6th and 8th

September, NSS volunteers taught the inmates dance and conducted various activities.

Rally to Save Rivers: On 1st September, the NSS team took out a rally at Malad, in which 83 students participated. The students generated awareness among the locality areas, streets, and fellow passengers by marching a rally along with slogans indicating SAVE WATER SAVE LIVE, RALLY FOR RIVERS. On 4th February, our volunteer take part in save river at Dahisar.

**Special Camp:** From 24th to 30th December, there was 7 days special camp at Tandulwadi, Saphale. There were many social activities undertaken by the NSS volunteers which worked for the betterment of the people in the village.

Kachra Mukt Bharat: From 5th to 9th January, an initiative taken by few NSS volunteers under the guidance of Shri. ShrikantParab with a motive to make India, a 'Zero Garbage' nation with the waste management plan introduced by Mr. Shrikant Parab. On 9th January, petitions were signed by majority of the students in support of the great step for a better developed India. Not only the college students but also from the localities if the students in charge. More than 300 petitions were signed. On 25th January, Selfie with kachra, a unique concept was brought up. The best selfies with kachra got some amazing prizes.

**NDRF Training at National College:** On 13th and 14th February, our 2 NSS Volunteers participated in the 2 Day Non Residential Camp organized by NDRF and NSS Unit of National College.

**Poster Making:** On 16th January, the NSS intercollegiate competition was held which had poster making competition on the topic YUVA -THE POWER OF NATION which involved participation of the NSS volunteers.

Disaster Management: On 18th January, techniques to the NSS volunteers were taught regarding how the natural calamities and different disasters could be managed.

#### Flag Collection:

On 27th January, the NSS volunteers commenced the collection from college covering the area till the Malad station. There were many flags collected by the volunteers which was then kept safely by the NSS secretary.

Polio Immunization Camp: On 28th January, there was polio immunization camp which was undertaken by the volunteers

Our NSS unit participated in the following event at the university level: Peace Day on 13th August. The Red Ribbon Club workshop on HIV/AIDS on 23rd August; on 4th September, a talk on India - China–Pak Dosti at St. Xavier's college, NSS Foundation Day: On 24th September, at Mumbai University. Global Peace & Prosperity organized by the Brahmakumaris on 27th August; Waste Management Seminar on 2nd September, Shubhmahotsav on 1st October, seminar on the 'Unity In Diversity' on 15th January, Blind walk session was conducted on 12th October, a session was held on corruption its ill effects on 13th October,

#### Other activities:

On 12th January, the NSS volunteers participated in the quiz competition on the occasion of National Youth Day. On 26th September, essay writing and paper bag making competitions were held in the college auditorium. On 25th September, a poster making competition was held on road safety. On 29th September, organ donation awareness session was organized. On 1st October, health checkup camp was conducted in the college for the students as well as the college staff. On 2nd October, a rally Swachh Bharat Sach Hoga was conducted by the NSS volunteers on the streets outside the college. On 2nd October, Bhajansandhya was held. On 25th November, a street play was performed on the streets by the NSS volunteers on acid attacks. On 4th December, Street play was performed on HIV & AIDS by the NSS volunteers. On 7th December, poster making competition took place in the college premises. On 7th January, Marathon run was for the cause where the NSS volunteers had participated. On 19th January, the guest lecture by Mr. Narendra Lokhande on Organ Donation was for the NSS volunteers. The form was filled by the volunteers for organ donation. On 19th January, the lecture was based on the preaching and teaching on Swami Vivekananda for the NSS volunteers. On 20th January, the NSS volunteers had performed a street play Yuva Hi Sakti Ha showing the youth's power. On 14th November, a health checkup camp was conducted for the people outside the college. On 6th December, a session was held on HIV. Awareness was spread among the students. On 9th January, Healthcheckup of the volunteers included the Blood pressure Check, DIABETES check up was organized. On 15th January, the NSS volunteers were informed with the road safety rules. On 15th January, many NSS volunteers had participated who had made many best out of waste items. On 7th January, the NSS volunteers at Thakur stadium.

Prof. Rajesh Bombe, Programme Officer Dr. Sunita Tidke, Programme Officer Prof. Kulwant Desai, Programme Officer Prof. Rahul Pandya, Programme Officer



