



**PRAHLADRAI DALMIA LIONS COLLEGE OF  
COMMERCE & ECONOMICS**  
ISO 9001: 2015 Certified

**NOTICE**

**DATE – 7th February 2021**

**All the students of Degree college and Self-Financed courses are hereby informed that on 9<sup>th</sup> February 2021 , NSS UNIT B26 and Health and Counselling Cell is organising a webinar on self defence . Which would be beneficial to the students . The webinar will be conducted online on google meet on 10am onwards .**

**Dr. Rajesh Bombe**  
Convener, Health and Counselling  
Cell



**Dr. Kiran Mane**  
I/C Principal

DI/N-STD/GEN/00



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**REPORT**  
**Self Defence**

**Date :- 09/02/2021**  
**Venue:- Google meet**  
**Professor:-Dr Rajesh Bombe**  
**Total participants :-48**  
**Male :- 20**  
**Female:-28**  
**Schedule:- 10:00am to 12:30pm**

**On 9th February 2021, our NSS unit B26 and Health and Counselling Cell had organized a Self Defence Training session on Google meet which was very helpful for us.**

**The session was held on Self-Defense topic it was held on online platform. The guest speaker was Ram Kotap he briefed on self-defense and also had showed some self-defense techniques to the volunteers in all there were 48volunteer 20 male 28 female volunteers participated in the event.**

**Dr. Rajesh Bombe**  
**Convener, Health and Counselling**  
**Cell**



**Dr. Kiran Mane**  
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TO,

Mr. Ram Kotap

Sub: Invitation for giving an webinar on Self Defence.

Dear Sir/ Madam,

We are conducting Guidance Lecture for our students to provide them guidance on Self Defence. The Event will take place on 9<sup>th</sup> February 2021.

Students will be benefited from her experience and knowledge. Hope you will consider the request and oblige.

Thanking You.

Yours Sincerely,

Dr. Kiran Mane

I/C Principal

DI/N-STD/Gen/00

**Dr. Rajesh Bombe**  
Convener, Health and Counselling  
Cell



**Dr. Kiran Mane**  
I/C Principal

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TO,

Ram Kotap

Dear Sir/ Madam,

At the outset, We would like to thank you for giving your precious time and guiding our students on “ Self Defence ” dated 9<sup>th</sup> February 2021.

The lecture delivered by you was excellent and beneficial to both students and teachers.

Thank you very much for your cooperation and guidance.

Thanking You.

Yours faithfully,

**Dr. Rajesh Bombe**  
Convener, Health and Counselling  
Cell



**Dr. Kiran Mane**  
I/C Principal

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Prahladrai Dalmia Lions College of Commerce & Economics  
Sunder Nagar, Malad (W), Mumbai-400 064.  
Bridge Course - Attendance Report

Name of Subject: Self Defence

Class: HCSC Date: 9/12/2021 Academic Year 2021-2021

Name of Teacher in charge: Dr. Rajesh, Barbe Sign. of Teacher: [Signature]

Sr. No.	Roll No.	Name of student	Signature
1	20	Vadav Sujit	[Signature]
2	21	Vadav Amisha	[Signature]
3	22	Vadav Aarti	[Signature]
4	618	Zaveri Amisha	[Signature]
5	261	Darige Rahul	[Signature]
6	807	Dubey Anay	[Signature]
7	808	Dubey Samruha	[Signature]
8	809	Dubey Bhageshwari	[Signature]
9	810	Grand anchal	[Signature]
10	716	Ghusalki Vishaka	[Signature]
11	712	Gupta Vijay	[Signature]
12	815	Gupta Sonam	[Signature]
13	817	Jabale Bhavika	[Signature]
14	204	Jain Shrinivasa	[Signature]
15	208	Kushaha Shreyam	[Signature]
16	209	Lokhande Anita	[Signature]
17	110	Panai Manoj	[Signature]
18	15	Nagde Rachini	[Signature]
19	19	Oza Kiran	[Signature]
20	26	Oza Hitakshi	[Signature]
21	26	Panab Vinin	[Signature]
22	25	Nanday Shavya	[Signature]
23	24	Parad Jakeshee	[Signature]
24	23	Patel pinki	[Signature]

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HC - PRINCIPAL  
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MUMBAI - 400 064.





**Prahladrai Dalmia Lions College of Commerce & Economics**  
 Sunder Nagar, Malad (W), Mumbai-400 064.  
 Bridge Course - Attendance Report

Name of Subject: Self Defense  
 Class: 11 Date: 12/12/21 Academic Year: 2020-2021  
 Name of Teacher in charge: P. Rajesh Bhandari Sign. of Teacher: [Signature]

Sr. No.	Roll No.	Name of student	Signature
25	<del>501</del> 501	Bhawika patil	[Signature]
26	<del>508</del> 508	Vaishnavi patil	[Signature]
27	501	patil yashmin	[Signature]
28	503	Prayanati Anand	[Signature]
29	201	prachi priyanka	[Signature]
30	256	Rajbihari nooju	[Signature]
31	266	Rajprachi Lalita	[Signature]
32	263	Seema Rawal	[Signature]
33	271	Ruchi Rawool	[Signature]
34	281	Sankal Rupali	[Signature]
35	822	preeti saw	[Signature]
36	891	Rajiv Shaikh	[Signature]
37	1000	Latika Shirokar	[Signature]
38	101	Vipin Shukla	[Signature]
39	102	Amesh Shukla	[Signature]
40	103	Singh Kaju	[Signature]
41	105	Anchal Soni	[Signature]
42	117	priyanka Soni	[Signature]
43	118	Dipali Soni	[Signature]
44	119	Shalu yadav	[Signature]
45	120	Amit yadav	[Signature]
46	121	Ravi yadav	[Signature]
47	224	nooju yadav	[Signature]
48	256	patil yadav	[Signature]

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