



# PRAHLADRAI DALMIA LIONS COLLEGE OF COMM. AND ECO.

Sunder Nagar, Malad (W), Mumbai-400 064.

Attendance Sheet for the year 2017 Class: Bcom Date: 10/8/17

Name of Activity: Stress Management & Motivation

Name of Subject / Association: Foundation Course.

Name of Teacher: Ms. Seema Shukla Signature of Teacher: Seema

Sr. No.	Roll No.	Name of student	Signature	Feedback : A = Good B = Satisfactory C = Unsatisfactory
1	257	Komal Gupta	Komal	
2	209	Aaliya Khatoon	<del>Aaliya</del>	
3	760	Santosh S. Singh	Santosh	
4	385	Ajesh R. Mawrya	Ajesh	
5	200	Shubham Sandesh Gupta	Shubham	
6	246	Narendra R. Jaiswal	Narendra	
7	196	SANDEEP P. GUPTA	Sandeep	
8	195	Rohit Gupta	Rohit	
9	181	Deepa Gupta	<del>Deepa</del>	
10	674	Pavan Sharma	Pavan	
11	390	Harshad R. Meurga	Harshad	A
12	539	Pooja Dinesh Kumar Rajbhar	Pooja R	A
13	166	Gauram Neha Gautam	Neha	A
14	380	Mallik Nagma Babbar	Mallik	C Sy B-com
15	487	Arushi Pandey	Arushi	A
16	413	Krishnakant Mishra	Kant	A
17	569	Sachin Rai	Sachin	A
18	368	Krishna Koshwaha	Krishna	B
19	197	Sanjana Gupta	Sanjana	B
20	177	Ankita Gupta	Ankita	A
21	188	Pinky Gupta	Pinky	A
22	832	Ruby Yadav	Ruby	A
23	189	Preeti Gupta	Preeti	A
24	693	Sushma Sharma	Sushma	A





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Name of Activity: Stress Management & Motivation

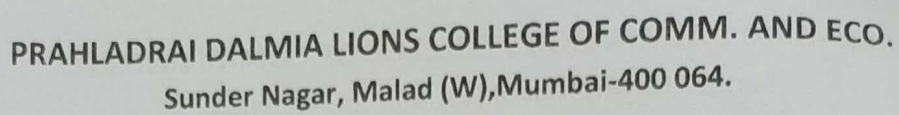
Name of Subject / Association: FC

Name of Teacher: Seema Shukla Signature of Teacher: [Signature]

Sr. No.	Roll No.	Name of student	Signature	Feedback : A = Good B = Satisfactory C = Unsatisfactory
1	310	Jha shimpi	shimpi	
2	394	Meenaxi Karishma	Karishma	
3	307	Neha Jha	Neha	
4	398	Kajal Mishra	Kajal	
5	386	Sonam Maurya	Sonam	
6	403	Shweta Mishra	Shweta	
7	421	Sweta Mishra	Sweta	
8	378	Mandaliya Mittal	Mittal	
9	381	Sayali Manjekar	Sayali	
10	60	Ashwini Chetty	Ashwini	
11	92	Dixit Shweta	Shweta	
12	74	Dahiya Sangeeta	Sangeeta	
13	497	Aditi Medekar	Aditi	
14	523	Kaishali Patel	Kaishali	
15	536	Snehal Pawar	Snehal	
16	87	Khushboo. N. Dedhiya	Khushboo	
17	84	Kirati Dave	Kirati	A
18	112	Shivani Bhunad	Bhunad	A
19	931	Jain bitesh kumar	Bitesh	A
20	991	Purushit Deepak	Purushit	A
21	73	Mohan. M. Choudhary	Mohan	A
22	362	Leekhandi. R. Sneha	Sneha	A
23	58	Chauda. Plinal. K	Plinal	A
24	315	Shikha Joshi	Shikha	A







Name of Teacher: \_\_\_\_\_ Signature of Teacher: \_\_\_\_\_

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PRAHLADRAI DALMIA LIONS COLLEGE OF COMM. AND ECO.

Sunder Nagar, Malad (W), Mumbai-400 064.

Attendance Sheet for the year 2017 Class: B10m Date: 10/08/17

Name of Activity: Stress management & motivation

Name of Subject / Association: FC

Name of Teacher: Seema Signature of Teacher: RS

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# PRAHLADRAI DALMIA LIONS COLLEGE OF COMM. AND ECO.

Sunder Nagar, Malad (W), Mumbai-400 064.

Attendance Sheet for the year \_\_\_\_\_ Class: \_\_\_\_\_ Date: <sup>th</sup> 10 Aug, 2017

Name of Activity: Stress Management & Motivation

Name of Subject / Association: Foundation Course

Name of Teacher: Seema Signature of Teacher: [Signature]

Sr. No.	Roll No.	Name of student	Signature	Feedback : A = Good B = Satisfactory C = Unsatisfactory
1	616	JIL Rawal	[Signature]	A*
2	81	GURPREET KAUR	[Signature]	A
3	484	Madhura Panchal	[Signature]	A
4	483	Neha pal	[Signature]	A
5	554	Mehar D. Panchal	[Signature]	A
6	490	Sanjana Pandit	[Signature]	A
7	519	Varsha Pawar	[Signature]	A
8	68	Milan Choudhary	[Signature]	A
9	20	Karan Bagaria	[Signature]	A
10	81	Poulomi Das	[Signature]	A*
11	109	Jay Dave	[Signature]	A
12	89	Rahul Devda	[Signature]	A
13	110	Pooja choudhary	[Signature]	A
14	482	Vashvi Oka	[Signature]	A
15	461	Chaitali A.B. Modak	[Signature]	A
16	455	Lakshya Beda	[Signature]	A
17	256	Sakshi Shetty	[Signature]	A
18		Prof Divya Waghela	[Signature]	

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# PRAHLADRAI DALMIA LIONS COLLEGE OF COMM. AND ECO.

Sunder Nagar, Malad (W), Mumbai-400 064.

Attendance Sheet for the year \_\_\_\_\_ Class: \_\_\_\_\_ Date: 10<sup>th</sup> Aug, 2012

Name of Activity: Shen Management & Motivation

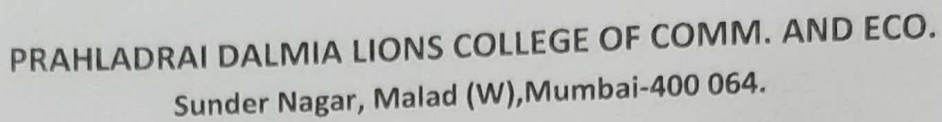
Name of Subject / Association: Foundation Course

Name of Teacher: Seema shukla Signature of Teacher: Seema

Sr. No.	Roll No.	Name of student	Signature	Feedback : A = Good B = Satisfactory C = Unsatisfactory
1.	363	Monika. Kurnawat	<u>Monika</u>	A
2.	356	Rahul Kothari	<u>Rahul</u>	A
3.	364.	Ankita. Kumbhar.	<u>Ankita</u>	A
4.	367.	Karan Kishuiah.	<u>Karan</u>	A
5.	390	Pranav Mehta	<u>Pranav Mehta</u>	A
6.	426	RAJ MAKwana	<u>RAJ</u>	A
7.	393	Tejas Mestrey	<u>Tejas</u>	A
8.	404	Himanshu menwade	<u>Himanshu</u>	A
9.	311	Vishwanash Todam	<u>Vishwanash</u>	A
10	412	Himanshu Mishra	<u>H</u>	A
11	369	Majella Allwin	<u>Alli</u>	C
12	370	Dawood I. Makenkale	<u>Dawood</u>	C
13	366	Hrithik V. mahadik	<u>Hrithik</u>	B
14	71	Raj Singh Chouhan	<u>Raj Singh</u>	A
15.	59	Anbarasan Chettiyan	<u>Anbarasan</u>	A
16.	476	Ankita Narkar	<u>Ankita</u>	A
17	578	Pooja mayekar	<u>Pooja</u>	A
18	470	Mervy Nadar	<u>Mervy</u>	A
19	451	Pinky Mishra	<u>Pinky</u>	A
20		Khan Sadiga	<u>Sadiga</u>	A
21	662	SHAIKH SAMIRANI	<u>Shaiikh Samir</u>	A
22	704	Shaiikh Altamash	<u>Shaiikh</u>	A





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# CLASS CIRCULATION



## PRAHLADRAI DALMIA LIONS COLLEGE OF COMMERCE & ECONOMICS


dm  
8/8/17

### NOTICE

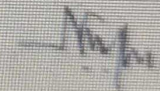
Date: 04<sup>th</sup> August, 2017

The Department of Economics & Foundation Course in association with Health & Counseling Cell of our college is organizing a talk on 'Stress Management and Motivation', by Mr. Nilesh Mandlecha (Psychologist, MBA- HRD) on 10<sup>th</sup> August, 2017.

All the students are requested to assemble in the auditorium at 10.40 a.m.

  
Prof. Madhavi Nighoskar  
(Vice-Principal)



  
Dr. N.N. Pandey  
(Principal)





**Prahladrai Dalmia Lions College of Commerce & Economics**  
Sunder Nagar, Malad (West), Mumbai, 400 064

11-08-2017

**REPORT**  
**On**  
**STRESS MANAGEMENT & MOTIVATION**

The Department of Economics & Foundation Course, organized a workshop on 'Stress Management & Motivation' on 10<sup>th</sup> August, 2017 at 10.30 a.m by Mr. Nilesh Mandlecha - (Psychologist, MBA- HRD). The audiences were a mix of First year, Second year and Third year degree college students and staff. In all 123 students attended the workshop. The workshop was made exuberant and lively by explaining through Kabir Doha.

*MM Nighoskar*  
**Prof .Madhavi Nighoskar**  
**(Vice-Principal)**



*N.N. Pandey*  
**Dr. N.N.Pandey**  
**(Principal)**



**Prahladrai Dalmia Lions College of Commerce &  
Economics**

Sunder Nagar, Malad (West), Mumbai, 400 064

**Date: 01<sup>st</sup> August, 2017**

To,

Mr. Nilesh Mandlecha,

Subject: Invitation as a Guest Speaker on the **'WORKSHOP ON  
STRESS MANAGEMENT AND MOTIVATION'**

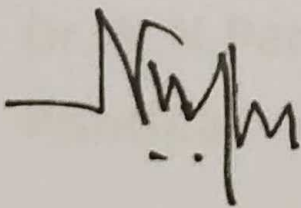
Respected Sir,

We would like to invite you as a **Guest Speaker for the  
'WORKSHOP ON STRESS MANAGEMENT AND  
MOTIVATION'** organized by the Department of Economics and  
Foundation Course and IQAC of our college on 10<sup>th</sup> August, 2017.

We will be highly obliged if you send your consent as soon as  
possible.

Thank you,

Yours truly,



**Dr. N.N. Pandey**  
**Principal**



*Received  
Anurag Kulkarni*





**Prahladrai Dalmia Lions College of Commerce &  
Economics**

Sunder Nagar, Malad (West), Mumbai, 400 064

**Date: 10<sup>th</sup> August, 2017**

To,

Mr. Nilesh Mandlecha,

Respected Sir,

We greatly appreciate that you accepted our invitation and consented to be the **Guest Speaker for the 'WORKSHOP ON Stress Management & Motivation'** organized by the Department of Economics and Foundation Course and IQAC of our college on 10<sup>th</sup> August, 2017.

Yours truly,

**Dr. N.N. Pandey**  
**Principal**



*Received*  
*N. Mandlecha*



