Institution for Computer Training & Over All Development of Blind, Visually Impaired and Low Vision Project of Basudeo Bubna Memorial Trust- Reg. No.E17891

Voice Vision in association with the Lifesupporters Institute of health sciences, organized a one of its kind workshop on first-aid and self safety specially designed for the people across disabilities on Sunday, June 10, 2018 at Prahladrai Dalmia Lions College, Malad (W). This kind of a workshop has been conducted for the first time in India for the benefit of those persons with disabilities.

The aim of this training was to eradicate the common perception of "People with Disabilities cannot be of help to the society by large, as they themselves require assistance on different fronts especially self-safety."

Titled "The First-Aiders Training for Disabled" was a great success. The event began by welcoming everyone with an auspicious Inauguration ceremony by lighting the lamp and continued till breakfast. The training workshop commenced at 9:45 am and went on till 5:30 pm, being a day long workshop with an equal mixture of theoretical explanations and practical demonstrations. It gave the people with disabilities an overview of what should or should not be done in various situations such as epilepsy, fainting, dehydration, breathing problems, bleeding, applying bandage, fractures, burns, snake bites, cardiac attacks, etc alongside hands-on experience of preventing bleeding, applying bandage, CPR and allied.

In order to make this training more effective, the trainers and volunteers were subjected to a small sensitization workshop conducted by the members of Voice Vision, a week prior to this event, which equipped the trainers and volunteers to get familiarized with the basic ways and techniques to address people with varying disabillities. The Lifesupporters' team of trainers and volunteers made special modifications to accommodate practical demonstration where ever necessary for optimum understanding of the techniques by disabled. They also focused on providing individual attention to every participant, thereby making their experience of learning more value-driven.

This training program granted a sense of empowerment and self-efficiency to people with a great diversity in disabilities. This was done with a vision to create an inclusive platform by bringing different disabled people together and creating an opportunity for them to experience the efficiency and wide range of possibilities in handling the same situations.

## Additional information of Voice Vision and lifesupporters:



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Voice Vision is an organization working towards an over all development of people with various disability since last 18 years and successfully imparts computer education to visually impaired students. Majority of the students, with the help of their sheer determination, hard work and the knowledge gained here, have succeeded in reaching heights of success in their respective professions. This organization have also conducted various events such as Across Disability Matrimonial Get-together and award scholarship to under graduate visually impaired.

Life Supporters Institute of health sciences was formed with the intention of promoting Emergency and Critical Care education modules to save lives and to create cadre of trained professionals.