



Fare Forward . . .the IQAC Newsletter

Theme of the Year 2017-18: Wellness – Body, Mind and Spirit

In keeping with the tradition of the college this year the theme chosen was: **Wellness – Body, Mind and Spirit**. The activities of the entire academic year were planned centering around the theme.

Yoga: the way to Ultimate Wellness



Contact Us:

Tel.: +91 22 28725792

Telefax: 28732270

E-mail

:dalmialionscollege@g
mail.com

Website :

www.dalmialionscolle
ge.ac.in



Spreading Wellness through Social Action

Spreading cheer- making our Earth greener at Manor



Other Social Initiatives:

Blood Donation Camp on 15th Sep. jointly organized by Lions Club of Malad Borivali and Extension Unit of our college (NCC, DLLE, and NSS). Total number bottles of blood collected were 170.

'Nanhe Kadam' an initiative wherein students collected old footwear which was recycled by the Green Sole Company and in turn donated it to the school children of Osarvira.

'Ek Mutthi Anaj', a community project by college extension units 1300 kg of rice was donated by our students to villagers in Dahanu.

Empowering Women: Building Self confidence – Workshop on Self Defence by Women Development Cell



Spreading Humour



Mr. Sunil Saawra ,
the Hasya Kavi and
Lion Kanahaiyalal
Saraf, Hon. Sec. of
G. C. on Hindi Diwas

“When you discover something that nourishes your soul and brings joy, care enough to make room for it in your life.” Jean Shinoda Bolen

Catering to Wellness of the Body: Health Check up Camp



Lion Sharad Ruia & Dr. Rajesh from Apollo Hospital sharing their experiences about keeping Diabetes at bay.



Diabetes and BMI Check- up Camp for Teaching and Administrative Staff

Activities conducted:

- **Anemia &Thalassemia Screening Camp** organized by NSS and Lions International Club organised on 21st July.
- Seminar on '**Stress Management**' by Mr. Nilesh Mandlecha (Psychologist, MBA- HRD) organized by Health & Counseling Cell and Dept of Economics & Foundation Course organized on 11th August 2017.
- Department of Foundation Course organized a lecture on '**Suicide Prevention**' by Mr. Isaac Agarwal, President of Christ Embassy Trust, an NGO on 18th September.
- A talk on '**First Aid Techniques**' by Dr. Vimal Kant Yadav and Dr. Anjali Swain organized by Health and Counselling Cell .
- A Guest Lecture on '**Social Media & Cyber Crime**' by IPS Krishna Prakash on 16th Sep. organized by Dept. of Business Communication.
- A workshop on **GST** conducted by Career Guidance Cell and Department of Accountancy in association with Laqshya Institute of Skills Training On 22nd Aug.

Workshop on Revised syllabus of B.Com (Accounting & Finance) / B.Com (Banking & Insurance)



Chief Guest - Dr. S.T.Gadade, Dean, Commerce, workshop chaired by Dr. Kinnary Thakkar;
other speakers - Prof. Lalita Mutreja & Dr. Pooja Ramchandani

Composition of Internal Quality Assurance Cell 2017-18

Principal Dr. N.N. Pandey, Chairman of IQAC
Lion Sharad Ruia, Chairman of Governing Council
Lion Kanahaiyalal G. Saraf, Hon. Secretary of Governing Council
Prin. K.V.Venkatramani, Former Registrar of University of Mumbai
Prin. Dr. Ancy Jose, Principal of N.K. College, Malad.
Mr. Rajendra Sharma, Add. Gen. Manager, Bombay Stock Exchange Ltd.
Prof. Ms. Emelia Noronha, Coordinator of IQAC
Prof. Madhavi Nighoskar, Vice Principal, Degree
Prof. Subhashini Naikar, Vice Principal, SFC
Prof. Sharada Gaitonde, HOD – Commerce
Dr. Shiva Padme, HOD - Accounts
Dr. Kiran Mane, Exam Convener
Ms. Sheetal Shah, Librarian
Prof. Mahendra Pachadkar, Student Council In-charge
Mr. J.V.Gomes, Registrar
Ms. Rasika Patkar, Head Clerk
Prof. Kirti Sigtia, Assistant Professor
C.A. Durgesh Kenkare, Assistant Professor
Prof. Aditi Sharma, Assistant Professor
Mr. Atish Mistry, Technical person
Mr. Ashish Singh, Secretary – Alumni Association
Mr. Deepak Jha, Student Representative

*Quality
Circle*

Editors:

- Deepak
Jha

-Vishal
Jain

-Shweta
Jha

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