

DEPARTMENT OF LIFELONG LEARNING AND EXTENSION (DLLE)

"Distance shouldn't be a factor in learning but hard work, focus and hustle should be".

The Department of Lifelong Learning & Extension (DLLE) has been recognized as a Statutory Department of the University of Mumbai since 1994. It aims to promote a sustained rapport between the University & the Community. The Extension dimension of the Department facilitates the sensitization of the students to the socio-cultural realities. The department offers extension work projects encompassing social issues to the students.

The Department is spearheaded by Dr. Shami Nimgulkar- Kamble (Economics Department) & three most enthusiastic teachers Dr. Mahendra Pachadkar (Law Department), Mr. Sandeep Gupta (Mathematics & Statistics Department) and Ms. Priyanka Radhakrishnan (Self-Financing Courses). To ensure efficiency in the execution of the extension work & to assist the teachers in the work involved, the extension activity of the Student Managers was felt pivotal. The pillars of the department (Student Managers) were: Mr. Omkar Mahadik, and Mr. Adwait Khatu.

As per the University circular most of the extension activities were conducted online. To encourage students to join DLLE we made a promotion video that narrated the activities undertaken by DLLE in the yesteryears. The video was also uploaded on the college YouTube page (https://youtu.be/_IL0FXuwgKQ). The video was well received by everyone. On receipt of the circular from the university to enroll students, the Department of Life Long Learning & Extension (DLLE) of our college began the process of enrollment and we enrolled a total of 111 students for the academic year 2021-22.

The Department this year enrolled students under:
1) "Population Education Club (PEC)".

The purpose of PEC is to educate the present generation about population, development and environment for a better quality of life of their own and for their future generations.

The Extension work teachers and students attended the Extension work Training Program to implement activities in Online mode. The said program was held on ZOOM platform on 10th January, 2022 which was hosted by K. J. Somaiya College of Science & Commerce, Vidyavihar(East).

Our Field Coordinator Dr. Sulbha Raorane addressed & guided our extension students in both the terms. Her valuable guidance helped the students in completing their project work.

List of activities conducted in the Academic Year 2021-2022 are as follows

1) Inspire to Serve:

On behalf of the Lions Club of Malad Borivli along with Prahladrai Dalmia Lions College of Commerce and Economics that had organized a session inviting innovative ideas "Inspire to Serve." The Department of Lifelong Learning and Extension, DMC, NCC, EOC, Students' Council of our college proposed three projects. Out of these 3 projects, 2 projects were selected by the Lions Club of Malad-Borivli and they sanctioned Rs.10,000 each for executing the project at community level.

The details of the project are mentioned below:

PROJECT 1

A) Title of the Project: AATMANIRBHARTA SE ATMASANMAN

B) Names of Student (Leader + All Group Members):

- 1) Omkar Mahadik M.COM – I
- 2) Adwait Khatu M.COM – I
- 3) Tahir Idrisi TYBCOM A
- 4) Swarangi Joshi TYBCOM A

C) Details about the nature of assistance to be extended to the community:

i) Place selected for executing the project: Parivartansheel Sanstha, Kranti Nagar, Kandivali East.

Parivartansheel Sanstha is a registered organization focusing on the health, educational and economic issues of weaker sections and working in Kandivali and Malad suburbs of Mumbai since last 8 years. The organization was formed by the people living in the local community. Parivartansheel Sanstha was registered in October 2009 under the Society Registration Act 1860 and Bombay Public Charitable Trust Act 1950. All Donations given to Parivartansheel Sanstha are deductible under section 80 G.

ii) Nature of Assistance: The amount of Rs. 10,000 received from Lions Club of Malad Borivli was used to donate one sewing machine and some raw materials related to tailoring (Scissors, Canvas Paper, Threads –two boxes, Tape - One packet, Machine needles) to the community center started by the Parivartansheel Sanstha. The Sanstha was donated 2 sewing machines recently and our additional donation assisted them in carrying out the activity of imparting tailoring skills to women in the area more intensively.

After deliberating with the project in charge we understood that ideally a teacher charges a minimum of Rs.3,000/- per batch of an hour for a month. If two batches were to be made functional, the total cost of appointing a teacher was coming to Rs. 6,000 per month. We teachers (Dr. Shami Nimgulkar Kamble and Mr. Rajesh Ruke) have borne the cost and we paid the salary of one teacher for first three month (2 batches) which amounted to Rs. 18,000/-

iii) Outcome of the Project: 2 batches of 11 women each were made. Tailoring classes were being organized for them from 3.00 pm to 6.00 pm from Monday to Saturday. The classes began from 13th July 2021.

PROJECT 2

A) Title of the Project: Sanjay Gandhi National Park

B) Names of Student (Leader + All Group Members):

Omkar Mahadik	M.COM - II
Tahir Idrisi	TYBCOM A
Bhakti Joshi	TYBCOM A
Adwait Khatu	M.COM – II
Dhaval Haria (provided us with free transportation and packing of food kits)	Ex-Student

C) Details about the nature of assistance to be extended to the community:

i) PADA SELECTED: Chuna Pada, Sanjay Gandhi National Park.

ii) REASON FOR SELECTING CHUNA PADA:

Pre-Survey findings: On 30th June, 2021 we interviewed the officials of SGNP and members of Birsa Munda Adivasi Sangathana (a local NGO) and on the basis of information gathered from them we got to know that CHUNA PADA comprises of absolutely poor people and hence we decided to execute the project in the said pada. The said pada is approximately 4 kms from the National Park Main Gate and it is the last Pada. It is 2 kms prior to Kanheri Caves. We visited Chuna Pada and gathered primary information about the socio-economic status from the tribals.

All padas in National Park have no access to electricity or water. The tribals are not allowed to construct pucca houses; so, all the houses are kutcha houses made up of iron sheets. They cover their houses with plastic sheets in the monsoon to prevent water seepage. None of the houses have toilets. There is no mobile network at Chuna Pada.

Men are mostly employed as house - keeping staff by the forest officials and women work as domestic helpers. Children attend school in Abhinav Nagar and have to walk through a jungle area (1/2 hr one way) to reach the school. There is constant fear of animal attack and hence most parents are scared to send their children to school.

iii) NATURE OF ASSISTANCE EXTENDED: We carried out the donation camp on Saturday, 3rd July, 2021 at 2.00 pm in Chuna Pada, Sanjay Gandhi National Park With the help of financial assistance received from the Lions Club of Malad –Borivli, we donated a FOOD kit- Comprising of Rice (2KG), Wheat Atta (2 KG) and Oil (1 LITRE) to 29 families.

Few teachers (Mr. Rajesh Ruke, Dr. Shami Nimgulkar Kamble and Mr. Sachin Bansode) decided to make donations to 29 families. We also decided to donate stationery to 48 children (right from 1st standard till Second Year degree) of Chuna Pada. The details of donation made is listed below:

Sr.No.	Nature of Expenses (Details of Expenses)
1	Rice
2	Wheat
3	Oil
4	Torch
5	Long Books
6	Geometry box
7	Small Notebooks
8	Pencil box with Sharpener and Eraser
9	Pen Box
10	Small Scales
11	Slates and slate chalks
12	Sulekhan and other books
13	Crayons
14	Ear Phones
15	Pathya Pustak for 9th standard students

2) International Yoga Day:

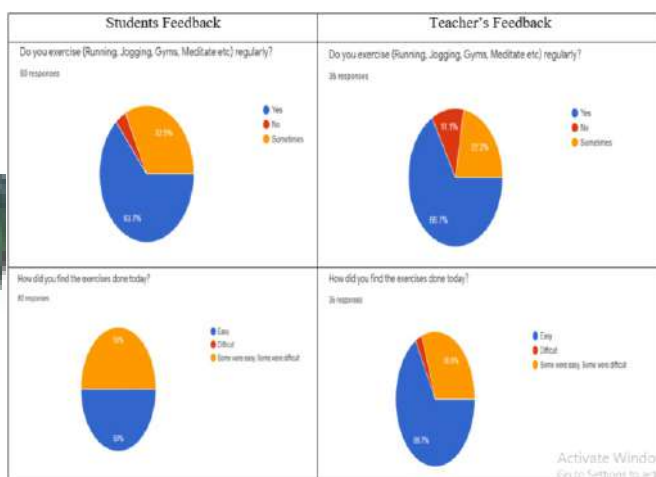
On the occasion of the 71st International Yoga Day, we conducted a live Online Yoga session for teachers and students on 21st June, 2021. The total number of participants were 80 students and 36 teachers.

"The essence of yoga is not to attempt to contort the body into inconceivable postures, but to attempt to attain, conserve and maintain a balanced-state of mind to start with and thereafter to transcend the mind, ego, intellect and then launch tangentially beyond to realize and remain established in the SELF." – Yoga Guru Shivalingam Pillai. All that one then does should be a step taken in this direction and the insight and balance derived 'ON THE MAT' from the practice of yogic techniques should be maintained throughout 'OFF THE MAT', implying that it should seep in, percolate and become an inseparable part of one's being and reflect in one's thoughts, words and deeds.

We were fortunate to have Yoga Guru Shivalingam Pillai, a trained Yoga Expert to guide us.

The said programme was organized by- DLLE, NSS, NCC, DMC, EOC and Student's Council.

The feedback for the programme conducted is mentioned below:



3) World Rose Day

Cancer is one of those deadly diseases which has a huge impact on a patient's mind and body. The taxing nature of the treatment makes things difficult for many patients and their caregivers. Therefore, World Rose Day is celebrated annually on 22nd September, to bring joy in their lives. So, we organized a "Click a Selfie" Competition and students were told to pose in a manner to cheer them on and remind them that they are not alone in the battle. We made a collage of all photos and decided to present it to Tata Memorial Cancer Hospital.



4) Global Hand Washing Day



DLLE celebrated Global Handwashing Day on 15th October, 2022. Students were required to make a 30 seconds creative video emphasizing the importance of hand washing. The content could be funny, serious, and explanatory.

5) 10-Day Sustainability Challenge

A 10 Day SUSTAINABILITY CHALLENGE !!		
20-11-21 I will not run the tap while brushing my teeth	24-11-21 I will carry a handkerchief & not a tissue paper	28-11-21 I will switch off the fans & lights when not required at home
21-11-21 I will not waste food on my plate	25-11-21 I will start carrying a cloth bag every time I step out	
22-11-21 I will not litter anywhere anytime	26-11-21 I will plant a sapling today & nurture it	29-11-21 I will start separating dry waste & the wet waste
23-11-21 I will switch off all devices, chargers on the wall when not in use	27-11-21 I will use a reusable bottle every time I step out of the house	

Students were given 10 different activities to perform for 10 different days. The aim behind organizing this activity was to foster habits to ensure long term sustainability of our planet. Students were required to click 2 photographs for each day.



Separation of Dry and Wet Waste



Carrying Cloth bag



Planting a sapling



Switching off the charger when not in use

6) Dil Ki Kalam Se

On the occasion of National Youth Day on 12th January, 2022, we decided to awaken the literary skills of our extension students. Students were required to pick up writing/poems of well-known authors/poets who have written extensively on youth and youth related topics. They were supposed to interpret it and write a summary of it in their own words.

7) **Muskaan** The following collage represents a few E-birthday cards of the many cards made by extension students for the orphans and senior citizens.



8) Thinking Beyond the Trash

Milk packets are made of virgin plastic. If disposed, it adds to environmental pollution. But, if recycled they can be used to make plastic chairs, dustbins, plastic pipes

Students were requested to collect these milk packets and bring them to college. It was a year-round activity.

The milk bags collected were sent to BMC Dry Waste Center at Dahisar for the purpose of recycling



9) National Voter Day

On the occasion of the National Voter Day on 25th January, 2022, students were required to make an E-Poster with quotes/pictures/slogans appealing to people to vote. The following collage represents few e-posters of the many e-posters made by the extension students.



10) Vaccination Drive Against Covid-19

College in association with Municipal Corporation of Greater Mumbai organized a Vaccination Drive against Covid-19 for our college students between 15 years to 18 years. Both doses -first and second were administered to the students on 9th February, 2022 and 12th March, 2022 respectively. The said activity was conducted jointly by DLLE, NSS, NCC, DMC, Student's Council, Leo Club and Junior College.

Number of Student Beneficiaries		
	On 9th February, 2022	On 12th March, 2022
Males	96	40
Females	73	52
Total	169	92

11) Blood Donation Drive

Our college in association with Lions Club of Malad-Borivli conducted Blood Donation Drive on 16th March, 2022 in the college gymkhana. It was organized jointly by DLLE, NSS, NCC, DMC, Student's Council, Leo Club and Equal Opportunity Cell.
Total number of students who registered for blood donation = 78
Total number of blood bottles collected = 66

12) Seminar on: Rights Under Indian Constitution

The Department of Business Law, Department of Economics and Foundation Course in association with DLLE organized the seminar on 10th January 2022.

13) ANVESHAN-National Student Research Convention

The Convention was organized by the University of Mumbai for identifying the young talents with aptitude of research. Two of our extension students- Mr. Omkar Mahadik (M.COM-II) and Ms. Bhakti Joshi (M.COM I) participated in the convention. In an attempt to foster the research and analytical skills of students, DLLE last year assigned few research topics to its students. Two of the best such research papers on – Changing Household Expenditure Pre & Post Covid and Exercise, Fitness and Meditation- Ways to Cope with Stress were presented by the students in the convention on behalf of our college. Their papers were based on primary research.

Every year the Department of Lifelong Learning and Extension, University of Mumbai organizes UDAAN-A FLIGHT TO EXTENSION (an inter-collegiate cultural fest). This year it was conducted ONLINE from 8th March, 2022 to 10th March, 2022. Our students participated in all the activities. The following table gives a detailed insight about the competitions and the students participating in it.

Sr.No.	M/F	Name of Student Participant	Class	Faculty
1. Video Making (Maximum 10) Topic / Theme: PRATIGYA KYA SACH ME?				
1	M	MAHADIK OMKAR ASHOK	MCOM-II	COMMERCE
2	M	KHATU ADVAIT SAMEER	MCOM-II	COMMERCE
3	F	NADWANA BHAGYAWATI VINOD	TYBCOM	COMMERCE
4	F	MORE ALPIKSHA BHASKAR	TYBCOM	COMMERCE
5	M	PATIL VEDANT NITIN	SYBCOM	COMMERCE
6	F	SAINI AMRITKUMAR HARINDER SINGH	SYBCOM	COMMERCE
7	F	GHOSH POOJA PINTU	FYBBI	COMMERCE
8	F	BAIRAGI SHILPA RAJ	FYBBI	COMMERCE
9	F	MALI VISHAKHA RAMESH	FYBBI	COMMERCE
10	F	KAMBLE SHRAVANI SUBHASH	FYBMM	COMMERCE

2. Powada Singing (Maximum 10)			Topic / Theme: SOCIAL ISSUES.	
1	M	MAHADIK OMKAR ASHOK	MCOM-II	COMMERCE
2	M	KHATU ADVAIT SAMEER	MCOM-II	COMMERCE
3	F	MORE ALPIKSHA BHASKAR	TYBCOM	COMMERCE
4	F	BANDRE SHRUTI SANTOSH	TYBCOM	COMMERCE
5	F	GHADGE LALITA RAJARAM	TYBCOM	COMMERCE
6	M	PATIL VEDANT NITIN	SYBCOM	COMMERCE
3. Poster Competition (Only 1) Topic / Theme: POPULATION EDUCATION CLUB.				
1	F	ICHALE SURBHI SACHIN	FYBBI	COMMERCE
4. Elocution (Only 1)				
1	F	GHAG GAURI NITIN	TYBCOM	COMMERCE
5. Creative Writing (Only 1)			Topic / Theme: EVIL SOCIAL PRACTICES	
1	F	KHATU AASTHA SAMEER	FYBMM	COMMERCE

Both student managers - Mr. Omkar Mahadik and Adwait Khatu were awarded the "Best Student Managers" for the year 2021-22 by the college for his untiring zeal to accomplish goals as student manager.

The Department is grateful for all the help & support provided by the Management, I/C Principal - Dr. Kiran Mane, Field Coordinator - Dr. Sulbha Raorane, teaching & the non-teaching staff.

Members:

Dr. Mahendra Pachadkar
Mr. Sandeep Gupta
Ms. Priyanka Radhakrishnan



Dr. Shami Ningulkar-Kamble
Convenor
Prahadrai Dalmia Lions College of
Commerce & Economics