

## DEPARTMENT OF LIFELONG LEARNING AND EXTENSION (DLLE)

**"Distance shouldn't be a factor in learning but hard work, focus and hustle should be".**

The Department of Lifelong Learning & Extension (DLLE) has been recognized as a Statutory Department of the University of Mumbai since 1994. It aims to promote a sustained rapport between the University & the Community. The Extension dimension of the Department facilitates the sensitization of the students to the socio-cultural realities. The department offers extension work projects encompassing social issues to the students.

The Department is spearheaded by Dr. Shami Nimgulkar- Kamble (Economics Department) & three most enthusiastic teachers Dr. Mahendra Pachadkar (Law Department), Mr. Sandeep Gupta (Mathematics & Statistics Department) and Ms. Priyanka Radhakrishnan (Self-Financing Courses). To ensure efficiency in the execution of the extension work & to assist the teachers in the work involved, the extension activity of the Student Managers was felt pivotal. The pillars of the department (Student Managers) were: Mr. Omkar Mahadik, and Mr. Adwait Khatu.

As per the University circular most of the extension activities were conducted online. To encourage students to join DLLE we made a promotion video that narrated the activities undertaken by DLLE in the yesteryears. The video was also uploaded on the college YouTube page ([https://youtu.be/\\_IL0FXuwgKQ](https://youtu.be/_IL0FXuwgKQ)). The video was well received by everyone. On receipt of the circular from the university to enroll students, the Department of Life Long Learning & Extension (DLLE) of our college began the process of enrollment and we enrolled a total of 111 students for the academic year 2021-22.

The Department this year enrolled students under:  
1) "Population Education Club (PEC)".

The purpose of PEC is to educate the present generation about population, development and environment for a better quality of life of their own and for their future generations.

The Extension work teachers and students attended the Extension work Training Program to implement activities in Online mode. The said program was held on ZOOM platform on 10th January, 2022 which was hosted by K. J. Somaiya College of Science & Commerce, Vidyavihar(East).

Our Field Coordinator Dr. Sulbha Raorane addressed & guided our extension students in both the terms. Her valuable guidance helped the students in completing their project work.

**List of activities conducted in the Academic Year 2021-2022 are as follows**

### **1) Inspire to Serve:**

On behalf of the Lions Club of Malad Borivli along with Prahladrai Dalmia Lions College of Commerce and Economics that had organized a session inviting innovative ideas "Inspire to Serve." The Department of Lifelong Learning and Extension, DMC, NCC, EOC, Students' Council of our college proposed three projects. Out of these 3 projects, 2 projects were selected by the Lions Club of Malad-Borivli and they sanctioned Rs.10,000 each for executing the project at community level.

The details of the project are mentioned below:

### **PROJECT 1**

A) Title of the Project: AATMANIRBHARTA SE ATMASANMAN

**B) Names of Student (Leader + All Group Members):**

- 1) Omkar Mahadik M.COM – I
- 2) Adwait Khatu M.COM – I
- 3) Tahir Idrisi TYBCOM A
- 4) Swarangi Joshi TYBCOM A

**C) Details about the nature of assistance to be extended to the community:**

**i) Place selected for executing the project:** Parivartansheel Sanstha, Kranti Nagar, Kandivali East.

Parivartansheel Sanstha is a registered organization focusing on the health, educational and economic issues of weaker sections and working in Kandivali and Malad suburbs of Mumbai since last 8 years. The organization was formed by the people living in the local community. Parivartansheel Sanstha was registered in October 2009 under the Society Registration Act 1860 and Bombay Public Charitable Trust Act 1950. All Donations given to Parivartansheel Sanstha are deductible under section 80 G.

**ii) Nature of Assistance:** The amount of Rs. 10,000 received from Lions Club of Malad Borivli was used to donate one sewing machine and some raw materials related to tailoring (Scissors, Canvas Paper, Threads –two boxes, Tape - One packet, Machine needles) to the community center started by the Parivartansheel Sanstha. The Sanstha was donated 2 sewing machines recently and our additional donation assisted them in carrying out the activity of imparting tailoring skills to women in the area more intensively.

After deliberating with the project in charge we understood that ideally a teacher charges a minimum of Rs.3,000/- per batch of an hour for a month. If two batches were to be made functional, the total cost of appointing a teacher was coming to Rs. 6,000 per month. We teachers (Dr. Shami Nimgulkar Kamble and Mr. Rajesh Ruke) have borne the cost and we paid the salary of one teacher for first three month (2 batches) which amounted to Rs. 18,000/-

**iii) Outcome of the Project:** 2 batches of 11 women each were made. Tailoring classes were being organized for them from 3.00 pm to 6.00 pm from Monday to Saturday. The classes began from 13th July 2021.

**PROJECT 2**

**A) Title of the Project:** Sanjay Gandhi National Park

**B) Names of Student (Leader + All Group Members):**

|  |            |
|--|------------|
| Omkar Mahadik  | M.COM - II |
| Tahir Idrisi   | TYBCOM A   |
| Bhakti Joshi   | TYBCOM A   |
| Adwait Khatu   | M.COM – II |
| Dhaval Haria (provided us with free transportation and packing of food kits) | Ex-Student |

C) Details about the nature of assistance to be extended to the community:

i) PADA SELECTED: Chuna Pada, Sanjay Gandhi National Park.

ii) REASON FOR SELECTING CHUNA PADA:

Pre-Survey findings: On 30th June, 2021 we interviewed the officials of SGNP and members of Birsa Munda Adivasi Sangathana (a local NGO) and on the basis of information gathered from them we got to know that CHUNA PADA comprises of absolutely poor people and hence we decided to execute the project in the said pada. The said pada is approximately 4 kms from the National Park Main Gate and it is the last Pada. It is 2 kms prior to Kanheri Caves. We visited Chuna Pada and gathered primary information about the socio-economic status from the tribals.

All padas in National Park have no access to electricity or water. The tribals are not allowed to construct pucca houses; so, all the houses are kutcha houses made up of iron sheets. They cover their houses with plastic sheets in the monsoon to prevent water seepage. None of the houses have toilets. There is no mobile network at Chuna Pada.

Men are mostly employed as house - keeping staff by the forest officials and women work as domestic helpers. Children attend school in Abhinav Nagar and have to walk through a jungle area (1/2 hr one way) to reach the school. There is constant fear of animal attack and hence most parents are scared to send their children to school.

iii) NATURE OF ASSISTANCE EXTENDED: We carried out the donation camp on Saturday, 3rd July, 2021 at 2.00 pm in Chuna Pada, Sanjay Gandhi National Park With the help of financial assistance received from the Lions Club of Malad -Borivli, we donated a FOOD kit- Comprising of Rice (2KG), Wheat Atta (2 KG) and Oil (1 LITRE) to 29 families.

Few teachers (Mr. Rajesh Ruke, Dr. Shami Nimgulkar Kamble and Mr. Sachin Bansode) decided to make donations to 29 families. We also decided to donate stationery to 48 children (right from 1st standard till Second Year degree) of Chuna Pada. The details of donation made is listed below:

| Sr.No. | Nature of Expenses (Details of Expenses) |
|--------|--|
| 1      | Rice                                     |
| 2      | Wheat                                    |
| 3      | Oil                                      |
| 4      | Torch                                    |
| 5      | Long Books                               |
| 6      | Geometry box                             |
| 7      | Small Notebooks                          |
| 8      | Pencil box with Sharpener and Eraser     |
| 9      | Pen Box                                  |
| 10     | Small Scales                             |
| 11     | Slates and slate chalks                  |
| 12     | Sulekhan and other books                 |
| 13     | Crayons                                  |
| 14     | Ear Phones                               |
| 15     | Pathya Pustak for 9th standard students  |

## 2) International Yoga Day:

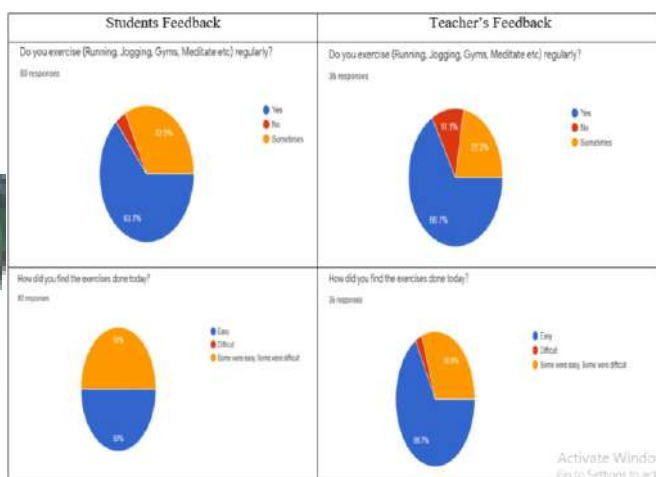
On the occasion of the 71st International Yoga Day, we conducted a live Online Yoga session for teachers and students on 21st June, 2021. The total number of participants were 80 students and 36 teachers.

"The essence of yoga is not to attempt to contort the body into inconceivable postures, but to attempt to attain, conserve and maintain a balanced-state of mind to start with and thereafter to transcend the mind, ego, intellect and then launch tangentially beyond to realize and remain established in the SELF." – Yoga Guru Shivalingam Pillai. All that one then does should be a step taken in this direction and the insight and balance derived 'ON THE MAT' from the practice of yogic techniques should be maintained throughout 'OFF THE MAT', implying that it should seep in, percolate and become an inseparable part of one's being and reflect in one's thoughts, words and deeds.

We were fortunate to have Yoga Guru Shivalingam Pillai, a trained Yoga Expert to guide us.

The said programme was organized by- DLLE, NSS, NCC, DMC, EOC and Student's Council.

The feedback for the programme conducted is mentioned below:





### 3) World Rose Day

Cancer is one of those deadly diseases which has a huge impact on a patient's mind and body. The taxing nature of the treatment makes things difficult for many patients and their caregivers. Therefore, World Rose Day is celebrated annually on 22nd September, to bring joy in their lives. So, we organized a "Click a Selfie" Competition and students were told to pose in a manner to cheer them on and remind them that they are not alone in the battle. We made a collage of all photos and decided to present it to Tata Memorial Cancer Hospital.



### 4) Global Hand Washing Day



DLLE celebrated Global Handwashing Day on 15th October, 2022. Students were required to make a 30 seconds creative video emphasizing the importance of hand washing. The content could be funny, serious, and explanatory.

#### 5) 10-Day Sustainability Challenge

| A 10 Day SUSTAINABILITY CHALLENGE !!  |   |   |
|---|---|---|
| 20-11-21<br>I will not run the tap while brushing my teeth                      | 24-11-21<br>I will carry a handkerchief & not a tissue paper                | 28-11-21<br>I will switch off the fans & lights when not required at home |
| 21-11-21<br>I will not waste food on my plate                                   | 25-11-21<br>I will start carrying a cloth bag every time I step out         |   |
| 22-11-21<br>I will not litter anywhere anytime                                  | 26-11-21<br>I will plant a sapling today & nurture it                       | 29-11-21<br>I will start separating dry waste & the wet waste             |
| 23-11-21<br>I will switch off all devices, chargers on the wall when not in use | 27-11-21<br>I will use a reusable bottle every time I step out of the house |   |

Students were given 10 different activities to perform for 10 different days. The aim behind organizing this activity was to foster habits to ensure long term sustainability of our planet. Students were required to click 2 photographs for each day.



Separation of Dry and Wet Waste



Carrying Cloth bag





Planting a sapling



Switching off the charger when not in use

## 6) Dil Ki Kalam Se

On the occasion of National Youth Day on 12th January, 2022, we decided to awaken the literary skills of our extension students. Students were required to pick up writing/poems of well-known authors/poets who have written extensively on youth and youth related topics. They were supposed to interpret it and write a summary of it in their own words.

7) **Muskaan** The following collage represents a few E-birthday cards of the many cards made by extension students for the orphans and senior citizens.



## 8) Thinking Beyond the Trash

Milk packets are made of virgin plastic. If disposed, it adds to environmental pollution. But, if recycled they can be used to make plastic chairs, dustbins, plastic pipes ..... Students were requested to collect these milk packets and bring them to college. It was a year-round activity. The milk bags collected were sent to BMC Dry Waste Center at Dahisar for the purpose of recycling



### 9) National Voter Day

On the occasion of the National Voter Day on 25th January, 2022, students were required to make an E-Poster with quotes/pictures/slogans appealing to people to vote. The following collage represents few e-posters of the many e-posters made by the extension students.



### 10) Vaccination Drive Against Covid-19

College in association with Municipal Corporation of Greater Mumbai organized a Vaccination Drive against Covid-19 for our college students between 15 years to 18 years. Both doses -first and second were administered to the students on 9th February, 2022 and 12th March, 2022 respectively. The said activity was conducted jointly by DLLE, NSS, NCC, DMC, Student's Council, Leo Club and Junior College.



| Number of Student Beneficiaries |                       |                     |
|---------------------------------|-----------------------|---------------------|
|                                 | On 9th February, 2022 | On 12th March, 2022 |
| Males                           | 96                    | 40                  |
| Females                         | 73                    | 52                  |
| Total                           | 169                   | 92                  |

### 11) Blood Donation Drive

Our college in association with Lions Club of Malad-Borivli conducted Blood Donation Drive on 16th March, 2022 in the college gymkhana. It was organized jointly by DLLE, NSS, NCC, DMC, Student's Council, Leo Club and Equal Opportunity Cell.  
Total number of students who registered for blood donation = 78  
Total number of blood bottles collected = 66

### 12) Seminar on: Rights Under Indian Constitution

The Department of Business Law, Department of Economics and Foundation Course in association with DLLE organized the seminar on 10th January 2022.

### 13) ANVESHAN-National Student Research Convention

The Convention was organized by the University of Mumbai for identifying the young talents with aptitude of research. Two of our extension students- Mr. Omkar Mahadik (M.COM-II) and Ms. Bhakti Joshi (M.COM I) participated in the convention. In an attempt to foster the research and analytical skills of students, DLLE last year assigned few research topics to its students. Two of the best such research papers on – Changing Household Expenditure Pre & Post Covid and Exercise, Fitness and Meditation- Ways to Cope with Stress were presented by the students in the convention on behalf of our college. Their papers were based on primary research.

Every year the Department of Lifelong Learning and Extension, University of Mumbai organizes UDAAN-A FLIGHT TO EXTENSION (an inter-collegiate cultural fest). This year it was conducted ONLINE from 8th March, 2022 to 10th March, 2022. Our students participated in all the activities. The following table gives a detailed insight about the competitions and the students participating in it.

| Sr.No.  | M/F | Name of Student Participant     | Class   | Faculty  |
|---|-----|---------------------------------|---------|----------|
| 1. Video Making (Maximum 10) Topic / Theme: PRATIGYA KYA SACH ME? |     |                                 |         |          |
| 1   | M   | MAHADIK OMKAR ASHOK             | MCOM-II | COMMERCE |
| 2   | M   | KHATU ADVAIT SAMEER             | MCOM-II | COMMERCE |
| 3   | F   | NADWANA BHAGYAWATI VINOD        | TYBCOM  | COMMERCE |
| 4   | F   | MORE ALPIKSHA BHASKAR           | TYBCOM  | COMMERCE |
| 5   | M   | PATIL VEDANT NITIN              | SYBCOM  | COMMERCE |
| 6   | F   | SAINI AMRITKUMAR HARINDER SINGH | SYBCOM  | COMMERCE |
| 7   | F   | GHOSH POOJA PINTU               | FYBBI   | COMMERCE |
| 8   | F   | BAIRAGI SHILPA RAJ              | FYBBI   | COMMERCE |
| 9   | F   | MALI VISHAKHA RAMESH            | FYBBI   | COMMERCE |
| 10  | F   | KAMBLE SHRAVANI SUBHASH         | FYBMM   | COMMERCE |

| 2. Powada Singing (Maximum 10)   |   |                       | Topic / Theme: SOCIAL ISSUES.        |          |
|--|---|-----------------------|--------------------------------------|----------|
| 1  | M | MAHADIK OMKAR ASHOK   | MCOM-II                              | COMMERCE |
| 2  | M | KHATU ADVAIT SAMEER   | MCOM-II                              | COMMERCE |
| 3  | F | MORE ALPIKSHA BHASKAR | TYBCOM                               | COMMERCE |
| 4  | F | BANDRE SHRUTI SANTOSH | TYBCOM                               | COMMERCE |
| 5  | F | GHADGE LALITA RAJARAM | TYBCOM                               | COMMERCE |
| 6  | M | PATIL VEDANT NITIN    | SYBCOM                               | COMMERCE |
| 3. Poster Competition (Only 1) Topic / Theme: POPULATION EDUCATION CLUB. |   |                       |                                      |          |
| 1  | F | ICHALE SURBHI SACHIN  | FYBBI                                | COMMERCE |
| 4. Elocution (Only 1)  |   |                       |                                      |          |
| 1  | F | GHAG GAURI NITIN      | TYBCOM                               | COMMERCE |
| 5. Creative Writing (Only 1)   |   |                       | Topic / Theme: EVIL SOCIAL PRACTICES |          |
| 1  | F | KHATU AASTHA SAMEER   | FYBMM                                | COMMERCE |

Both student managers - Mr. Omkar Mahadik and Adwait Khatu were awarded the "Best Student Managers" for the year 2021-22 by the college for his untiring zeal to accomplish goals as student manager.

The Department is grateful for all the help & support provided by the Management, I/C Principal - Dr. Kiran Mane, Field Coordinator - Dr. Sulbha Raorane, teaching & the non-teaching staff.

#### Members:

Dr. Mahendra Pachadkar  
Mr. Sandeep Gupta  
Ms. Priyanka Radhakrishnan



**Dr. Shami Ningulkar-Kamble**  
**Convenor**  
Prahadrai Dalmia Lions College of  
Commerce & Economics

## DALMIA COLLEGE NCC ARMY UNIT, 3 MAHARASHTRA

**“NCC is not about uniform or uniformity; it is all about unity.” - PM Narendra Modi**

Since 2014-15 our college NCC Army unit has been working under the supervision of 3 MAH BN NCC Army Wing, Mumbai Division. Our unit is allowed to enroll a total of 50 cadets for three years, out of which 35 boys and 15 girls. Due to COVID-19 pandemic lockdown our cadets weren't able to participate in many activities of the last A.Y. year 2021-22, but in the current year cadets were able to participate in several activities such as Tree Plantation, Swachha Bharat Abhiyan, Sea Beach Cleaning, Blood Donation and Vaccination Drive etc.

**Regular weekly parade** has been conducted every **Saturday** from **7 a.m. to 1 p.m.** since June, 2021. Cadets participated in several activities held at the college and Battalion level with enthusiasm and discipline and at Unit level also we celebrated events like International Yoga Day on 21st June, 2021, Independence Day, Tree Plantation, Republic Day, COVID-19 Vaccination Drive, Blood Donation Camp and Maharashtra Day.

### **Camps Attended by Unit's Cadets:**

Cadets participated in CATC Camp which were held at Mutha College, Sathe College, Vileparle and KES College, Kandivali. Two National Camps and Shivaji Trek Camp which were held at Kolhapur. 3MAH BN organizing Firing Camps at Colaba. Following are the details of number of camps and number of cadets attended:

| Sr.No. | Name & Number of Camp          | Number of Cadets Attended |
|--------|--------------------------------|---------------------------|
| 1.     | CATC Camp 403                  | 20                        |
| 2.     | CATC Camp 414                  | 8                         |
| 3.     | CATC Camp 415                  | 11                        |
| 4.     | CATC Camp 412                  | 18                        |
| 5.     | Shivaji Trek                   | 1                         |
| 6.     | Ek Bharat Shreshta Bharat Camp | 1                         |
| 7.     | EBSB Camp                      | 1                         |
| 8.     | Firing Camp                    | 12                        |
|        | <b>TOTAL</b>                   | <b>60</b>                 |

### **Special Achievements of NCC cadets in Camps:**

CATC Camp 414: Cadet Sapna Varma was awarded for best Drill and CATC Camp 414: JUO (Junior Under Officer), Varashree G Alva was awarded for Classical Dance and Singing.

NCC Unit's Awards to the Unit Cadets for A.Y. 2021-22: On 26th January, 2022 we honored Six Awards to our best NCC Cadets are as under:



| <b>Sr.No.</b> | <b>Name of Award</b> | <b>Rank and Name of the Cadet</b> |
|---------------|----------------------|-----------------------------------|
| 1             | Overall Best Cadet   | Varashree Gopalkrishna Alva       |
| 2             | Best Cadet           | Bhavika Jabare                    |
| 3             | Best Achievement     | Abhishek Mishra                   |
| 4             | Best Drill           | Sandhya Ingle                     |
| 5             | Best Turnout         | Vipul Yadav                       |
| 6             | Best Command         | Vishal Prajapati                  |

#### **NCC B & C Certificate Exams:**

Lt. Dr. Kiran Mane, ANO, NCC Army Unit, Dalmia College was invited for B Certificate Examination Duty on 12th February, 2022 held at Sathaye College, Vile Parle- E, Mumbai- 57.

B Certificate Exam: On 12th February, 2022, 3MAH BN NCC Army Wing, Mumbai Division conducted 'B' Certificate Exam at Colaba in which 18 NCC Cadets participated.

C Certificate Exam: On 27th February, 2022, 3MAH BN NCC Army Wing, Mumbai Division conducted 'C' Certificate Exam at Colaba in which 14 NCC Cadets participated.

A grand total of 60 cadets from the Senior Division attended various camps throughout the year 2021-22.

#### **Rank Announced to our Unit's Cadets for the next A.Y. 2022-2023:**

| <b>Sr.No.</b> | <b>Name of Award</b> | <b>Rank and Name of the Cadet</b> |
|---------------|----------------------|-----------------------------------|
| 1             | <b>SUO</b>           | Rishab Yadav                      |
| 2             | <b>1st JUO</b>       | Amit Rajbhar                      |
| 3             | <b>2nd JUO</b>       | Suman Chauhan                     |
| 4             | <b>1st CSM</b>       | Keshav Pandey                     |
| 5             | <b>2nd CSM</b>       | Khushboo Chauhan                  |
| 6             | <b>CQMS</b>          | Vishal Yadav                      |
| 7             | <b>1st SGT</b>       | Babul Pandey                      |
| 8             | <b>2nd SGT</b>       | Nasir Shaikh                      |
| 9             | <b>3rd SGT</b>       | Priyanka Srivastav                |
| 10            | <b>4th SGT</b>       | Manish Pal                        |

### NCC Unit's Participation in the College level activities:

- On 9th February, 2022 and 12th March, 2022: Overall 8 NCC cadets of the unit actively participated in 1st and 2nd Dose Camp of COVID -19 Vaccination organized by all extension units of college in association with BMC.
- On 16th March, 2022: Overall 14 NCC cadets of the unit actively participated in the Blood Donation Camp organized by all extension units of the college in association with Red Cross Society, Mumbai.
- On 1st May, 2022: Overall 22 NCC cadets of the unit enthusiastically participated in the celebration of 62nd Maharashtra Day.

### 'Jai Hind - Jai Bharat'

**Prof. Sachin D. Bansode**

Caretaker



**Lt. Dr. Kiran H. Mane**  
Principal & ANO  
Coy. Commander  
3 MH NCC BN (Army Wing)  
Mumbai Group 'A'



## NATIONAL SERVICE SCHEME (NSS) UNIT- B26 “NOT ME BUT YOU”

**"You make a living by what you get, you make a life by what you give".**

- 1. Pre-training for 15th August:** On 13th August 2021, there was a discussion of various events and distribution of work amongst the professor and the students was done. Departments allotted were as follows: Attendance - Jitendra sir, Report - Namrata miss, Enrolment - Varsha miss. In all there were 22 volunteers who participated, 7 male and 15 female.
- 2. Independence Day Celebration:** On 15th August 2021, NSS Unit B26 Second year volunteers were present in the college campus at the frontier area during flag hosting and felicitation of dignitaries. NSS volunteers were present along with their seniors and the seniors comprise student volunteers from the academic batch of 2014-15 to 2020-21. Then we had a refreshment and a short introduction of all our seniors together with NSS second year volunteer's introduction, in the G2 classroom and the seniors listened to our plans for the upcoming year and gave us new ideas about events and managing the events for the year 2021-22. In all there were 22 volunteers who participated, 8 male and 14 female.
- 3. Training session for Orientation:** On 22nd August 2021, there was a continuation of discussion of events and disclosure of NSS prospectus and video made for orientation. In all there were a total of 14 volunteers who participated, 6 male and 8 female.
- 4. Social Media platform for Social Awareness:** On 29th August 2021, one of our second-year volunteer Vrunda Wagle explained us about how she makes the reels she also briefed about the event conducted by her with her friend on Raksha Bandhan and after that we had the short introduction of each and every volunteer present in the meeting. In all there were 17 volunteers who participated, 4 male and 13 female.
- 5. Yoga Session I:** On 29th August 2021, there was a Yoga Session conducted by the Yoga committee of NSS Unit B26 and the start of the event was with our NSS song. And then one of our secretaries practically showed us how to do 'Surya Namaskar' and 'Anulom vilom' and she explained it, step by step. In all there were a total of 14 volunteers who participated, 3 male and 11 female.
- 6. Yoga Session II:** On 5th September 2021, there was Yoga session 2 which was handled by Amisha Yadav and Aakruti Pandey both the Second year volunteers as well as members of Yoga committee of NSS unit B26 and have explained various Yoga Asanas such as Trikonasana Padmasana. In all there were a total of 11 volunteers who participated, 3 male and 8 female.
- 7. Yoga Session III:** On 12th September 2021, Yoga session was conducted by Amisha Yadav, second year volunteer of NSS unit 26 and started the session with warm-up and breathing exercises. She explained various types of Yoga asanas in the session. Yoga is done to keep our mind calm and relieve stress. In all there were a total of 9 volunteers who participated, 3 male and 6 female.
- 8. NSS RD Parade Discussion:** On 12th September 2021, the presentation was shown which includes a detailed explanation of the NSS events which was made by Vandana Maurya and Nikita Nag both are second year volunteers of NSS unit 26. After that we had discussion of the major events at the university level and then our program officer Rajesh Bombe Sir told us about the NSSRD parade. And then we had a short discussion about wall painting. In all there were 21 volunteers who participated, 5 male and 16 female.



**9. Discussion on upcoming events:** On 19th September, 2021, Our Program Officer, Dr Rajesh Bombe Sir informed us about the session " Yoga for All " and with his permission our second volunteer Isha Patel presented a proposal and proposal letter made by her with the help of the Yoga Committee. Our professor Namrata Pednekar Mam showed us the painting which is to be drawn on the wall of the NSS room. And also, Rajesh Sir told us about the volunteers who are going to participate in NSS RD parade (Isha Patel). After that the students who were not there in any committee and interested to join any of them are added to the committee. In all there were 17 volunteers who participated, 6 male and 11 female.

**10. NSS DAY:** On 24th September 2021, today we celebrated our 52nd NSS Day with all the second-year volunteers. Firstly, one of our secretaries started with the NSS Anthem and it was over to another secretary who presented the screen and showed us the video related to NSS and after that the Quiz competition was kept for all the volunteers and they even showed us our score and all the volunteers who were present in the competition enjoyed the Quiz. And lastly, it was again asked to all the volunteers to join the committee if they are interested. In all there were 15 volunteers who participated, 5 male and 10 female.

**11. Yoga Session:** On 26th September 2021, we started the yoga session with Saraswati Vandana followed by NSS song (Lakshya Geet). Welcome address was given by our secretary followed by words from Dr Rajesh Bombe then Vandana Maurya gave an introduction of Yoga Guru Vinay A Ganatra and then the session was taken over by Him. Yoga Guru taught us the yoga poses that are very useful in daily life to protect oneself from anxiety and problems related to the digestive system. After that the session was open for the question-and-answer round, followed by closure of the first yoga session with a Thank you note from Amisha Yadav. Before students had gone, the program officer of NSSunitB26 had discussed with students about the unit and solved queries related to NSS. In all there were a total 9 volunteers who participated, 3 male and 6 female.

**12. NSS BASIC ORIENTATION:** On 8th October 2021, our secretary presented the Mumbai university song and the NSS song. After that our Program Officers and Professors presented their speech. Then a short video on NSS was presented which includes what NSS is, how it works and also the Motto and benefits of NSS and also the introduction was shown to all the committee members. After that the list of all events was displayed and some of the events were explained to the first-year volunteers by second year volunteers. Then our Program Officer Dr Rajesh Bombe sir announced the names of the NSS secretary and then our NSS secretary gave their introduction and experience. Some time was given to the first-year volunteers whether they had any queries to ask and their doubts were solved. Last but not the least the vote of thanks and attendance link was shared. In all there were 91 volunteers who participated, 34 male and 57 female.

**13. NSS ORIENTATION:** On 18th October 2021, IT Department presented the Mumbai University song followed by the NSS Anthem. After that Professor Namrata Pednekar mam started with the introduction of today's guest speaker Dr Swati Desai Mam and then the introduction was followed by Dr Rajesh Bombe Sir's speech. Secondly, the guest gave a brief speech regarding NSS and their experience. Lastly, one of the NSS Volunteers had a small discussion with the guest speaker. The session ended with a vote of thanks and attendance was recorded. In all there were a total 81 volunteers who participated, 30 male and 51 female.

**14. Celebration of RASHTRIYA EKTA DIWAS:** On 31st October, 2021, Event started with NSS song followed by Rashtriya Ekta Diwas Pledge. A few words shared by Dr Rajesh Bombe, Prof. Varsha Tandel, Prof. Namrata Pedneker, Prof. Jitendra Gupta. Speech presentation by first year volunteers (Pratibha Mishra, Jyoti Yadav, Anuj Yadav, Gaurav Gulekar, Yash Shukla) followed by a Quiz Round on Life of Sardar Vallabhbhai Patel. A clip of 19.57 minutes was displayed portraying major events from Sardar Vallabhbhai Patel's life. The was then open for questions and answer session and lastly ended with thank you note presentation by the first-year volunteer. In all there were 32 volunteers who participated, 12 male and 20 female.

**15. Training Session I for Diary Filling:** On 6th November, 2021, the session was started with NSS song which was played by the second volunteer of IT department. Then our NSS secretary gave the detailed information about dairy filling to the first-year volunteers. After that all the second-year volunteers gave their introduction along with their phone numbers so if the first year volunteers have any doubts regarding diary filling then they can ask. Lastly, questions were asked to all volunteers about the diary filling format and then the session was ended by recording the attendance. In all there were 57 volunteers who participated, 21 male and 36 female.

**16. Training session II for Diary Filling:** On 9th November 2021, one of our secretaries gave the detailed information about the diary filling and also discussed about which events are to be noted in the diary including their hours with the first year volunteers and also asked that how can we make those events more interesting and how to work on it. Secondly, all the second-year volunteers were there to guide the first-year volunteers about the half yearly diary filling. Then all the first-year volunteers were asked about their doubts and the session ended by solving those doubts. In all there were a total 40 volunteers who participated, 12 male and 28 female.

**17. ORGAN DONATION by APTE KAKA:** On 11th November 2021, IT department started the event with a university song and NSS Anthem. Then it was over to our Program Officer Mr Rajesh Bombe sir who gave their speech and then the introduction of the guest speaker 'Apte kaka'. Apte Kaka introduced himself and started with a speech for Organ Donation Awareness. He gave a brief about Organ Donation and explained it to all of the volunteers who were present in the meeting. After his speech each and every volunteer was asked for their respective doubts. Lastly, the vote of thanks was presented and then the attendance for the meeting was recorded. In all there were 40 volunteers who participated, 16 male and 24 female.

**18. ORGAN DONATION QUIZ:** On 12th November 2021, the IT department started the meet with a university song followed by NSS anthem. Dr Rajesh Bombe shared a few words followed by some words of awareness on Organ donation by Apte Kaka. The quiz round was conducted on Organ Donation and all the volunteers have participated in it. And then few of them were asked about organ donation. Lastly, Apte Kaka asked for the doubts of the volunteers to solve them and then the session ended with vote of thanks and attendance was recorded. In all there were a total 46 volunteers who participated, 15 male and 31 female.

**19. GURU NANAK JAYANTI:** On 19th November 2021, IT Department started the event with our university song followed by our NSS Anthem. Firstly, Our Program Officer Dr Rajesh Bombe sir gave a speech on Guru Nanak Jayanti. Then our Professor Namrata Pednekar mam also gave her speech about today's event. After the speech Amrit Kaur started the event with the help of our first- and second-year volunteers and there was a presentation presented along with the speech including a video showing a short introduction on Guru Nanak Devji and a short story of his life. After this our Program Officers gave their review on today's event. Lastly, a question and answer session was opened for all the volunteers and then the session was ended by vote of thanks and attendance was recorded. In all, here were 50 volunteers who participated, 14 male and 36 female.

**20. WORLD AIDS DAY:** On 1st December 2021, one of our volunteers from the IT department presented the University song and NSS song respectively. Then our Program Officer Dr Rajesh Bombe sir spoke a few words about World Aids Day and then they gave a brief introduction of our Guest speaker Dr Dinesh Pawar and Dr Mahesh Kothari about their profession. Then it was over to Dr Dinesh Pawar who gave us information about Aids and also gave detailed information about the lifestyle of Adivasi people. Then a video was presented by our second-year volunteer regarding Aids. After the video, Dr Mahesh Kothari gave their introduction along with their profession and he also made us inspired by his thoughts. Then the link for the quiz was shared by our secretary. Then there was a small question and answer session and lastly the attendance link was shared. In all there were 31 volunteers who participated, 9 male and 22 female.

**21. JOURNEY THROUGH STAR & PLANETS:** On 12th January 2022, the IT department started the session by presenting the university song followed by NSS Anthem. Then our program officer Dr Rajesh Bombe sir started with the speech and introduction of today's guest speaker Professor Prakash Parkhe sir. Then our other professor Namrata Pednekar mam introduced herself and also the guest speaker and spoke a few words about him. Then Prakash Parkhe sir continued with his introduction and speech for today's session. He detailed the topic which he was going to present today. He presented the screen and explained the presentation he made for us. He started explaining about the zodiac signs and the planets. He gave a brief description of the planets and how the sun signs are connected to them. After their speech, he asked the volunteers about their doubts or any questions they had related to the topic. Then some of them questioned the professor and it continued. Last but not the least everyone's questions were solved and the session was ended by vote of thanks and the attendance link was shared. In all there were a total of 56 volunteers who participated, 19 male and 34 female.

**22. AWARENESS ON SHORTAGE OF WATER:** On 14th January 2022, the session was started with NSS Anthem. The session was on 'Shortage of water'. Firstly, Professor Namrata Pednekar mam gave her introduction. Then the volunteers presented the presentation and explained about the importance of water in our life. They all explained each slide of their presentation with the diagrams and current situation of water shortage. After that the video was presented which was made by our first-year volunteers. They went to their neighbourhood and asked about why water is important and how we should make a proper use of it. After the video they asked questions to all the volunteers and if they had any doubts. Professor Namrata mam gave her reviews about it and after that one of our volunteers also added his points. Lastly, the vote of thanks was given by the volunteers and attendance was recorded. In all there were a total 46 volunteers who participated, 19 male and 27 female.



**23. REPUBLIC DAY Celebration:** On 26th January 2022, Republic Day was celebrated in our college where all the volunteers of first year and second year were present for the celebration of Republic Day. Our first-year volunteers and second year volunteers were going to perform a play on Road Safety. Then the event started with the flag raising by our Respected Principal 'Kiran Mane' sir and other guest people followed by March Past of NCC. Then the NCC students were awarded for their work. After that, the NCC students had prepared a short play which was performed and then NSS volunteers presented the play on Road Safety. Last but not the least the day ended with the vote of thanks. In all there were total 42 volunteers who participated, 20 male and 22 female.

**24. MENTAL HEALTH AWARENESS:** On 5th February 2022, the session was started with our NSS Anthem followed by the speech of our program officer Dr Rajesh Bombe sir. He introduced the guest speaker Parul Ma'am. Then it was over to Parul Ma'am and she gave a brief idea about the topic 'Mental Health Awareness'. Then she presented her screen showing the presentation and asked a few questions regarding it. After that she took a 5minutes meditation and told the volunteers to put on their camera and join her in the meditation. Then she asked the review from each person how the session was and whether they were all satisfied with it. Lastly, a vote of thanks was given and attendance was taken. In all there were 29 volunteers who participated, 7 male and 22 female.

**25. MENTAL HEALTH AWARENESS 2.0:** On 16th February 2022, the session started with the NSS Anthem. Then Dr Rajesh Bombe Sir gave his speech, he introduced the guest speaker Radhika and her topic on Mental Health Awareness. Then, Radhika mam introduced herself and started with her topic on Mental Health Awareness in detail. She interacted with each volunteer and then told the importance of meditation and her visit to the Krishna temple. She presented a video on her screen. After the video she had an interactive question and answer session with the volunteers. She asked a few questions related to the topic or if they had any to ask. Some of the volunteers asked the questions and she was very polite. This went on. Lastly, everyone's question had been answered by her and a vote of thanks was given and then the attendance was recorded. In all there were a total 45 volunteers who participated, 20 male and 25 female.

**26. YOGA FOR ALL- SESSION I:** On 6th March 2022, Our Program Officer Dr Rajesh Bombe Sir had a session on Yoga for all and he invited the guest named Mitul Soni sir. The first year volunteers had taken initiative and responsibility for the yoga session. Then the Guest started teaching Basic yoga to all the volunteers who were present in the auditorium. There were around 45 volunteers. He started with the basics like inhaling and exhaling and continued with the session ahead. Last but not least the guest was given a Tulsi Plant as a vote of thanks for coming and teaching the basics for yoga and the session ended with giving the refreshment to all the volunteers who were present. In all there were a total 39 volunteers who participated, 16 male and 23 female.

**27. YOGA FOR ALL- SESSION II:** On 13th March 2022, The Yoga Session was started with NSS Anthem and University song which was held on our college campus. Then our Program Officer introduced our guest Deepa Gala mam and also gave a speech on the Yoga session for all. Then our guest Deepa Gala mam gave their speech on Yoga session and took a Yoga session for all the volunteers who were present in the auditorium. She taught us meditation (inhale exhale) and also some basics of Yoga. Lastly, a great thanks was given to our guest Deepa Gala mam and all the program officers and also to all the volunteers who had participated. In all there were 28 volunteers who participated, 11 male and 17 female.

**28. SWACHHA DALMIA:** On 13th March 2022, After the session of Yoga for All we took an event of “Swacha Dalmia” in our campus. All the volunteers who were present from first year and second year took part in the event and made the campus clean. The event was much more informative and helpful for us to learn a lot things by doing social service. Lastly, a great thanks was given to our guest Deepa mam and all the program officers also to all the volunteers. In all there were total 28 volunteers who participated, 11 male and 17 female.

**29. TREE PLANTATION:** There were 300 trees planted by our volunteers. Around 60 volunteers had planted 5 trees at their house and recorded them in their diaries. This event was done individually by the volunteers following the covid protocols. As every volunteer had to plant 5 per tree and was told to take good care of them and keep nourishing them with proper requirements. They were also told to spread the awareness of planting trees as much as others can do and take good care of them. This event had to be done at the Area Level base but due to covid pandemic this event had to be done individually by the volunteers and they made it successfully done.

**30. MASK DISTRIBUTION:** As we all know due to covid there were some poor people all over country who were unable to purchase mask and sanitizer so to help them our NSS Volunteers decided to distribute free masks to all the needy in their respective near by receding area following covid protocols. And told to spread awareness to use masks to keep their self-secure from covid. This was an Individual Area Level base event which every NSS volunteer had to do in their respective places. Around 200 masks were donated by the volunteers personally and had to spread the awareness for covid and to take good care of themselves.

**JAI HIND**

**Mr. Rajesh Bombe, Programme Officer**

**Dr. Sunita Tidke, Programme Officer**

**Mr. Rahul Pandya, Programme Officer**

**Ms. Sneha Hathi, Programme Officer**

**Ms. Harshada More, Programme Officer**

# STUDENT COUNCIL REPORT

**"I didn't run for student council president. I don't see myself in any way in elected office. I love policy. I'm not particularly fond of politics." - Condoleezza**

Student's Council is a Statutory Body of students and supervised by the Convenor and other Teacher Members. The purpose of Student's Council is to imbibe leadership qualities amongst the students by organizing and carrying out college activities and seeking administrative support from them to ensure their participation in the college management. It is the only apex body formed to act as a link between the students and the college authorities, for resolving various issues in respect of students. In addition to planning events that contribute to the Institutional spirit and community welfare, the Student's Council is the voice of the students. They help share students' ideas, interests and concerns with the community.

Council Members promote the interests of students in respect of smooth administration of the Institution. Students are taking active part in the admission process, volunteering in organization of blood donation camps and are undertaking social activities. The students' representatives participate in various committees of the colleges apart from the Students' Council, such as Library Committee, Internal Grievance Committee and Internal Quality Assurance Cell other bodies of the Institution.

The Students' Council of Prahladrai Dalmia Lions College is the apex committee among all the Committees / Associations of the college. It consists of student members from each class, right from First Year to Post Graduation. (Degree and Self-Financed Courses)

## ACTIVITIES CONDUCTED:

### 1.Virtual Conference on "Being Resilient Responsible and Responsive" About the Conference:

Challenges like COVID-19 Pandemic are like one in a century. It will vanish one day for sure. But it is worth noting that it has made us what we are and what we have to become. Stress and turbulence are part of human life. The Human Race has survived only due to victorious survival over the odds. Moreover, this crisis has made us realize in what direction and with what magnitude we need to progress and evolve ourselves to be able to exist in a more meaningful manner. We need to become the ones who are able to thrive, go longer and be able to connect with everyone around us.

Moral: We need to be more resilient not to fail easily, also we need to take responsibility for all our deeds, and be responsive to each and every change happening around us, close and far away.

On the above background and the need of an hour Students' Council of Prahladrai Dalmia Lions College had organised a One Day National (Virtual) Conference on "Being Resilient Responsible and Responsive" in association with Internal Quality Assurance Cell on 3rd February, 2022 at 11.00 am. It was addressed by Dr. Amruta Bhuskute – IQAC Co-ordinator & Asstt. Professor. Department of Psychology of Smt. Binzani Mahila Mahavidyalaya, Nagpur. More 160 participants had attended the same.

### 2.Joint Activity: Covid-19 Vaccination Drive

Covid-19 Vaccination drive was conducted in the college in association with Brihanmumbai Mahanagar Palika, Public Health Department. Various extension units for 15-18 years of age group on 9th February, 2022. 168 students of the said age group have benefited and taken the vaccine.

### 3.Joint Activity: Blood Donation Drive.

Blood Donation is an important and foremost sense of duty of every human being which saves the life of many humans who need it in case of emergencies. Hence, a Blood Donation Camp was organized in the College in collaboration with Lions Club of Malad-Borivli Charitable Trust with the help of Students Council, DLLE, Leo-Club, NSS NCC, DMC, and EOC along with a team of Indian Red Cross on 16th March, 2022.



## Members:

Mr. Sandip Gupta  
Ms. Rupali Mishra  
Mr. Rahul Yadav



**Dr. Mahendra Pachadkar**  
**Convenor**  
Prahladrai Dalmia Lions College of  
Commerce & Economics