



Prahladrai Dalmia Lions College of Commerce & Economics
Sunder Nagar, Malad (West), Mumbai, 400 064

Date:-25th August, 2019

The Department of Economics & Foundation Course in association with Health & Counseling Cell of our college is organizing a talk on 'Stress Management and Motivation', by Mr. Nilesh Mandlecha (Psychologist, MBA- HRD) on 10th September, 2019.

The Counseling Cell has invited Mr. Nilesh Mandlecha for counseling our students.

We request our students to register their names with Prof. Seema Shukla to book a counseling session on 10th September, 2019.

All the students are requested to assemble in the auditorium at 10.00 a.m.

MM Nighoskar

Prof .Madhavi Nighoskar
(Vice-Principal)

Dr. N.N. Pandey

Dr. N.N.Pandey
(Principal)

DI/N-T/Gen/00





Prahladraj Dalmia Lions College of Commerce & Economics

Sunder Nagar, Malad (W), Mumbai-400 064.

Activity Attendance Report

Name of Activity: Stress Management & Motivation

Name of Subject / Association: Dept of Economics & Foundation Course

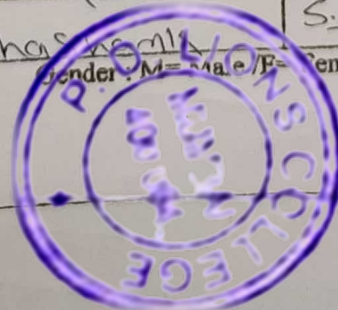
Class: Degree Date: 10/09/2019 Academic Year 2019-2020

Name of Teacher in charge: _____ Sign. of Teacher: _____

Sr. No.	Roll No.	Name of student	Signature	Feedback	Gender
67	105	Dalvi Gaurav		A	m
68	335	Kendale Nikita		B	f
69	890	Talloy Kiran		B	f
70	455	Rajwal Jil		B	m
71	940	Tibari Azad		A	m
72	489	Pandey Ashish		A	m
73	490	Pandey Prasant		B	m
74	35	Bhatt Priya		A	f
75	38	Bhor Shrutika		A	f
76	695	Sah Sumit		A	m
77	385	Kajal Singh		A	f
78	90	Dave Tushi		B	f
79	415	Nikam Siddhesh		B	m
80	280	Gupta Ankita		A	m
81	225	Kusum Daya		B	f
82	75	Chourasia Pooja		B	f
83	467	Rebate Rohit		B	f
84	435	Kulkarni Gayatri		B	m
85	995	Vishwakarma Shweta		B	f
86	402	mane Vivek		B	m
87	497	Kodiya Yash		C	f
88	278	Jha Shashank		A	f

Feedback :
A = Good
B = Satisfactory
C = Unsatisfactory

DI/R-A/Gen/01





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Activity Attendance Report

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Name of Subject / Association: Dept. of Economics & foundation course

Class: degree Date: 10/1/2019 Academic Year 2019-2020

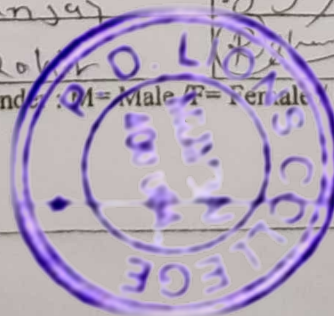
Name of Teacher in charge: _____ Sign. of Teacher: _____

Sr. No.	Roll No.	Name of student	Signature	Feedback	Gender
89	539	Pathak Paras	Paras	A	F
90	845	Raval Yash	Yash	A	m
91	535	Lokani Viraj	Viraj	B	F
92	245	Gupta Sonu	Sonu	B	m
93	87	Chobhani Mohan	Mohan	B	F
94	115	Jaiswar Narendra	Narendra	B	F
95	116	Jaiswar H. Jayanti	H. Jayanti	A	F
96	515	Patel Vipul	Vipul	A	m
97	915	Yadav Raj. Rajkumar	Rajkumar	A	F
98	935	Tilwani Neeraj	Neeraj	A	F
99	995	Uyas Abhay	Abhay	A	F
100	485	Rathod Gautam	Gautam	A	m
101	535	Jadhav Sonam	Sonam	A	F
102	25	Badiwal Kamlesh	Kamlesh	C	F
103	385	Patel Ramesh	Ramesh	A	F
104	440	Malviya Sanjay	Sanjay	A	m
105	275	Jain Rishub	Rishub	B	m
106	685	Singh Rachna	Rachna	A	F
107	720	Shah Rekha	Rekha	A	m
108	55	Bohra Anand	Anand	A	F
109	89	Bist Sanjay	Sanjay	A	m
110	889	Sharma Rohit	Rohit	B	F

Feedback :
A = Good
B = Satisfactory
C = Unsatisfactory

Gender : M = Male F = Female O = Other

DI/R-A/Gen/01





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Sunder Nagar, Malad (W), Mumbai-400 064.

Activity Attendance Report

Name of Activity: Stress management & Motivation

Name of Subject / Association: Dept of Economics & foundation course

Class: Regre Date: 10/9/2019 Academic Year 2019-2020

Name of Teacher in charge: _____ Sign. of Teacher: _____

Sr. No.	Roll No.	Name of student	Signature	Feedback	Gender
111	289	Jain Jay	J.Jag	A	F
112	315	KumbharKar vipul	V.Kumbhar	B	m
113	839	Yadav vipin	Yadav	B	F
114	909	Tarun A Solanki	Tarun	A	m
115	215	Crushwin Rohit	Crushwin	A	m
116	915	Praful Tiwari	Praful	B	m
117	255	Divya Dharmamurali	Divya	A	m
118	85	A. Bhosle Pranjali	A. Bhosle	A	m
119	25	Preerna Bumbharapu	Preerna	A	m
120	415	Madhavi Varsha	Madhavi	A	F
121	844	Yadav Ashish	Ashish	B	12



Gender : M= Male /F= Female / O = Other

Feedback :
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B = Satisfactory
C= Unsatisfactory



Prahladrai Dalmia Lions College of Commerce & Economics
Sunder Nagar, Malad (West), Mumbai, 400 064

11-09-2019

REPORT
On
STRESS MANAGEMENT & MOTIVATION

The Department of Economics & Foundation Course, organized a workshop on 'Stress Management & Motivation' on 10th September, 2019 at 10.30 a.m by Mr. Nilesh Mandlecha - (Psychologist, MBA- HRD). The audiences were a mix of First year, Second year and Third year degree college students and staff. In all 55 students attended the workshop. The workshop was made enthusiastic and lively by explaining through Kabir Doha.

MM Nighoskar

Prof .Madhavi Nighoskar
(Vice-Principal)

Dr. N.N.Pandey
(Principal)

DI/N-T/Gen/00





Date: 01st September, 2019

To,

Mr. Nilesh Mandlecha,

Subject: Invitation as a Guest Speaker on the **'WORKSHOP ON STRESS MANAGEMENT AND MOTIVATION'**

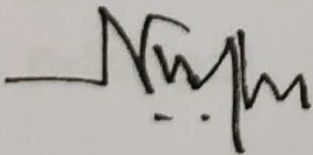
Respected Sir,

We would like to invite you as a **Guest Speaker for the 'WORKSHOP ON STRESS MANAGEMENT AND MOTIVATION'** organized by the Department of Economics and Foundation Course and IQAC of our college on 10th September, 2019.

We will be highly obliged if you send your consent as soon as possible.

Thank you,

Yours truly,



Dr. N.N. Pandey
Principal



Received
N. Mandlecha



**Prahladrai Dalmia Lions College of Commerce &
Economics**

Sunder Nagar, Malad (West), Mumbai, 400 064

Date: 10th September, 2019

To,

Mr. Nilesh Mandlecha,

Respected Sir,

We greatly appreciate that you accepted our invitation and consented to be the **Guest Speaker for the 'WORKSHOP ON Stress Management & Motivation'** organized by the Department of Economics and Foundation Course and IQAC of our college on 10th September, 2019.

Yours truly,



Dr. N.N. Pandey
Principal

Received
N. Mandlecha