

PRAHLADRAI DALMIA LIONS COLLEGE OF COMMERCE & ECONOMICS

ISO 9001: 2015 Certified

NOTICE

DATE – 27th February 2021

All the students of degree college and self-financed courses are hereby informed that on 29th February 2021, NSS UNIT B26 and Health and counselling cell is organizing a seminar on mental health, Which would be beneficial to the students. The seminar will be conducted at the google meet on 10am onwards.

PSD

Dr. Rajesh Bombe Convener, Health and Counselling Cell

DI/N-STD/GEN/00



Dr. Kiran Mane
I/C Principal



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REPORT

Mental health

Date:-29/02/2021

Venue:- Google meet

Professor:-Dr Rajesh Bombe

Total participants:-30

Male :- 17 Female:-13

Shedule:- 10am to 12pm

Guest:- Ms. Parul

The session was started With our NSS Anthem followed by the speech of our program officer Dr Rajesh Bombe Sir. He introduced the guest speaker Parul Ma'am. Then it was over to Parul Ma'am and She gave a brief idea about the topic 'Mental Health Awareness'. Then she presented her screen showing the presentation and ask few questions regarding it. After that she took A 5minutes meditation and told the volunteers to on their camera and join her in the Meditation. Then she asked the review from each person that how was the session and Are they all satisfied with it. At 12pm the session comes to end.

Dr. Rajesh Bombe

Convener, Health and Counselling Cell

DI/N-STD/GEN/00



Dr.KiranMane
I/C Principal



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TO,

Dr. Neha Smita Lal

Sub: Invitation for giving a Webinar on Mental Health.

Dear Sir/ Madam,

We are conducting Guidance Lecture for our students to provide them guidance on Mental Health. The Event will take place on 29th February 2021.

Students will be benefited from her experience and knowledge. Hope you will consider the request and oblige.

Thanking You.

Yours Sincerely,

DI/N-STD/Gen/00

MOP

Dr. Rajesh Bombe Convener, Health and Counselling Cell

DI/N-STD/GEN/00



Dr. Kiran Mane
I/C Principal



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TO.

Dr Neha Smita Lal (Master degree in Psychiatry).

Dear Sir/ Madam,

At the outset, We would like to thank you for giving your precious time and guiding our students on "Mental Health" dated 29th January 2021.

The lecture delivered by you was excellent and beneficial to both students and teachers.

Thank you very much for your cooperation and guidance.

Thanking You.

Yours faithfully,

MAP

Dr. Rajesh Bombe Convener, Health and Counselling Cell

DI/N-STD/GEN/00

Dr. Kiran Mane

I/C Principal



Prahladral Dalmia Lions College of Commerce & Economics Sunder Nagar, Malad (W), Mumbal-400 064.

Bridge Course - Attendance Report

Name of Subject:

Mental health

Class: HC&C Date: 29 1121 Academic Vent 2020 - 2021

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Prahladrai Dalmia Lions College of Commerce & Economics Sunder Nagar, Malad (W), Mumbal-400 064.

Bridge Course - Attendance Report

Bridge Course - Attendance
Name of Subject: Mental Health
Class: H(& C Date 29) of 2) Academic Year 2020 - 2 Name of Teacher in charge: De fajos he Bom Sign. of Teacher:
Name of Teacher in charge: Dr fa ch Sam Bign, of Teacher

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