



Prahladrai Dalmia Lions College of Commerce & Economics
Sunder Nagar, Malad (West), Mumbai, 400 064

Date:-20th July, 2017

The Department of Economics & Foundation Course in association with Health & Counseling Cell of our college is organizing a workshop on 'MENTAL HEALTH & MOTIVATION', by Mr. Nilesh Mandlecha (Psychologist, MBA- HRD) on 29th July, 2017.

All the students are requested to assemble in the auditorium at 10.30 a.m.

MM Nighoskar
Prof .Madhavi Nighoskar
(Vice-Principal)

Dr. N.N.Pandey
(Principal)





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Sunder Nagar, Malad (West), Mumbai, 400 064

30-07-2017

REPORT
On
MENTAL HEALTH & MOTIVATION

The Department of Economics & Foundation Course, organized a workshop on 'Mental Health & Motivation' on 29th July, 2017 at 10.30 a.m by Mr. Nilesh Mandlecha - (Psychologist, MBA- HRD). The audiences were a mix of First year, Second year and Third year degree college students and staff. In all 92 students attended the workshop. The workshop was made high-spirited and lively by sharing practical examples.

MM Nighoskar
Prof .Madhavi Nighoskar
(Vice-Principal)



Dr. N.N.Pandey
(Principal)



PRAHLADRAI DALMIA LIONS COLLEGE OF COMM. AND ECO.

Sunder Nagar, Malad (W), Mumbai-400 064.

Attendance Sheet for the year 2017-18 Class: Degree Date: 29th July, 2017

Name of Activity: Mental Health & Motivation by Mr. Nilesh Mandhake

Name of Subject / Association: Health & Counseling Cell & Dept of Eco & FC

Name of Teacher: Ms. Seema Shukla Signature of Teacher: [Signature]

Sr. No.	Roll No.	Name of student	Signature	Feedback : A = Good B = Satisfactory C = Unsatisfactory
1		A.D. PATER sloth	[Signature]	A
2	176	Ankita D. Gupta	[Signature]	A
3	188	Pinky M. Gupta	[Signature]	A
4	832	Ruby V. Yadav	[Signature]	A
5	303	UTKARSH .R. AGARWAL	[Signature]	A
6	320	AMAN SINGH	[Signature]	A
7	308	Chudesaia Sufyan Iqbal	[Signature]	A
8	2021	Apurva Pehadgaonkar	[Signature]	A
9	2007	Pooja Birajdar	[Signature]	A
10	2005	Yashmin Ansari	[Signature]	A
11	2017	LINITA . D'SOUZA	[Signature]	A
12	2028	Khushboo Jalan	[Signature]	A
13	2012	Anisha Chetty	[Signature]	A
14	2051	Bhagyashree Patole	[Signature]	A
15	2018	KOMAL DUBEY	[Signature]	A
16	2010	Sylvia Cardoza	[Signature]	A
17	2020	Nikita Gawde	[Signature]	A
18	216	Hatima Fatima A.	[Signature]	A
19	249	Soni vshwakarma	[Signature]	A
20	229	Priti Hazra	[Signature]	A
21	302	Divya Acharya	[Signature]	A
22	321	Enna Jain	[Signature]	A
23	2039	Asmita Manjekar	[Signature]	A
24	2038	Shejal Nadesika	[Signature]	A



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MUMBAI - 400 064.



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Sunder Nagar, Malad (W), Mumbai-400 064.

Attendance Sheet for the year 2017-18 Class: Degree Date: 29th July, 2017

Name of Activity: Mental Health & Motivation (workshop)

Name of Subject / Association: Health & Counseling Cell & Dept of EC&FC

Name of Teacher: Ms. Seema Shukla Signature of Teacher: [Signature]

Sr. No.	Roll No.	Name of student	Signature	Feedback : A = Good B = Satisfactory C = Unsatisfactory
1	804	Varma manish	[Signature]	
2	855	ASHISH SHARMA	[Signature]	
3	773	Radhika Sonawane	[Signature]	
4	837	Yadav Vivek	[Signature]	
5	848	Yadav Sachin S.	[Signature]	
6	823	Yadav Anurash	[Signature]	
7	866	Ram Vinayak	[Signature]	
8	659	Shaikh Meraj	[Signature]	
9	656	Ibrahim Shaikh	[Signature]	
10	621	Tejas Sakpal	[Signature]	
11	839	Ankush Tikar	[Signature]	
12	774	BHUSHAN SONDKAR	[Signature]	
13	409	Siddhant Makh	[Signature]	
14	723	Sandesh Zalte	[Signature]	
15	725	Aniket Singh	[Signature]	
16	791	Shivani-Huari	[Signature]	



[Signature]
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MUMBAI - 400 064.



**Prahladrai Dalmia Lions College of Commerce &
Economics**

Sunder Nagar, Malad (West), Mumbai, 400 064

Date: 20th July, 2017

To,

Mr. Nilesh Mandlecha,

Subject: Invitation as a Guest Speaker on the '**WORKSHOP ON
MENTAL HEALTH AND MOTIVATION**'

Respected Sir,

We would like to invite you as a **Guest Speaker for the
'WORKSHOP ON MENTAL HEALTH AND MOTIVATION'**
organized by the Department of Economics and Foundation Course
and IQAC of our college on 29th July, 2017.

We will be highly obliged if you send your consent as soon as
possible.

Thank you,

Yours truly,

Dr. N.N. Pandey
Principal

*Received
Mandlecha*





**Prahladrai Dalmia Lions College of Commerce &
Economics**

Sunder Nagar, Malad (West), Mumbai, 400 064

Date: 29th July, 2017

To,

Mr. Nilesh Mandlecha,

Respected Sir,

We greatly appreciate that you accepted our invitation and consented to be the **Guest Speaker for the 'WORKSHOP ON MENTAL HEALTH & MOTIVATION'** organized by the Department of Economics and Foundation Course and IQAC of our college on 29th July, 2017.

Yours truly,

Dr. N.N.Pandey
Principal

Received
N. Mandlecha



