



**PRAHLADRAI DALMIA LIONS COLLEGE OF  
COMMERCE & ECONOMICS**  
ISO 9001: 2015 Certified

**NOTICE**

**DATE – 31<sup>st</sup> March 2021**

All the students of degree college and self financed courses are hereby informed that on 2<sup>nd</sup> April 2021, NSS UNIT B26 and Health and Counselling Cell is organising a workshop on Yoga which would be beneficial to the students . The seminar will be conducted online on google meet on 10am onwards .

**Dr. Rajesh Bombe**  
**Convener, Health and Counselling  
Cell**

DI/N-STD/GEN/00



**Dr. Kiran Mane**  
**I/C Principal**



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**REPORT**

**Workshop on Yoga**

Date :- 02/04/2021  
Place :- Google meet  
Professor:-Dr Rajesh Bombe  
Total participants :-44  
Male :- 20  
Female:-24  
Schedule:- 10am to 12pm

Here was Yoga Session conducted by the Yoga Committee of NSSunitB26 and the start of the event was with our NSS song. And then One of our secretary practically showed us that how to do Suryanamaskar and Anulom vilom and she explained it, step by step.

**Dr. Rajesh Bombe**  
Convener, Health and Counselling  
Cell

DI/N-STD/GEN/00



**Dr. Kiran Mane**  
I/C Principal

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400064. Tel.: +912228725792 ♦ 28732270 ♦ E-  
mail: [dalmialionscollege@gmail.com](mailto:dalmialionscollege@gmail.com) Website: [www.dalmialionscollege.ac.in](http://www.dalmialionscollege.ac.in)



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TO,

Ms. Bhagyavati Nandwana

Mr. Sujit Yadav,

Ms. Aarti Jaiswal

Sub: Invitation for giving an Workshop on Yoga

Dear Sir/ Madam,

We are conducting workshop for our students to provide them guidance on Yoga. The Event will take place on 2<sup>nd</sup> April 2021.

Students will be benefited from her experience and knowledge. Hope you will consider the request and oblige.

Thanking You.

Yours Sincerely,

Dr. Kiran Mane

I/C Principal

DI/N-STD/Gen/00

**Dr. Rajesh Bombe**  
Convener, Health and Counselling  
Cell



**Dr. Kiran Mane**  
I/C Principal

DI/N-STD/GEN/00



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Dear Sir/ Madam,

At the outset, We would like to thank you for giving your precious time and

guiding our students on “Workshop on Yoga ” 2<sup>nd</sup> April 2021

The lecture delivered by you was excellent and beneficial to both students and teachers.

Thank you very much for your cooperation and guidance.

Thanking You.

Yours faithfully,

**Dr. Rajesh Bombe**  
Convener, Health and Counselling  
Cell


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

























**Dr. Kiran Mane**  
I/C Principal

Name of Subject: Yoga

Class: H.C.S.E. Date: 21/12/21 Academic Year: 2020-21

Name of Teacher in charge: Dr. Rajesh Chandra Signature of Teacher: 

Sr. No.	Roll No.	Name of student	Signature
1	Sy Bcom	Han Jkabal	
2	Ty Bcom	Kedar Rashmi	
3	Sy Bcom	Mishra Shwet	
4	Sy Bcom	Muskan Singh	
5	Ty BAF	Raj Anjali	
6	Sy Bcom	Yash Shukala	
7	Ty BAF	Thakur Anjali	
8	Sy Bcom	Patil Heeresh	
9	Sy Bcom	Patel Tisha	
10	Sy Bcom	Pandey Shubham	
11	Ty Bcom	Rashmi Gupta	
12	Ty Bcom	Kajal Panale	
13	Ty Bcom	Pooja Prajapati	
14	Ty Bcom	Pandey Shuman	
15	Sy Bcom	Ash Shrotri	
16	Sy BAF	Aditya Mishra	
17	Sy Bcom	Mali Chachni	
18	Sy Bcom	Kazi Sana	
19	Sy BAF	Gupta Jotyji	
20	Ty Bcom	Charan Tomari	
21	Ty Bcom	Batsya Anchal	
22	Ty Bcom	Ansari Zaid	
23	Ty Bcom	Basera Rishab	
24	Ty Bcom	Anchal Bagat	

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PRAHLADRAI DALMIA LIONS COLLEGE  
OF COMMERCE AND ECONOMICS  
SUNDER NAGAR, MALAD  
MUMBAI - 400 064



Prahladrai Dalmia Lions College of Commerce & Economics  
Sunder Nagar, Malad (W), Mumbai-400 064.  
Bridge Course - Attendance Report

Name of Subject: Yoga  
Class: HCSC Date: 2/2/21 Academic Year: 2020-21  
Name of Teacher in charge: Dr. Rajesh Bhandari Sign. of Teacher: [Signature]

Sr. No.	Roll No.	Name of student	Signature
25	SyBcom	Amalini Chintan	[Signature]
26	SyBcom	Anshika Jadhav	[Signature]
27	SyBcom	Disha Dave	[Signature]
28	SyBcom	Chaudhary Mamata	[Signature]
29	SyBcom	Jain Lalita	[Signature]
30	SyBcom	Kanajiya Seetal	[Signature]
31	SyBcom	Jha Khoshaboo	[Signature]
32	SyBcom	Gupta Durgaa	[Signature]
33	SyBcom	Muskan Singh	[Signature]
34	PYBcom	Chakraborty Pinky	[Signature]
35	PYBcom	Arista Rajan	[Signature]
36	PYBcom	Khushi Patra	[Signature]
37	PYBcom	Kumarth Jayati	[Signature]
38	PYBcom	Seema Rawal	[Signature]
39	PYBcom	Plak Rajput	[Signature]
40	PYBcom	Sumya Debey	[Signature]
41	PYBcom	Gupta Sonam	[Signature]
42	PYBcom	Pal Vipin	[Signature]
43	PYBcom	Bhavana Patel	[Signature]
44	PYBcom	Mohit Vishwakarma	[Signature]
			[Signature]

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MUMBAI - 400 064.

REC




Shivalingam Arum...



D661-Isha



Mr. Rajesh




Dr. Shami



Prof. Priyanka



Mr. Sandeep



You



Mr. Bishr

94 others

REC



Dr. Mahendra



Shivalingam Arumu...



Prof. Priyanka



Yadav Jay Prakash joined





REC



101 others

REC



Shivalingam Arumugam



Mr. Sandeep



Prof. Priyanka

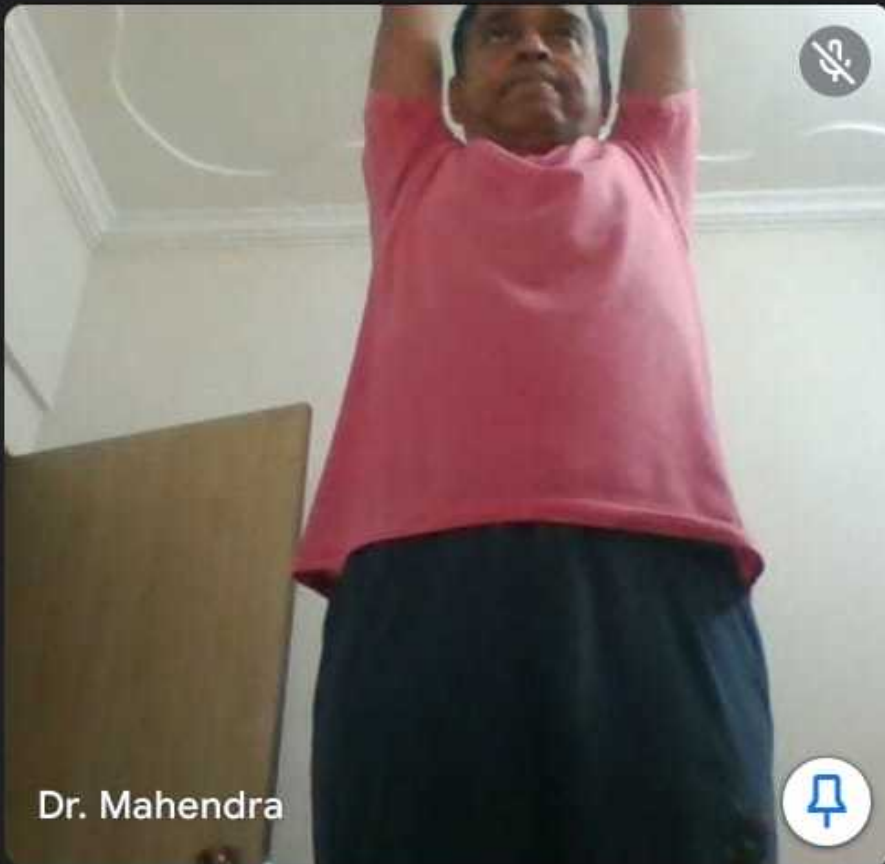


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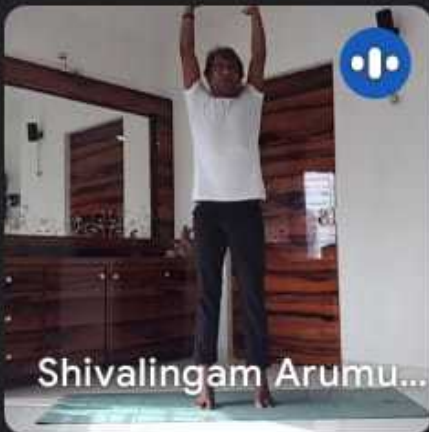


Dr. Shan 103 others

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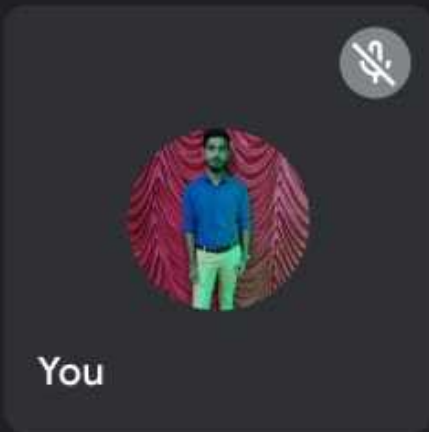
Dr. Mahendra



Shivalingam Arumu...



Prof. Priyanka

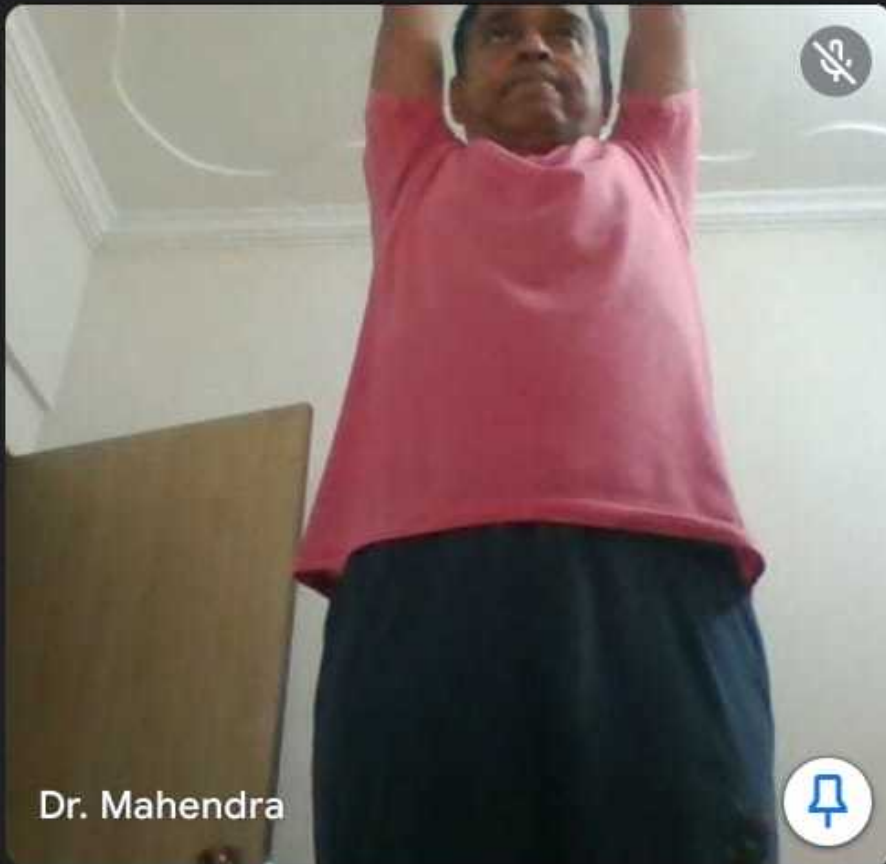


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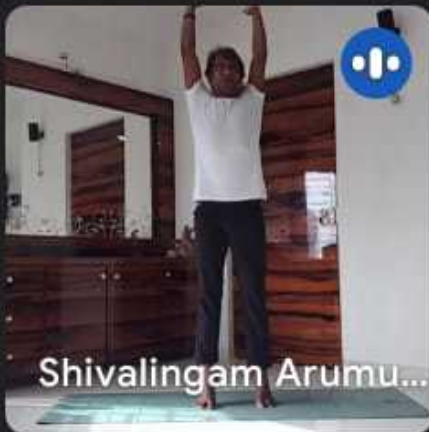


Dr. Sha 106 others

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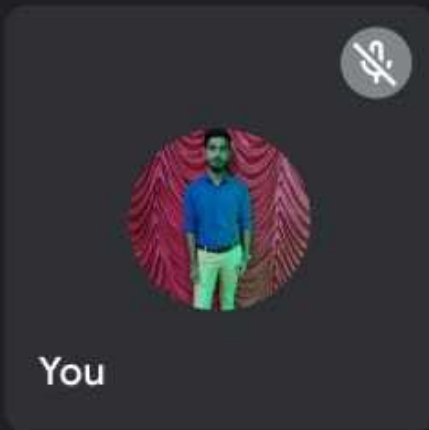
Dr. Mahendra



Shivalingam Arumu...



Prof. Priyanka



You



Dr. Sha 106 others





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Shivalingam Arumugam



Mr. Sandeep



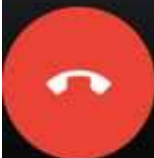
Prof. Priyanka



You



Dr. Sha 108 others



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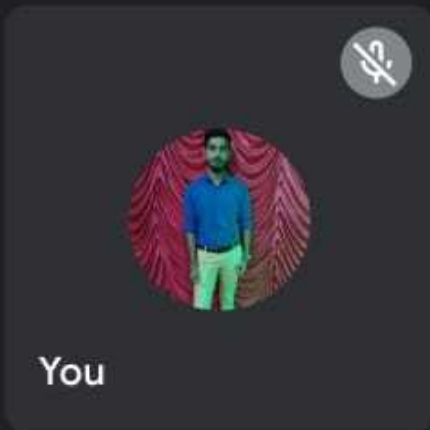
Sharada



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Prof. Priyanka



You



Dr. Shan 110 others



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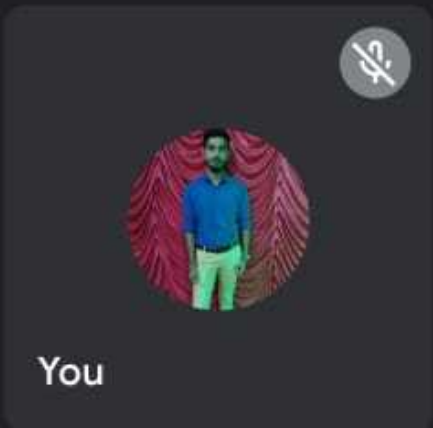
Shivalingam Arumugam



Dr. Shami



Prof. Priyanka



You



Mr. Sand110 others

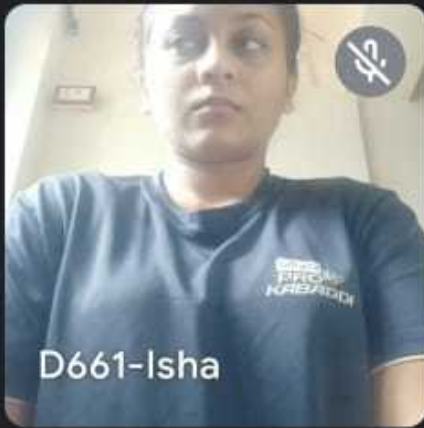
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Shivalingam Arum...



Mr. Rajesh



D661-Isha



Dr. Shami



Prof. Priyanka



Ms. Madhavi



You



Mr. Bishn 91 others

