## III AND EXTENSION

The Department of Life Long Learning \& Extension (DLLE) has been recognized as a Statutory Department of the University of Mumbai since I994. It aims to promote a sustained rapport between the University \& the Community. The Extension dimension of the Department facilitates the sensitization of the students to the socio-cultural realities. The department offers extension work projects encompassing social issues to the students.

The Department of Life Long Learning \& Extension (DLLE) of our college started the enrollment of students from the month of June and it enrolled a total of 154 students for the academic year 2017-I8.


The Department is spearheaded by Prof. (Ms) Shami Nimgulkar- Kamble (Economics Department) \& three most enthusiastic teachers Prof. Mahendra Pachadkar (Commerce Department), Prof (Mr) Sandeep Gupta (Mathematics \& Statistics Department) and Ms. Mani Govil (Self-Financing Courses). To ensure efficiency in the execution of the extension work \& to assist the teachers in the work involved, the extension activity of the Student Managers was felt pivotal. The pillars of the department (Student Managers) were: Chauhan Vishal, Chaurasia Khushboo, Jyoti Agrawal, Zufisha Shaikh, Raviraj Dudheria, Anshu Tiwari, Janita Rapaka, Vaibhavi Patel, Kajol Korgaonkar and Mehek Panchal. The Department was inaugurated at the hands of Principal Dr. N.N.Pandey.


The Department this year enrolled students under 2 extension work projects:
I)"Survey of Women's Status (SWS)" and
2) "Population Education Club (PEC)".

The purpose of SWS project is to make the students sensitized about the problems faced by women \& to generate a sense of realization among students to be a contributory factor towards their empowerment. Our students conducted a survey of women in the age group of 20-60 years. They interviewed 25 to 50 women each in the areas chosen under the project. These projects thus provide a forum for exchange of ideas, innovations, amassing knowledge \& provides a chance to increase the representative voice of those traditionally under served \& ignored in society.

The purpose of this initiative is to educate the present generation about population, development and environment for a better quality of life of their own and at their future generations.

## The Extension work teachers attended:

I) The First Term Training Programme at Patkar College, Goregaon (W) on 8th August 2017.
2) The Second Term Training Programme at St. Francis Institute, Borivali (W) on 6th December 2017. Our Field Coordinator Dr. Sulbha Raorane addressed \& guided our extension students in both the terms. Her valuable guidance helped the students in completing their project work.

As a part of the project work, students have also written essays of about 1500 words each on an array of social issues.

As a part of extension activity, 100 DLLE students participated in a massive tree plantation campaign at Manor, Palghar on Ist July 2017 and 2000 samplings were planted by extension students.


The Department organized Blood Donation and Blood Group Detection Camp on I5th September 2017.45 students registered their names for Blood Group Detection and 64 students donated blood. A blood group directory of 89 extension students was sent to the Department of Lifelong Learning and Extension, University of Mumbai.

The Department organized a One Day Workshop on 'Leadership and Responsibility' on 23rd September 2017. Mr. Amol Wagle, International Faculty of
 the Art of Living was invited. 80 DLLE students participated.

Through innovative techniques he helped students explore their inner selves and that too with so much fun and enthusiasm. The students were made aware about their sense of responsibility through interactive games and procedures. The techniques required for uncovering the leadership qualities were imparted. Students were made to observe a sense of trust, responsibility, team behavior, creativity through soul rendering processes. Students were also made aware of the role of life skills in understanding leadership skills and enhancing them. In a nutshell, this workshop helped students to break free their boundaries and unleash the power within. The workshop was a sincere attempt in infusing the qualities of leadership among the students and encourage them to become agents of social change.


Things that we consider as "normal" are beyond reach of many..... Things as simple as footwear.... which appears trivial... but is very important... Let us try walking on burning roads in the heat, or dusty terrains with thorns... We will not be able to sustain. Such is the pain that the deprived undergo and such is the terrible nature of their hardships. Their paths are laden with pain. A footwear is a source of great solace to their feet and minds. It makes a journey that much more bearable and enjoyable for so many, especially school kids.... There are city dwellers that would spend so much on pedicure and foot massages and there are some whose feet have endured heat, thorns and infections. Footwear is a first significant step in that healing...... The Extension Unit participated in a noble mission- "Nanhe Kadam- an initiative to help the needy to walk a mile" on Ist October 2017. Students collected 250 pairs of old footwear to be donated to Greensole Company. The Greensole Company converted them into comfortable footwear. These footwear were then donated to children in need.

On 14th November 20I7, a Diabetes Awareness Camp was conducted. It aimed at spreading awareness regarding the symptoms, preventive measures and curative measures among students. A question and answer round was held to clarify the doubts of the students with respect to diabetes. After the seminar a health checkup camp aimed at assessing the BMI was conducted.

The Department initiated "MUSKAAN"- a drive to spread smiles. This drive was conducted throughout the year. As a part of this drive, 15 groups of DLLE students comprising of 5 extension students each visited various orphanages in Malad, Borivali and Naigaon. The students interacted with the children and organized several competitions for them. They played games like cricket and basket - ball with them. They also taught them poems and made them recite after them. Extension students served them home-
 made food. Students donated stationary, drawing books, colours to them. The extension students also discussed about environmental issues with them and explained to them how they can be contributory factors in reducing the environmental hazards. Some students also spent time with families who were not blessed with an abode and also served them food.


Our extension students participated in the One Day Mega Medical Check-Up \& Distribution Campaign organized by our college at Osarvira- A tribal village in Palghar District on 7th January 2018. This campaign had twin objectives -i) To enable students understand the socio-economic realities of the under-privileged ii) To train students to grow up as responsible citizens without a selfcentered worldview.

As a part of this initiative, our extension students donated clothes, schools bags, shoes, utensils, toys etc. The medical practitioners were assisted by our extension students in carrying out the Medical Check - Up Campaign. To instill the qualities of research among our students, we also undertook a research project to assess the Socio-Economic Status of the Tribals in the said village.

We are proud to state that our college won the Second prize at inter-collegiate skit competition-UDAAN - 'A Flight to Extension' organized by the The Department of Life Long Learning \& Extension (DLLE), University of Mumbai on 20th January, 2018 at S.M. Shetty College, Powai. Our skit titled "Hamari Safety", performed at the UDAAN festival conveyed a strong social message of one's safety. The drama cited examples of recent calamities at Kamala Mills and Elphinston and emphasized the role every individual in averting such kind of calamities. The drama also spelled out the numbers to be contacted in case of emergencies. Our Drama Director- Mr. Rajendra Lokhande was the driving force in polishing the acting skills of our budding extension actors. Our extension work actors -Khusboo Chaurasia, Nousheen Khan, Chauhan Vishal, Sumbul Khan, Afia Khan, Govind Takle, Janita Rapaka, Vaibhavi Patel, Kajol Korgaonkar, Omkar Mahadik, Aakash Khaiwar, Mukesh Choudhary, Surekha Tiwari, Sujata Singh and Samrin Khan received words of appreciation from both the audience as well as the judges. The college felicitated their efforts and dedicated perseverance by awarding them cash prize on the occasion of Annual Prize Distribution Ceremony which was conducted on I 6th February, 2018.

Chauhan Vishal, Chaurasia Khushboo and Zufisha Shaikh were awarded the "Best Student Managers" for the year 20I7-I8 by the college.
A camp on 'Monitoring \& Evaluation' of Extension work projects was organized by The Department of Life Long Learning \& Extension, University of Mumbai at B.K.Shroff College, Kandivali (W) on I3th April, 2018.

The Department is grateful for all the help \& support provided by the Management, Principal Dr. N.N. Pandey, Field Co-ordinator Dr. Sulbha Raorane, teaching \& the non-teaching staff.



## Dalmia College NCC Unit,

3 Maharashtra BN, Army Boys, Mumbai Group A

This is fourth year of NCC unit in our college, as per the instruction of NCC BN, Total 50 cadets were enrolled. As per the BN instruction $30 \%$ of Girls Cadets enrolled in this academic year 2017-2018 of total strength.

Regular weekly parade has been conducted on every Saturday since June 2017 ,the cadets participated in number of events held at the college and battalion level. Such as International yoga day on $2 \mathrm{I} / 06 / \mathrm{I} 7$, Independence Day, Blood Donation Camp on 15/09/17, Tree Plantation Camp (Van Mahotsav) on 0I/07/I7, Swacchata Abhiyan, Road Safety event, Annual Sports Day Parade, Osarvira village project, NCC days, Republic Day and Dahisar River March Event. Our cadets attended 76 camps at the State and National level.

## Achievements of NCC cadets:

- SUO Pradeep Pathare was selected for all India Thal Sena camp which was held at Delhi (National level).
- CDT Hari Singh Rajput was selected for State and National Rifle Shooting competition which was held at Pune and Vadodara. He also attended the special NIC camp which was held at Tejpur , Assam.
- CDT Shubham Mishra and CDT Vipin Tiwari were selected in PRE RDC Camp which was held at Ghatkopar, Mumbai.
- CDT Garunyadav was selected for Inter-Group State Level Competition which was held at Amravati, Maharashtra.
- CDT Vishal Gupta, CDT Lavlesh Tiwari and CDT Deepak Yadav attended the NIC camp which was held at Colaba, Mumbai.


## Special Achievement of NCC Unit:-

CDT Vishal Gupta is selected in INDIAN ARMY IN MARATHA LIGHT INFANTRY REGIMENT, Belgaum, Karnataka.

Our second and third year cadets appeared for ' B ' and ' C ' CET examination which was held at D. G. Ruparel College, Mahim, Mumbai and CHM college, Ulhasnagar.

## Following five students were

## honoured with special prizes:-

Best Cadets-SUO Harisingh Rajput Best Drill- CSMDeepak.S. Yadav Best Turnout- CDT Vikas Yadav Best Command-CQMS Amit Yadav Special Achievement-SUO Pradeep Pathare

Following Cadets will Shoulder the responsibility of NCC Next year:-SUO- Harisingh Rajput
JUO- Ashutosh Suresh Singh
CSM- Deepak.S. Yadav
CQMS- Devang Oza


Dr. Kiran Mane
Lt. Commander

## National Service Scheme (NSS)



NSS Orientation week: On 25th September NSS week with various competitions on different days. Participants were in large numbers. The NSS week consisted of events such as fine arts, dancing, singing, sports, poetry etc.

## Highlights of the NSS Unit

Ek Muthi Anaj Project: Ek muthi anaj collection drive started from 4th to 14th October, inauguration to the event was done by our respected principal- Dr. N.N. Pandey and Vice Principal Madhavi Nighoskar, Dr. Rajesh Bombe and Dr. SunitaTidke. Rice collected was donated to a needy area. The success of this event left everyone amazed as the amount or rice collected was unexpected. This event was published in the newspapers too.

Around 1385 kg was collected from our college students. This rice was distributed to the villagers of Mangaon on 28th October. Around 15 volunteers joined in the distribution. Volunteers also conducted some lectures, played games and arranged a cultural programme for the villagers.

Blood Donation Camp: On I 2th, I 3th and I 4th September awareness was spread among the college students for donating blood. On I 5th September, Blood Donation Drive was organized. Total no. of registrations: 203. Total no. of blood bottles collected: I70 and Total no. of students whose blood groups were identified: II5 (students who were not eligible to donate blood) The blood donation camp was indeed a great success.

Thalassemia Awareness: On 20th , 22nd\& 26th July NSS unit B-26 conducted a Thalassemia Awareness Screening Camp was organised by the students of NSS and Lions Club for college students and staff. During the course of period each and every student took an initiative to perform the needful work and also every individual was hosted by each NSS volunteer. It was indeed a huge success for the NSS Team and also the Blood Samples collected were 548 samples. The doctors and the NSS volunteers played a great role in making the camp a huge success.

Green Sole Project : On 26th, 28th and 29th September, old shoes were collected by the NSS volunteers on account of Green Sole. And on I st October, the NSS unit B-26 conducted an event named as Green Sole. The collection started 5 days prior to the main event. Old shoes were collected by Green Sole , a company that recycled the old into new footwear which were donated to the poor children.


Yoga Camp - College and University Level: 17th June to 21 st June the NSS unit of our college conducted sessions on yoga. The chief guest was Mrs. Silky Agarwal who spread among the students the importance of Yoga and also taught them various Asanas.


Anti Narcotics Day : On 28th June NSS Unit organised a Seminar on Anti Narcotics. The Mumbai Police and the team taught the students about the anti narcotics. A skit was first performed by a group of volunteers on the topic. The NSS unit visited the Narcotics Control Bureau accompanied by the campaign 'SAY NO TO DRUGS'.

Voter Id Registration: On Ist July NSS unit B-26 of our college conducted a voter ID drive for the students as well as people in the nearby area from Ist to 3 Ist July. On 25th January, the voter-id forms of 25 students were filled by the NSS unit B26

Tree Plantation: On Ist July NSS unit conducted a Tree Plantation event at manor. Volunteers planted around 964 saplings. 53 volunteers joined this event.

Mother Foundation NGO Visit: On 4th July NSS unit visited Mother Foundation NGO. A survey was conducted along with various activities.

Mumbai University Foundation Day: On I7th July the NSS unit visited Mumbai University on the account of Foundation Day.
Paper Bag Making: On 18th July our unit organised a paper bag making event, in which 65 volunteers participated and made 500 paper bags.
World Population Day: On 20th July NSS unit B-26 celebrated World Population Day. Prof. Shardha Gaitonde gave an informational speech on world population. Prof Rajesh Bombe discussed about the population. 33 volunteers attended.

Environment Protection Seminar: On 2 Ist July Public Concern Trustorganizedat University Level a seminar in the college auditorium on 'Environment Protection'.

SwachtaAbhiyan Street Play: On 28th July about 20 students from the NSS unit organised performed a street play at Malad Railway Station .
Talk on Anti Narcotics: On 29th July an lecture on Anti Narcotics was conducted. Ms. B. K. Shobha who guided the students regarding the harmful effects followed by insisting on quitting tobaccos, smoking, and various drugs and also spread the vibes to live a healthy life.
, a talk on 'Substance Abuse' was conducted in the auditorium of 'Lala Lajpat Rai College' which as attended by our NSS volunteers.

Rakhi Selling: From 3 I st July to 4th August, the NSS volunteers sold rakhis made by the specially-abled children.
Session on First Aid: On Ist August, a seminar on First Aid was conducted by Dr. Prasad Pandkar who is MD, P.h. DSCH who is an associate professor in BVDU college of Ayurveda in Pune. On 27th September, few NSS students performed a street play in the college foyer area. On 8th December, the NSS volunteers spread awareness regarding HIV among the people in the society.


## Cleanliness drives:

Swachta Sapthaha: On IstAugust, an oath for Swachata was taken by the NSS unit B-26 Team. Campus Cleaning: On 2ndAugust, The NSS unit B-26 team cleaned the college campus being a part of the swachta shappath. Class Room Cleaning Project: On 3rdAugust, the class rooms of Prahladrai Dalmia Lions college were cleaned by the NSS team. Playground Cleaning: On 4thAugust, the NSS volunteers participated in the cleaning of the college playground. Library Cleaning: On 5thAugust, the cleaning of library was conducted successfully.

On 26th January, the day was started with flag hoisting then the NSS volunteers headed the SWACHH DALMIA where the whole college was cleaned by the volunteers.

Cleaning Drive in Tandulwadi: On 6thAugust, the NSS volunteers visited Tandulwadi for a cleanliness drive. They cleaned the place with enthusiasm and dedication. Cleaning Slum Area Near College: On 7th August, the slum area near our college was cleaned by the NSS volunteers. It was indeed a success and also a feeling of satisfaction was built among the volunteers for doing something for the society. Swachta Awareness: On 8th August, firstly students were educated on the importance of swachhta, its effects on the society and future generations. Awareness was spread among each $n$ every child about swachhta. Road Cleaning: On IOth August, cleaning of roads of Sunder Nagar had taken place. On I7th September, a poster making competition was held on Swachhta Abhiyan wherein the NSS volunteers took an active part.

Swachta Awareness at NGO: On IIth August, Swachta awareness and cleaning up session was conducted at the Mother Foundation NGO. Awareness near Bus Stop: On 12th August, awareness was spread near the bus stops as littering takes place around it.

Rakshabandhan Celebration: On August 5th, Raksha Bandhan was celebrated with our respected Principal, Teaching Staff, and Non-Teaching Staff. On 6th August, RakshaBandhan was celebrated with Police Officers.

Waste Management: On 5th August a programme on 'Waste management' was conducted. The distinguished guests were Susheel Jaju, Pranav Panchal , Deepak Thakur, Anand Upadhyay and Pallavi Upadhyay. Mr. Susheel Jaju taught the students about waste segregation. On 18th October, Waste management project awareness was spread among
 the people outside the college. Another programme was organized on IOth December. On 5 th January, The waste management techniques were taught to the volunteers. On 13th and 23rd January, Waste management techniques were taught to NSS volunteers. On 7th and 8th February, there was seminar on the waste management where the NSS volunteers had participated and had gone to Mittal College. Our 2 NSS Volunteers Had Participated In 2 Days Non Residential Camp.

On IIthOctober, the Nss Unit B-26 of PrahladraiDalmia Lions College started a new project i.e. Waste Management Segregation in our college. This project was inaugurated by the Principal and Vice-Principals. The waste management team gave training to the volunteers how to segregate the waste and do proper waste management..

International Peace Day: On 6thAugust, a seminar was held in the college auditorium on peace.
Dengue And Malaria Project: On 8th August, Malaria and Dengue workshop was conducted in the auditorium of Valia C.L. College, Andheri. It spread awareness regarding the symptoms and cures.

Ganpati Bandobast: On 5th September, the IOth day of GanpatiVisarian, the NSS volunteers took up the duty at Marve Junction, Vile Parle, Juhu and Mithchowky signal. Each volunteer took an initiative to help the traffic police and follow the traffic signals.
Beach Cleaning: On 6th September, after the GanpatiVisarjan, all volunteers helped in cleaning the Marve beach. On 17th January, Beach cleaning was done at Aksa beach by the NSS volunteers.


LTC Camp: The following volunteers completed the 5 day Leadership Training Camp from 17th to 2 I st August:Vivek Yadav, Krisha Henia, Komal Sharma and Gokul Gupta.

Akshara Women Empowerment: On 22nd August, personnel from the Akshara Women empowerment conducted a workshop for the NSS volunteers.

Mother Foundation NGO Visit: On 10th, 24th August, I3th September, 20th November, 4th 9th, 16th , 23rd and 28th January the NSS volunteers visited the mother foundation NGO and educated the students also singing and dancing was taught to the students conducting various other activities.

Teaching Dance: On Ist September, NSS unit B-26 adopted an NGO for the academic year 20I7-18 'Vallabhas Darga Indian Society for Mentally Retarded'. On 2nd, 6th and 8th

September, NSS volunteers taught the inmates dance and conducted various activities.
Rally to Save Rivers:On Ist September, the NSS team took out a rally at Malad, in which 83 students participated. The students generated awareness among the locality areas, streets, and fellow passengers by marching a rally along with slogans indicating SAVE WATERSAVE LIVE, RALLY FOR RIVERS. On 4th February, our volunteer take part in save river at Dahisar.

Special Camp: From 24th to 30th December, there was 7 days special camp at Tandulwadi, Saphale. There were many social activities undertaken by the NSS volunteers which worked for the betterment of the people in the village.

Kachra Mukt Bharat: From 5th to 9th January, an initiative taken by few NSS volunteers under the guidance of Shri. ShrikantParab with a motive to make India, a 'Zero Garbage' nation with the waste management plan introduced by Mr. Shrikant Parab. On 9th January, petitions were signed by majority of the students in support of the great step for a better developed India. Not only the college students but also from the localities if the students in charge. More than 300 petitions were signed. On 25th January, Selfie with kachra, a unique concept was brought up. The best selfies with kachra got some amazing prizes.

NDRF Training at National College: On I3th and 14th February, our 2 NSS Volunteers participated in the 2 Day Non Residential Camp organized by NDRF and NSS Unit of National College.

Poster Making: On 16th January, the NSS intercollegiate competition was held which had poster making competition on the topic YUVA -THE POWER OF NATION which involved participation of the NSS volunteers.

Disaster Management: On 18th January, techniques to the NSS volunteers were taught regarding how the natural calamities and different disasters could be managed.

## Flag Collection:

On 27th January, the NSS volunteers commenced the collection from college covering the area till the Malad station. There were many flags collected by the volunteers which was then kept safely by the NSS secretary.

Polio Immunization Camp: On 28th January, there was polio immunization camp which was undertaken by the volunteers
Our NSS unit participated in the following event at the university level: Peace Day on 13th August. The Red Ribbon Club workshop on HIV/AIDS on 23rd August; on 4th September, a talk on India - China-Pak Dosti at St. Xavier's college, NSS Foundation Day: On 24th September, at Mumbai University. Global Peace \& Prosperity organized by the Brahmakumaris on 27th August; Waste Management Seminar on 2nd September, Shubhmahotsav on Ist October, seminar on the 'Unity In Diversity' on I5th January, Blind walk session was conducted on
12 thOctober, a session was held on corruption its ill effects on 13th October,

## Other activities :

On 12th January, the NSS volunteers participated in the quiz competition on the occasion of National Youth Day. On 26th September, essay writing and paper bag making competitions were held in the college auditorium. On 25th September, a poster making competition was held on road safety. On 29th September, organ donation awareness session was organized. On Ist October, health checkup camp was conducted in the college for the students as well as the college staff. On 2nd October, a rally Swachh Bharat Sach Hoga was conducted by the NSS volunteers on the streets outside the college. On 2nd October, Bhajansandhya was held. On 25th November, a street play was performed on the streets by the NSS volunteers on acid attacks. On 4th December, Street play was performed on HIV \& AIDS by the NSS volunteers. On 7th December, poster making competition took place in the college premises. On 7th January, Marathon run was for the cause where the NSS volunteers had participated. On 19th January, the guest lecture by Mr. Narendra Lokhande on Organ Donation was for the NSS volunteers. The form was filled by the volunteers for organ donation. On 19th January, the lecture was based on the preaching and teaching on Swami Vivekananda for the NSS volunteers. On 20th January, the NSS volunteers had performed a street play Yuva Hi Sakti Ha showing the youth's power. On 14th November, a health checkup camp was conducted for the people outside the college. On 6th December, a session was held on HIV. Awareness was spread among the students. On 9th January, Healthcheckup of the volunteers included the Blood pressure Check, DIABETES check up was organized. On I5th January, the NSS volunteers were informed with the road safety rules. On I5th January, many NSS volunteers had participated who had made many best out of waste items. On 7th January, the NSS volunteers participated in Rizvi College in Bandra for the NSS intercollegiate competition 'United Way'. On 7th and 8th February, Self-defense training was given to NSS volunteers at Thakur stadium.

Prof. Rajesh Bombe, Programme Officer<br>Dr. Sunita Tidke, Programme Officer<br>Prof. Kulwant Desai, Programme Officer<br>Prof. Rahul Pandya, Programme Officer



# The Dalmian Community Project: Osarvira, palghar 

Conducted by: Extension Units - DLLE, NSS, NCC \& Students' Gouncil



The word Social Responsibility is very significant in today's time when deprivation, inequality and suffering are staring us in the eye even as the per capita incomes increase and the middle class inches upward.

It reminds us to "Look beyond, I, me, myself and my Circle".... to reach out and contribute to society in whichever way we can... Things that we take for granted such as clean clothes, medical attention and education and sanitation are indeed a luxury for so many of our fellow human beings... Therefore, it is our primary responsibility or very duty as human beings to make a positive difference.... in whatever way we can.

Poverty, food prices and hunger are inextricably linked. Poverty causes hunger. Not every poor person is hungry, but almost all hungry people are poor. Millions live with hunger and malnourishment because they simply cannot afford to buy enough food, cannot afford nutritious food. Hunger can be viewed as a dimension of extreme poverty. It is often called the most severe and critical manifestation of poverty.

Rural households are the most heavily burdened by the consequences of poverty and hunger. In addition to causing hunger, poverty limits a rural community's ability to invest in its own development. Recognizing the urgency of this issue, our college along with the Lions Club of Malad Borivli decided to take a step towards uplifting the status of the marginalized in its own small way.

We can serve others in endless ways by using our own creativity and imagination. When one looks for opportunities, it is easy to locate small ways to help even amidst busy daily routines. In line with the theme of the extension unit of "Reaching the Unreached", it was decided to carry on the assistance programme more intensively and extensively with the necessary aid from Lions Club of Malad - Borivli in the adopted village Osarvira, Taluka: Dahanu in Palghar District. The village is situated 120 kms from Mumbai.


A need assessment survey was conducted for determining and addressing needs and identifying "gaps" between current conditions and desired conditions. Data was elicited from the former Sarpanch -Mr. Naresh Korda, Rozgar Sevak, Mr. Dilip Korda and teachers of Zilla Parishad Schools Mr. Rajeshwar Biradar and Mr. Deepak Sonawane. This survey helped in clearly identifying the problem and for directing the resources towards developing and implementing a feasible and applicable solution.

Service, whatever form it takes, is the flow of love from one human being to another. Sincere giving -- without any expectation of return -- breaks the boundaries of conditional love and expands our ability to love every human being unconditionally. As a small medium of contributing towards society, we conducted a One Day Mega Medical Check - Up and Distribution Campaign in the adopted village - Osarvira on Sunday, 7th January, 2018 along with 40 committed student volunteers and II degree college teachers. Committed students of extension unit (DLLE, NSS, NCC) and Students' Council helped in undertaking this project. Teachers who contributed their time and energy for this campaign are: Ms. Sharada Gaitonde, Dr. Shiva Padme, Mr. Rajesh Ruke, Ms. Shami Nimgulkar- Kamble, Mr. Sachin Bansode, Ms. Emelia Noronha, Dr. Rajesh Bombe, Dr. J.P.Yadav, Mr. Sandeep Gupta, Ms. Harshada More and Ms. Divya Waghela

A day prior to the campaign, a group of 3 volunteers (Mr. Jitesh Hatle, Mr. Vishal Chauhan and Mr. Vipul Patel) along with 2 teachers visited the village for pre-camp arrangements in order to facilitate smooth execution of the campaign on the said day. Items for donation were off-loaded from the truck and were neatly divided and arranged and banners and arrows for directions were put up on the highway and all other necessary and relevant places in the village.


# The Dalmian Community Project: 

 Osarvira, Palghar
## Aglimpse of activities conducted:

I) Distribution of Bedsheets, Soaps:

Service is our own inner joy pouring forth into action. It is not a compulsion, duty or uncomfortable obligation, but instead a natural state of mind that is poised to offer what is needed according to time, place and situation. Seva connects us to others and makes them a part of us. The barriers dissolve that separate our happiness from their happiness. Lingering moods of unhappiness or depression dissipate when our focus is on helping someone else. We come to realize that the true measure of our lives is not how much we have gained for ourselves, but how much we have given to others.

Around 200 people were donated bedsheets and 500 pieces of Soaps were also donated to school children and villagers.

## 2) Medical Camp:

The Health Care Camp was one such special initiative by the Lions Club of Malad- Borivli to meet the immediate health care needs of the marginalized community in remote rural areas.

The medical camp lasted throughout the day. Around 300 patients took benefit of this camp. Women primarily suffered from backache as they had to fetch water from long distance. Vitamin tablets were administered to them. The men were found to be suffering with health issues related to heavy drinking. Many cataract patients were also diagnosed. Most of the children suffered from
 severe problem of scabies. Students were given ointments, soaps and medicines free of
 cost. All the patients were given general medicines and those who were found to be having larger health issues were advised to visit the general hospital at the earliest.

## 3) Donation of Footwear, toothbrush, toothpaste, chocolates and biscuits to School

 Children:Things that we consider as "normal" are beyond reach of many..... Things as simple as footwear.... which appears trivial... but is very important... Let us try walking on burning roads in the heat, or dusty terrains with thorns... We will not be able to sustain. Such is the pain that the deprived undergo and such is the terrible nature of their hardships. Their paths are laden with pain. A footwear is a source of great solace to their feet and minds. It makes a journey that much more bearable and enjoyable for so many, especially school kids.... There are city dwellers that would spend so much on pedicure and foot massages and there are some whose feet have endured heat, thorns and infections. Footwear is a first significant step in that healing......

After realizing these hardships faced by school children from a pre-camp survey, footware were donated to 250 school children of three Zilla Parishad Schools. This step was highly appreciated by the school authorities and the smiling faces of the children drenched the souls of all present with a sense of fulfillment. 250 Toothbrushes and toothpastes each were also donated to these children. Chocolates and biscuits were also donated. There was a special magic show arranged for the school
 children which they thoroughly enjoyed.


# The Dalmian Community Project: 

 Osarvira, PalgharGonducted by: Extension Units - DLLE, NSS, NCC \& Students' Gouncil

## 4) Donation of Cupboards, Tables and Chairs to School:

Steel Cupboard, tables and chair were donated to the Zilla Parishad schools.

## 5) Donation of Chairs to the BAYAP Hall:

30 plastic chairs were donated to the community hall.

## 6) Donation of Sarees, Towels and Mats:

One in five citizens in India-that's 270 million people-live at or below the international poverty line of US\$I. 25 a day, according to The World Bank.

They live with what they wear on their bodies. While food and clothing are both basic necessities, India's poor generally prefer the former over the latter for obvious reasons. For many, clothing remains an unfulfilled need their whole lives. 200 women were donated sarees and mats and 200 men were donated towels.

## 7) Donation of Sewing Machines:

To generate self-employment in villages, 10 sewing machines were donated to women who had formally received training in stitching.

## 8) Anaaj-Dan:

200 poorest of the poor families were identified and they were donated- Tur Daal, sugar, edible oil and salt.

## 9) Inauguration of Lions Medical Centre:

The adopted village lacked basic health infrastructure and the immediate health relief is available only 10 kms away from the village. This situation called for timely care and diagnosis. The Lions Club of Malad-Borivli after realizing the gravity of the problem, constructed the Lions Medical Centre (permanent project) with an intention of providing charitable medical services to 5000+ neighboring villagers. The Lions Medical Centre was inaugurated by the Chief Guest: DG Lion Sunil Patodia.

The Lions Medical Centre was constructed due to the sincere efforts and commitment of Lion Atit Ruia-President Lions Club of Malad-Borivli, Lion Rajesh Jain- Secretary, Lions Club of Malad-Borivli, Lion Amit Agarwal- Treasurer, Lions Club of Malad-Borivli and Lion Manish Nemani- Chairman, Lions Club of Malad-Borivil.

## 10) Donation of Clothes and Cloth Pieces:

250 villagers were donated clothes. 1000 unstitched pure cotton cloth pieces were also donated.
All the above mentioned donations and contributions were possible due to the special and concerted efforts of the President of Lions Club of Malad-Borivli, Lion Atit Ruia and other Lion members.



The students and teachers of our college in their own small way also made valuable donations. Details of donation are mentioned below:

## I) Donation of Clothes, Utensils, Stationary:

It is tested and proven that when service is made as the biggest agenda in life, it eliminates fear, brings focus to our mind, purposefulness in action and long term joy. When service is done, it brings naturalness and human values back to the society. For the young, spirituality is all about bringing out the sharing quality in the Haves while enabling self-confidence in the Have-nots. This campaign aimed to foster these values among students. There were explicit twin objectives: i) To enable students understand the socio-economic realities of the under-privileged ii) To train students to grow up as responsible citizens without a self-centered worldview.

Students from our college donated clothes for people across different age group. Utensils and stationary items (books, pencils, scales, erasers, sharpners) were also donated by students.

## Lessons Learnt........

The Intention Matters and Not the Labels... The nobility and genuineness of the act matters, not how it is packaged and classified. It is not just the contribution, but the underlying intention and urge to be useful to society that counts. These are times when we must rise beyond all likes and dislikes, broaden our horizons, enhance our vision and look beyond our narrow confines.
These are times to make a positive difference and touch lives and heal them. Isn't this intention more important than details of classification and labeling. We must be true to our conscience and do our very best.

The extension unit is grateful for all the help \& support provided by the President of Lions Club of Malad- Borivli, - Lion Atit Ruia and other Lion members, Management and Principal Dr. N. N. Pandey. We would also like to extend our heartfelt thanks to all the teachers for their generous contribution and donation towards making this campaign a great success.

Last but not the least, a big thank you to all the student volunteers who selflessly and untiringly worked towards gathering and disseminating the resources among the less fortunate.

Dr. Shami Nimgulkar-Kamble
Project Co-ordinator


Students' Council is a Statutory Body of students and supervised by the teachers. The purpose of the Students' Council is to give students an opportunity to develop leadership by organizing and carrying out college activities and service projects. It is the only apex body formed to act as a link between the students and the college authorities for resolving various issues in respect of students. In addition to planning events that contribute to the Institutional spirit and community welfare, the Students' Council is the voice of the student body. They help share student ideas, interests and concerns with the school wide community.

As per circular no. 27/of 2018 of Department of Student's Welfare, University of Mumbai, election for the Post of general secretary was held on 7th February 2018. Following is the Statutory Body of Students' Council that was formed for the Academic Year 2017-I8.

## STUDENTS' COUNCIL 2017-I8

## Activities Conducted:

## HIV Awareness Campaign

Aids awareness programme was conducted by Students' Council in collaboration with Committed Communities Development Trust (CCDT) on 4th December, 2017 (Worlds Aids Day). 350 to 375 students participated in the Campaign in which they were imparted education related to HIV/AIDS

## Tie and Saree Day

On Ist of March 2018 Students' Council organized 'Tie and Saree Day' for which a small competition was held in the College Auditorium. In which overall 40 students actively participated. Ms. Cynthia Fazer from FYBMS was awarded the Prize of 'Best Girl in Saree' and Mr. Joel Rodrigues the 'Best Boy in Tie'.

## Traditional Day

On 5th of March 2018, 'Traditional Day' was organized in which a small competition was held in the college auditorium. In which 34 students actively participated. Ms. Nimisha Surolia from FYBMM was awarded the 'Best Girl in Traditional Costume' and Mr. Balaji Padyachi of TYBCom was awarded the 'Best Boy in Traditional Outfit'.

## Twinning Day

On 8th of March 2018 Students' Council had organized Twinning Day. The competition was held for the best twinning pair, overall 20 couples were participated. Among them

| Name | Designation | Class |
| :--- | :--- | :--- |
| Jeetesh Hatle | General Secretary | Mcom I |
| Harsh Biyala | Cultural Secretary | SYBCom |
| Vivek Yadav | N.S.S Secretary | MCom II |
| Shubham Mishra | N.C.C Secretary | TYBCom |
| Madhav Yadav | Sports Secretary | MCom II |
| Chhayavanshi Pal | Lady Representative | TYBCom |
| Ruchi Sharma | Representative | FYBCom |
| Siddhesh Vichare | Representative | SYBCom |
| Amit Bandre | Representative | SYBCom |
| Shaikh Tabassum | Representative | TYBCom |
| Raviraj Dudheria | Representative | TYBMS |
| Navel Nazareth | Representative | TYBMM |
| Kalpesh Valve | Representative | SYBIM |
| Mayank Gehlot | Representative | FYBFM |



## Back to School Day

On 12th of March 2018 Students' Council organized 'Back to School Day’ for which a small competition was held in the college campus in which almost 64 participants were participated. The winners for the competition were Sapna Yadav of FYBCom and Ravi Shankar Jha of SYBCom.

## Joint activities:

(I) Osarvira Project:-Inauguration of Lions Medical Centre.

Lions Club of Malad-Borivli Charitable Trust Inaugurated A Lions Medical Centre at Orsarvira a Tribal Villge in Palghar District on 7th of March2018 along with Members of Students \& DLLE Team. The Campaign had objectives of awareness amongst the students in respect of Social Responsibility towards Society and enables them to understand the
 difficulties facing by tribal people. Clothes collected and segregated by students and Plastic Chairs, Sewing Machines, Clothes, were donated by Lions Club of Malad-Borivli Charitable Trust were distributed. The Students' Council volunteered in this project.

## (ii) Blood Donation Camp

Blood Donation Camp was organized in the College in collaboration with Lions Club of Malad-Borivli Charitable Trust with the help of Students Council, DLLE, NSS and NCC. Highest number that is 170 blood bottles were collected and II5 blood groups were identified in the said camp.

## Farewell Function of Final Year Students

The Farewell Function for Final Year students was held 28th March 2018. The college bid a farewell to the outgoing students wherein the Principal and teachers wished all Good Luck and the students related their reminiscences, the fond memories of the years gone by and the cherished moments spent in the college.

Our Students' Council Representatives who worked very enthusiastically for the Council were: Raviraj Dudheria, Vipul Patel Dhawal Haria and Tabassum Shaikh. The Students' Council would like to thank Management Members, Principal, Vice-Principal Degree College and Self Financed Courses, IQAC Coordinator and all Teachers of Degree College and Self Financed Courses for their guidance and support.

Prof. Mahendra Pachadkar - Convenor Prof. Sandip Gupta \& Prof. Rupali Mishra - Members


